



Click Here to Make Your **Counseling Appointment**

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Related Departments

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Location: [SSC-167](#)
Phone: (949) 582-4572

Office Hours:
Monday - Thursday
8am to 7pm
Friday
8am to 12 noon
Closed Weekends/Holidays

Today's Date: 5/22/2010

Welcome To Counseling Services and Special Programs

A message from **Jerilyn Chuman, Dean of**



Counseling Services and Special Programs:
"Counseling services are an essential part of the educational mission of Saddleback College. Counseling at Saddleback College is holistic in nature, and recognizes the personal, academic and career aspects of the fully functional student."

Saddleback College Counseling Staff

The Counseling Division has 15 full time, [generalist counselors](#) who, in addition to [teaching classes](#), provide academic, career and personal counseling services to students. While most of the counselors are generalists, a few are primarily assigned to special programs such as:

Disabled Students Programs & Services (DSPS)

Counseling services are also available for students with disabilities. For further information call Special Programs (949)582-4885.

Extended Opportunity Programs & Services (EOPS)

Counseling services are available for low income and educationally disadvantaged full time students. For further information about our Extended Opportunity Programs & Services call (949)582-4620.

Cooperative Agencies Resource for Education (CARE)

Counseling services are available for single parent AFDC recipients with children under 6 years of age. For further information about our Cooperative Agencies Resources for Education call (949)582-4620.

Important Information:

- o **Due to budget cuts, counselors will not be available to assist students during the first three weeks of summer from Monday, May 24th until Monday, June 14th.**
Counselors will be available again for walk-in counseling at 8:00 am on Monday, June 14th and through the remainder of the summer. Please plan on meeting with a counselor before May 24th.
- o **Counseling Appointments may be made in person during the hours listed to the left or by calling (949) 582-4572.**
Appointments are made a week in advance. The schedule comes out each Monday morning for the following week. For answers to specific counseling or advising questions please call (949) 582-4572.

Generalist Counselors may help students with:

- | | | |
|-------------------------|-----------------------------|---------------------------------------|
| o Personal growth | o Selection of a major | o Career choice |
| o Maximizing potentials | o Setting educational goals | o Career change |
| o Relationship problems | | o Utilization of resources for career |

- Values clarification
 - Stress management
 - Referrals to other agencies or practitioners
 - Schedule planning
 - Transfer Planning
 - Academic success strategies
- exploration

Accredited by the Accrediting Commission of Community and Junior Colleges, of the Western Association of Schools and Colleges.

Saddleback College is located at 28000 Marguerite Parkway, Mission Viejo, California 92692 • (949) 582-4500
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