

Adapted Kinesiology Executive Summary 2007

Academic Year 2006/2007

Program Strengths

- Produced 51 FTES (F-S-S)
- Class Revenue = \$188,603
- 1033 Students
- Class Average (18 classes) = 57
- There is strong support and referrals from the medical community and special education programs.
- Obesity, Heart Disease, Stroke and Diabetes are escalating fast and continue to disable our community and country. With age, comes disability. By the year 2010, the Saddleback College forecast for geographical growth for those ages 45-54 will increase by 16.7%, and 11.5% for ages 65-74. More disabled students will be taking our classes.
- Fitness equipment continues to get updated.
- Swimming pools are the best in the state in serving disabled students.
- Saddleback's AK Program is considered one of the top five in the state.

Program Weaknesses

- Classes are not offered in the evening or on weekends.
- Diversity of different types of classes is deficient. Student interest is high in other areas of fitness and sport. Needs are not being met.
- Fitness facilities are shared with the Kinesiology Department, limiting the potential number of new classes.

Program Opportunities

- The AK Programs has the potential to double the number of students, FTES and Class Revenue.
- The total disabled student count dollars that are generated, helps support a larger contribution to the Special Services budget. When the AK Program grows, it further supports Special Services.
- Disabled students taking AK classes are taking even more college classes, supporting the overall college budget.

Program Threats

- AK needs to have two full time faculty to run this program. The college needs to hire one additional full time faculty – 1 FTEF. Current full time faculty retires, in three years.
- Safety, quality and program growth can be further addressed with an additional full time faculty.

Staffing Needs

- One additional full time faculty – 1 FTEF. Out of the other top five AK Programs in the state, all of them have more than one full time instructor to meet the needs and demand of these programs.
- One full time classified that handles required documentation for state requirements.
- Hourly student help to keep program quality and safety in check with large class sizes.

Facilities

- The AK Program needs a separate fitness room. Large adaptive equipment is stored outside in a small shed. The equipment is brought into the weight room and outside walkways each class, causing faster deterioration. This also limits the existing space inside the weight room.

Equipment

- Ongoing upgrade and repair for adaptive equipment needs to be addressed.