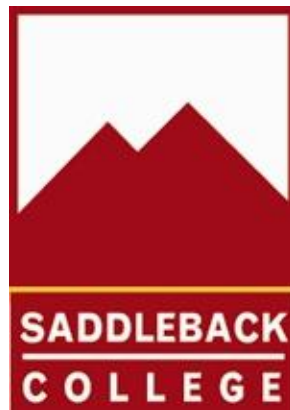


# **Saddleback College Annual Update Needs Assessment**

## **Special Services and Adapted Kinesiology**



**January 2010  
By  
Ardith Lynch**

**SPECIAL SERVICES and ADAPTED KINESIOLOGY  
ANNUAL NEEDS ASSESSMENT  
Spring 2010**

**A. Human Resource Needs**

1. Special Services Classified:
  - a. 2 DSPTS Specialist FTE (expand 1 position from 29 hr/week; The other is a replacement position)
  - b. 1 Lead Interpreter FTE 50%
  - c. 1 Accommodated Testing Program Assistant FTE 50% (in addition to Summer Lesnia).
  - d. 1 Adapted Computer Lab Specialist
  - e. Driver(s) for on campus transportation
  
2. Special Services Faculty:
  - a. 1 Learning Disability Specialist FTE 100% (Replacement hire due to May 2010 Retirement)
  - b. 1 Counselor FTE 100%
  - a. 1 PT Counselor – temporary hire to replace 30 hours for 1 FT counselor on Sabbatical from Fall, 2010 to Fall, 2011.
  
3. Adapted Kinesiology Classified
  - a. Increase the hours of the 20/hr week KNEA Office Assistant to 29 hour/week position.
  - b. Maintain hourly budget for current 2010-2011 Academic School Year.
  - c. Increase hourly rates to levels that support years of experience and expertise.
  
4. Adapted Kinesiology Faculty:
  - a. 1 full time faculty member will be retiring at the end of this school year, June 2010. Since the DSPTS Budget has been reduced dramatically this year and is forecasted to be reduced even more next year, it is suggested that the position be placed on hold, until funding levels are reversed. When funding is back to previous year levels, then the full time position should be supported.
  - b. In the mean time, next year and until the position is replaced, OSH needs to be allocated at the same level of a full time faculty or higher to meet the demanding needs of classes and students projected and currently enrolled. OSH will be distributed to Associate Faculty who meet Title V Regulations and equivalency.

**B. Instructional/Service Needs**

1. Special Services:
  - a. We need to continue to develop our services for the increasing population of students with Autism Spectrum Disorder.
  - b. Special Services Tutorial Center – Specialized Tutors to work with students with Disabilities.
  - c. Increasing DDL student population needs a specialized program that will appropriately lead this population to successfully complete and enable them to transition out of Saddleback College.
  
2. Adapted Kinesiology:
  - a. Explore ways for the Adapted Kinesiology Program to be more integrated into the Kinesiology Division.

- b. Adapted Kinesiology should follow the Kinesiology Model for different types of classes offered. Disabled students desire the same types of classes that non disabled are offered. Ex. Yoga, Dance, Volleyball, Surfing, Spin Cycling.
- c. KNEA 289, Outdoor Education/Recreation is a very popular class and our recreation curriculum needs to be broadened to reflect the curriculum in the Kinesiology's Division Recreation Program, especially REC 104 Camping and Outdoor Education. It is suggested that KNEA and KNES Recreation offer some concurrent (two classes, one for disabled and one for non disabled) classes and pool equipment, supplies, faculty expertise and volunteers.
- d. If KNES develops an Occupation Skills Award Certificate in Recreational Administration, KNEA classes could be a part of the curriculum.
- e. Develop sports and recreation camps/classes that would be offered after school (high school) and summer to increase community support and promotion of KNEA Programs, similar to our JAWS Camp. Perhaps join a partnership with Community Education's ongoing and summer programs.
- f. Continue to develop Special Olympic Program with current classes. Integrate skills, especially swimming, for Regional Special Olympic competition, held at Saddleback College.
- g. Develop and on class that provides understanding of the Adapted Kinesiology Program, which includes information about lifetime activities to disabled populations. Target on line parent accessibility to those that have with children with intellectual disabilities and autism spectrum disorders.

### **C. Research Needs**

#### 1. Special Services:

- a. We work in a field that changes rapidly. We need to be able to attend conferences and other types of training programs frequently.

#### 2. Adapted Kinesiology:

- a. Research the demographics of the total number of adult disabled in our district area and have them sorted by disability type, age, mobility, and working vs. non working (including worker's compensation).
- b. Further research the college's geographical growth. The 2008 forecast for those ages 45-54 was to increase to 16.7% by the year 2010 and the forecast for those ages 65-74 was 11.5% increase. These age groups are the most vulnerable to heart disease, stroke and clotting, which in many cases become students in our program.
- c. Continue to research Special Education populations that transition to Saddleback College from the Capistrano and Saddleback Unified School Districts. The forecast for Intellectually Disabled and Autistic Spectrum Disorders indicates that we will continue to increase significantly from the 115 we currently serve.
- d. Translate how Adapted Kinesiology fitness and sports/recreation classes, transfer to independent living and occupational skills for all disability groups. (Pam Patterson-Associate Faculty is developing a curriculum/manual that can transfer the benefits of Outdoor Adventure Recreation skills to Independent Living Skills.
- e. Study how participation in KNEA may help our students in their performance in academic classes.

- f. Study the potential reduction in health care costs amongst our chronically disabled students who participate in our classes continuously each semester.
- g. Look for grants that would fit programs like ours that look into preventative medicine. (Ex. – California Wellness Foundation)

#### **D. Technical, Equipment and Other Resource Needs**

##### 1. Special Services:

- a. Accessible Van for on campus for transportation between upper and lower campus (Accommodated Testing, Adaptive computer Lab and Alternate Media will all be relocated to the village effective mid- Spring 2010 Semester). This accommodation is essential for students who do not drive and have mobility, spatial, visual or memory challenges.
- b. Paperless files for Student Data  
In order to manage all DSPS student information, an electronic filing system needs to be developed. This will create efficient utilization of staff who are currently devoted to creating, maintaining, locating and relocating student files. Secondly, with Special Services located in 3 different areas of the campus, electronic student files will also create efficient access to student data. This will require purchase of 10 conveniently located small scanners.
- c. Cameras and appropriate computer program for monitoring accommodated testing for class exams.
- d. Computerized assessment for matriculation placement testing.  
Need computers and appropriate programs to allow the type of testing that can be individually administered with the computer providing most commonly needed accommodations needed by students with disabilities. This will reduce the amount of DSPS staff time devoted to administering matriculation placement tests.
- e. New digital age and ergonomically correct office furniture for Counselors, LD Specialists and Classified staff to effectively work jointly with students utilizing monitors and keyboards.
- f. Motion Sensors/electronic doors for all campus buildings for automatic open (eliminating buttons to push for disabled who do not have ability).
- g. Scanners/printers in all offices.
- h. Increase of shredding service.

##### 2. Adapted Kinesiology:

- a. Ongoing upgrades and repairs for adaptive equipment need to be addressed and budgeted.
- b. Mobile Laptop Computer, digital and video camera will assist instruction; specific disabled student exercise regimens, teaching tools for student helpers and logging data bases.
- c. Fax Machine needed.

#### **E. Facilities Needs**

##### 1. Special Services:

- a. One Stop facility for Special Services. All aspects of our department need to be located together in the upper campus area.
- b. We need carpet rather than slippery and noisy sound-carrying vinyl flooring. This is for safety as well as privacy and consideration for hearing impairments that are made worse by the reverberating sound off the hard flooring. To further address the sound issues in our work environment, we also recommend some sort of sound absorption material be placed on our walls.
- c. We need to redesign and remodel the reception area for Special Services for improvements in privacy for our students as well as flow of increased quantity of student traffic since we moved into this building in 1990.

- d. A dedicated location is needed for all matriculation placement testing, with study carrels for reduced distractions during testing.
  - e. We need a dedicated room with sound proofing for group meetings with students.
2. Adapted Kinesiology:
- a. The Weight Training Room, PE 307 is inadequate to meet the needs of our current classes. A separate facility/room needs to be built or relocated. The Kinesiology Division recently converted the Men's Locker Room into an Athletic Weight Room. If a new Fitness/Wellness Center is to be built next to the stadium, the athletes will move there. The Men's Locker Room would be an option to move the Adapted Fitness Classes. Other options include: Have more ownership in PE 307. Build a structure specific for KNEA next to PE 307 that would provide space for all adapted equipment, including, standing frames, parallel bars, treadmills, etc.
  - b. The pool will be renovated next school year and be down for approximately six months. Alternative schedules need to be adjusted.

## **F. Marketing and Outreach Needs**

1. Special Services:
- a. Website development.
  - b. We need to increase amount of DSPS staff time spent interacting with Special Education and Guidance staff at feeder high schools.
  - c. We also need an improved budget to pay for outreach materials for distribution throughout the year.
  - d. We need a planned marketing strategy to overcome stigma among some students with disabilities related to using our services.
  - e. Brochures updated
  - f. Student Planning Books and or free programs for students to load into smart phones with Saddleback College Planning Data.
  - g. Disability/Ability Awareness Posters
2. Adapted Kinesiology:
- a. Update the Adapted Kinesiology Brochure.
  - b. Update the KNEA Webpage.
  - c. Use the research needs assessment to strengthen the visibility of the KNEA Program.
  - d. Plan Annual Disability Expo and Fundraisers, for example, the "Back On Track" to promote programs and raise funds.
  - e. Continue to update student data base to assist outreach, registration, potential newsletter and website.