

EMERITUS INSTITUTE FALL SEMESTER 2009

The Saddleback College Emeritus Institute was established as an educational opportunity for the pursuit and enhancement of lifelong learning, primarily for the older adult.

Sandra Marzilli, *Director*

On-campus office: HS Building, Rm 244(949) 582-4835

Off-campus office: Laguna Woods Village, Clubhouse IV, Laguna Woods ... (949) 770-9669

ALL CLASSES BEGIN THE WEEK OF AUG 24 AND END DEC 20, 2009

1 APPLICATION *(New and former students only)*

Applications are now being accepted for Fall 2009. *The Emeritus Institute application may be accessed at any computer with Internet access, including the Office of Admissions & Records and local libraries. Go to www.saddleback.edu, click on Academics, then click on Emeritus Institute.* Please note: Although the application can be filled out online, by selecting options: Academics, then Emeritus Institute; it still needs to be signed in ink and submitted to the Admissions and Records Department.

2 REGISTRATION

Please refer to your "Permit to Register" for your assigned registration period. Continuing students may access their registration information by logging onto www.saddleback.edu and by selecting options MYSITE, "My Classes", "Register" and follow the prompts to complete registration. Students may also register for classes by telephone (see page 98)

INTERNET REGISTRATION (SEE PAGE 5)

- July 13 Registration for EOPS/Special Services Students
- July 14 Begin Registration by appointment for Continuing Students
- August 3 Begin Registration by appointment for New and Former Students
Internet Registration is available every day from 6am to 11pm

EMERITUS TELEPHONE REGISTRATION (SEE PAGE 98)

- August 24 Last day to register by telephone for Emeritus Institute classes
Telephone Registration is limited to enrollment in Emeritus Institute classes ONLY. See page 98.

REGISTRATION ASSISTANCE

A representative from Saddleback College will be on-site to assist you with registration for classes that are **OPEN** and have **NOT** started. In order to enroll for classes that have **already started**—students must bring in an add card from the instructor

- August 25 – 28 8:30 am–1:00 pm. Late Registration at Laguna Woods Village Community Center, 24351 El Toro Rd., Laguna Woods

EMERITUS INSTITUTE FALL 2009 ACADEMIC CALENDAR

- August 24 INSTRUCTION BEGINS
- September 7 Labor Day observance - *classes not in session*
- November 13 Veterans Day observance - *classes not in session*
- November 26-27 Thanksgiving observance - *classes not in session*

You are a **NEW STUDENT** if you have never enrolled in classes at either Saddleback College or Irvine Valley College.

You are a **FORMER STUDENT** if you have previously attended either Saddleback College or Irvine Valley College, but have been away for a semester or more. *You must have a current application on file before you will be given a registration time.*

You are a **CONTINUING STUDENT** if you were enrolled in classes at Saddleback or Irvine Valley College during the 2009 Spring Semester and/or Summer Session.

FEES

ENROLLMENT FEE

The Saddleback College Enrollment Fee for Fall 2009 is \$20 per unit for California residents. Emeritus Institute classes are approved for either 0 units, .5 units or 1 unit. Accordingly, most Emeritus Institute classes will either have no fee or a fee of \$10 or \$20. To determine the fee that will be assessed, refer to the units listed for each class in the following Schedule of Classes. All fees must be paid at the time of registration. Check or money order, VISA, Discover, or MasterCard will be accepted for Internet, telephone and mail-in registration. Payment must be received within FIVE business days to avoid cancellation of your classes; only checks or money orders will be accepted at all off-campus sites; no cash or credit cards.

HEALTH FEE

Students attending classes on the Saddleback College campus are required to pay a Health Fee of \$17.00 for the Fall Semester

MATERIALS FEE

Students are required to pay any "Materials Fee" as stated for each course, where applicable, in the Schedule of Classes. Additional supply fees may be required.

REFUND DEADLINE

Classes must be dropped by **Sept. 4** to receive a refund.

GATE PASSES

Gate passes will be mailed to non-resident students who request the pass when utilizing telephone or Internet registration. When registering online, be sure to turn off the "pop-up blocker" on your computer, or you will NOT be asked if you need a Gate pass. **Register early so you will have your gate pass by the first day of class. Gate passes will be mailed to your home, just prior to the first day of class.** If you did not request a gate pass when registering, phone the Emeritus Office immediately at 582-4835.

Saddleback College has made every reasonable effort to ensure that the fees published in this schedule of classes are accurate. However, all fees are subject to change.

ticket time days instructor room

EMERITUS ACCOUNTING

ACCT 229X IMPROVING INVESTMENT PERFORMANCE (EI) 0 Units

Designed for improving investment performance for the beginning and the experienced investor. Open repeatability.

17800 01:30PM-03:20 Th Meyerson, R. LWV5 RM1
Tkt #17800 meets at Laguna Woods Village, Clubhouse 5, Room 1, Laguna Woods.

ACCT 232X STOCKS AND BONDS MANAGEMENT (EI) 0 Units

Studies global economics, bond markets, stock markets and mutual funds. Structured to help investors develop their own investment philosophy. Open repeatability.

17805 01:00PM-02:50 M Sinclair, W. LAKE CH
Tkt #17805 meets at Lake Hills Community Church Chapel Laguna Hills.

EMERITUS ART

EMERITUS ART HISTORY AND THEORY (FINE ARTS)

ART 20X ART APPRECIATION (EI) 0 Units

Introduction to the visual arts. Focus on the fundamentals of composition in the arts/major developments that have shaped Western art's direction. Open repeatability.

17860 01:30PM-03:20 W Fernald, T. CITY DP
Tkt #17860 meets at City of Dana Point Community Center, Dana Point.
25030 10:00AM-11:50 TH Fernald, T. CASTA
Tkt #25030 meets at Casta del Sol, Mission Viejo.

ART 25X ART HISTORY (EI) 0 Units

Reviews the history of Western art. Focuses on major works of the 19th Century French and American Impressionism. Open repeatability.

24230 01:00PM-02:50 T Redfield, M. SEA CTRY
Tkt #24230 meets at Sea Country, Laguna Niguel.
17870 09:00AM-10:50 W Chattopadhyay, C. LWV5 RM1
Tkt #17870 meets at Laguna Woods Village, Clubhouse 5, Room 1, Laguna Woods.
17865 01:00PM-02:50 Th Chattopadhyay, C. NOR COM
Tkt #17865 meets at the Norman P Murray Community & Senior Center, Mission Viejo.

EMERITUS ART (CERAMICS)

Emeritus Art Students please note: Additional art supplies may be required.

ART 10X CERAMICS, HANDBUILDING (EI) 0 Units

A practical and historical introduction to the material involving all aspects of the ceramics process. The course will include handbuilding, trimming and finishing, firing and glazing. Open repeatability.

Materials fee of \$15.00 payable at registration.

The following classes meet at Laguna Woods Village, Clubhouse 4, Ceramics Classrm, Laguna Woods:

17815 01:00PM-03:50 M Sampson, J. LWV4 CER
17820 09:00AM-11:50 W Ryan, D. LWV4 CER
17810 01:00PM-03:50 Th Young, S. LWV4 CER

ART 11X BEGINNING CERAMICS-WHEEL (EI) 0 Units

Introduction to beginning techniques of ceramics wheel throwing, with emphasis on traditional shapes and forms. Will include wheel throwing techniques, trimming, finishing, firing and glazing. Open repeatability.

Materials fee of \$15.00 payable at registration.

17825 09:00AM-11:50 M Elizalde-Holler, S. LWV4 CER
Tkt #17825 meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.

ART 12X INTERMEDIATE CERAMICS (EI) 0 Units

Rec Prep: ART 11X. Covers theory, materials and techniques of ceramics at an intermediate level. Includes design-forming techniques, including use of the potter's wheel, glazing and firing. Open repeatability.

Materials fee of \$15.00 payable at registration.

17830 09:00AM-11:50 T Netzer, J. LWV4 CER
Tkt #17830 meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.

ART 14XA BEGINNING CERAMICS-SLIPCASTING (EI) 0 Units

Includes theory and techniques in ceramics including pouring slip into molds (slipcasting), finishing, carving, and firing; underglaze, glaze, overglaze applications. Open repeatability.

Materials fee of \$5.00 payable at registration.

17835 01:00PM-03:50 W Turner, P. LWV4 SLP
Tkt #17835 meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.

ticket time days instructor room

ART 14XB INTERMEDIATE CERAMICS-SLIPCASTING (EI) 0 Units

Rec Prep: ART 14XA. Intermediate level theory and technique in slipcasting. Exploration of basic functions, forms, color, glazing and decorative techniques. Open repeatability.

Materials fee of \$5.00 payable at registration.

17840 09:00AM-11:50 Th Elizalde-Holler, S. LWV4 SLP
Tkt #17840 meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.

ART 14XC ADVANCED CERAMICS-SLIPCASTING (EI) 0 Units

Rec Prep: ART 14XB. Advanced glaze concepts and ceramic product exploration will be emphasized including red and speciality glazes and advanced use of forms. Open repeatability.

Materials fee of \$5.00 payable at registration.

17845 09:00AM-11:50 W Turner, P. LWV4 SLP
Tkt #17845 meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.

ART 14XD ART OF CERAMIC DECORATING (EI) 0 Units

Emphasis will be on PORCELAIN decorating and firing techniques. Additional art supplies may be required. Open repeatability.

Materials fee of \$5.00 payable at registration.

17850 09:00AM-11:50 M Sampson, J. LWV4 SLP
Tkt #17850 meets at Laguna Woods Village, Clubhouse 4, Slipcasting Classroom, Laguna Woods.

EMERITUS ART (CRAFTS)

Emeritus Art Students please note: Additional art supplies may be required.

ART 31XB INTERMEDIATE INTARSIA (EI) 0 Units

Rec Prep: ART 31XA. Develop a perspective of intarsia by size and color. Methods in pointing and fitting of stone, and channel work. Open repeatability. -

17875 12:30PM-03:20 Th Grundke, C. LWV4 LAP
Tkt #17875 meets at Laguna Woods Village, Clubhouse 4, Lapidary Room, Laguna Woods.

ART 33XA BEGINNING ENAMELING (EI) 0 Units

Introductory studio course on basic enameling techniques for the beginner. Open repeatability.

Materials fee of \$15.00 payable at registration.

17880 09:00AM-11:50 Th Mayling, C. LWV4 JLY
Tkt #17880 meets at Laguna Woods Village, Clubhouse 4, Jewelry Room, Laguna Woods.

ART 35XA BEGINNING STAINED GLASS (EI) 0 Units

Designed for beginners to explore and practice techniques of stained and leaded glass art and copper-foil technique. Open repeatability. -

Materials fee of \$5.00 payable at registration.

17885 12:30PM-03:20 F Elbaum, J. LWV4 LAP
Tkt #17885 meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.
This class is for beginning students.

ART 35XB ADVANCED STAINED GLASS (EI) 0 Units

Rec Prep: ART 35XA. Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous 'cold glass' courses. Open repeatability.

Materials fee of \$5.00 payable at registration.

The following classes meet at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods and are for advanced students only:

17890 09:00AM-11:50 M Elbaum, J. LWV4 LAP
17895 12:30PM-03:20 W Elbaum, J. LWV4 LAP

ART 36XA BEGINNING JEWELRY, METAL FABRICATION (EI) 0 Units

Includes theory, demonstration and practice in design and construction of jewelry made by fabrication methods for decorative wear. Open repeatability.

Materials fee of \$15.00 payable at registration.

The following classes meet at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods:

17905 09:00AM-11:50 T Sivets, C. LWV4 JLY
17910 12:30PM-03:20 T Sivets, C. LWV4 JLY
17900 12:30PM-03:20 Th Lommatsch Barrett, C. LWV4 JLY

See page 97 for class location addresses and map

ART 36XB INTERMEDIATE JEWELRY, METAL FABRICATION (EI) 0 Units
 Rec Prep: ART 36XA. Introduction to intermediate methods, materials and practices in the construction of jewelry by metal fabrication. Open repeatability.
 Materials fee of \$15.00 payable at registration.
 17915 09:00AM-11:50 W Jemmott, D. LWW4 JLY
Tkt #17915 meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.

ART 36XC ADVANCED JEWELRY, METAL FABRICATION (EI) 0 Units
 Rec Prep: ART 36XB. Offers advanced theory, fabrication techniques and materials in more complex jewelry and metal fabrication. Open repeatability.
 Materials fee of \$15.00 payable at registration.
 17920 04:00PM-06:50 T Sivets, C. LWW4 JLY
Tkt #17920 meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.

ART 39XA BEGINNING JEWELRY DESIGN, LOST WAX (EI) 0 Units
 Includes theory, demonstration, practice and design in construction of jewelry made by the lost wax method for decorative wear. Open repeatability.
 Materials fee of \$15.00 payable at registration.
 17925 12:30PM-03:20 W Jemmott, D. LWW4 JLY
Tkt #17925 meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.

ART 61XA BEGINNING LAPIDARY (EI) 0 Units
 Lapidary machines for cutting and polishing gemstones: slabsaw, trim saw, grinders, sanders, lapping wheels, polishers and drills. Open repeatability.
 18015 05:30PM-08:20 T Grundke, C. LWW4 LAP
Tkt #18015 meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.

ART 61XB INTERMEDIATE LAPIDARY (EI) 0 Units
 Rec Prep: ART 61XA. Instruction in cutting and polishing gemstones, making paperweights and bookends and use of lap wheels. Topics will cover: what makes a gemstone, how they occur, types of gemstone deposits, luster, hardness, toughness, and complex lapidary machines. Open repeatability.
 18020 09:00AM-11:50 Th Grundke, C. LWW4 LAP
Tkt #18020 meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.

ART 41X ART MEDIA STUDIES (EI) 0 Units
 Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2 D and 3 D art forms. Designed for older adults interested in various art forms.
 Materials fee of \$10.00 payable at registration.
 24240 01:00PM-03:50 T Turner, P. LWW1 MPR
Tkt #24240 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

EMERITUS ART (DRAWING)

Emeritus Art Students please note: Additional art supplies may be required.

ART 80X BEGINNING SKETCHING (EI) 0 Units
 Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and some location work will be done in simple classic media of pencil, charcoal and pastel. Open repeatability.
 Materials fee of \$3.00 payable at registration.
 24245 01:00PM-03:50 M Turner, P. LWW1 ART
Tkt #24245 meets at Laguna Woods Village, Clubhouse 1 Art Room, Laguna Woods.
 18035 09:00AM-11:50 T Jekabsons, I. VIL VAL
Tkt #18035 meets at Sunrise Villa Valencia, 24552 Paso de Valencia, Laguna Hills.
 18040 12:30PM-03:20 F Kiernan, M. CASTA
Tkt #18040 meets at Casta del Sol, Mission Viejo.

ART 81X INTERMEDIATE SKETCHING (EI) 0 Units
 Rec Prep: ART 80X. Classic sketching media will be used in still life, landscapes and life drawing. Builds upon basic drawing techniques. Open repeatability.
 Materials fee of \$3.00 payable at registration.
 18045 01:00PM-03:50 T Jekabsons, I. CITY DP
Tkt #18045 meets at City of Dana Point Community Center, Dana Point.

ART 85X BEGINNING LIFE DRAWING (EI) 0 Units
 Fundamental structure of the human body including skeletal/ muscular systems. Open repeatability.
 Materials fee of \$3.00 payable at registration.
The following classes meets in Laguna Woods Village, Clubhouse 1 Multipurpose Rm, Laguna Woods:
 18060 01:00PM-03:50 W Alvarez, J. LWW1 MPR
 18055 01:00PM-03:50 F Journeay, P. LWW1 MPR

EMERITUS ART (PAINTING)

Emeritus Art Students please note: Additional art supplies may be required.

ART 50X BEGINNING PAINTING IN OIL/ACRYLIC (EI) 0 Units
 Using painting materials and techniques, students learn the basic elements of drawing, color, & design. Emphasizes individual style and expression.
 Materials fee of \$5.00 payable at registration.
 17930 09:00AM-11:50 M Turner, P. LWW4 ART
Tkt #17930 meets at Laguna Woods Village, Clubhouse 4, Art Room, Laguna Woods. Acrylic painting will be emphasized.

ART 51X INTERMEDIATE PAINTING IN OIL/ACRYLIC (EI) 0 Units
 Rec Prep: ART 50X. Designed for older students who have some basic knowledge of color, composition and perspective and who wish to improve techniques, develop creativity and use their own resource materials. Introduction of techniques into abstract and non-objective painting. Open repeatability.
 Materials fee of \$5.00 payable at registration.
 17935 09:00AM-11:50 W Kiernan, M. LWW1 ART
Tkt #17935 meets at Laguna Woods Village, Clubhouse 1, Art Gallery, Laguna Woods.

ART 52X ADVANCED PAINTING IN OIL/ACRYLIC (EI) 0 Units
 Rec Prep: ART 51X. Designed for students who have a working knowledge of painting principles who wish to proceed in understanding individual application of their skills. Open repeatability.
 Materials fee of \$5.00 payable at registration.
 17940 01:00PM-03:50 W Kiernan, M. LWW1 ART
Tkt #17940 meets at Laguna Woods Village, Clubhouse 1, Art Gallery, Laguna Woods.

ART 53X PAINTING IN SUBJECT AREAS (EI) 0 Units
 Rec Prep: ART 52X. Theory, demonstration of material, applications, techniques in landscape painting in oils, and watercolor. Various exercises in the use of material, composition, perspective, values. Open repeatability.
The following classes meet off site at various South County locations:
 24250 09:00AM-11:50 M Kiernan, M. LW COM CTR
Tkt #24250 meets in the Town Center, Laguna Woods Community Center, 24351 El Toro Road in the Spruce Room first day on 08-24 at 9-11:50 am for orientation only. Balance of semester meets on location.

17945 12:00PM-02:50 W Rogers Cloud, R. ST CLEMENT
Tkt #17945 meets at St Clements Episcopal Church, San Clemente.
 17955 01:00PM-03:50 Th Hurley, R. SC PRES CH
Tkt #17955 meets at San Clemente Presbyterian Church.

ART 54X PORTRAIT PAINTING IN OILS, WATERCOLOR AND PASTELS (EI) 0 Units
 Rec Prep: ART 85X. Constructing the head and features using various mediums. Includes choosing a pose, lighting, and backgrounds. Demonstrations in oils, watercolors and pastels. Open repeatability.
 17960 12:30PM-03:20 Th Journeay, P. LWW1 MPR
Tkt #17960 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

ART 55XA BEGINNING CHINESE BRUSH PAINTING (EI) 0 Units
 Introduction to the techniques of Chinese Brush Painting including concepts in design and composition, traditional subjects, mounting of completed paintings. Open repeatability.
 24255 09:30AM-12:20 M Ho, C. LWW1 MPR
Tkt #24255 meets in Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

ART 56X PASTEL PAINTING (EI) 1.75 Units
 Explores a variety of techniques in the pastel medium from traditional to contemporary themes. Designed for the older adult student with an interest in art.
 Materials fee of \$5.00 payable at registration.
 24850 01:00PM-03:50 M Alvarez, J. LWW1 MPR
Tkt #24850 meets in Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.
 17970 01:00PM-03:50 T Stonick, L. SCL SNR
Tkt #17970 meets at San Clemente Senior Center, San Clemente.

Laguna Woods Village Gate Passes will be mailed to students that register early.

ticket	time	days	instructor	room
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ART 58X BEGINNING WATERCOLOR (EI) 0 Units
Basic methods of applying watercolor in washes, color mixing and brush technique. The spontaneity of transparent watercolor will be stressed and explored. Open repeatability.

Materials fee of \$3.00 payable at registration.

17975	01:00PM-03:50	W	Stonick, L.	FIRE STA
<i>Tkt #17975 meets at the Old Fire Station Complex in the Lacouague Bldg, 31421 La Matanza, San Juan Capistrano. Entrance driveway to bldg. off El Horno.</i>				
18000	01:00PM-03:50	W	Journey, P.	CASTA
<i>Tkt #18000 meets at Casta del Sol, Mission Viejo.</i>				
17980	12:30PM-03:20	Th	Kiernan, M.	BELL TOWER
<i>Tkt 17980 meets at Bell Tower, Arts and Crafts Room, Rancho Santa Margarita.</i>				
17995	08:00AM-10:50	F	Stonick, L.	NOR COM
<i>Tkt #17995 meets at Norman P. Murray Community & Senior Center, Mission Viejo.</i>				
17985	09:00AM-11:50	F	Kiernan, M.	LWV1 MPR
<i>Tkt #17985 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.</i>				
17990	09:00AM-11:50	F	Jekabsons, I.	SJ MOBIL
<i>Tkt #17990 meets at San Juan Mobile Estates, 32302 Alipaz Street, San Juan Capistrano.</i>				

ART 59X INTERMEDIATE/ADVANCED WATERCOLOR (EI) 0 Units

Rec Prep: ART 58X. Intermediate/advanced students will utilize and incorporate color mixing in a broader palette for washes, glazing and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Open repeatability.

Materials fee of \$3.00 payable at registration.

18010	01:00PM-03:50	M	Rogers Cloud, R.	CASTA
<i>Tkt #18010 meets at Casta Del Sol Clubhouse, Mission Viejo.</i>				
18005	09:00AM-11:50	T	Turner, P.	LWV1 ART
<i>Tkt #18005 meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.</i>				

ART 299 SPECIAL TOPICS: EXPERIMENTAL TECHNIQUES/WATERMEDIA (EI) 1 Unit

Explorations of various painting surfaces, textures and materials in watermedia.

24710	Rogers Cloud, R.			INTERNET
<i>Tkt #24710 is offered via Internet. ATTEND ORIENTATION at Saddleback College Health Science Bldg. Room HS 103 on Saturday, 08-29, at 10am - 12pm.</i>				

EMERITUS ART (SCULPTURE)

Emeritus Art Students please note: Additional art supplies may be required.

ART 70X BEGINNING SCULPTURE (EI) 0 Units

Introduction to sculptural ideas, issues and techniques in clay, wood and various other media. The student will apply theory and techniques of sculpture in selected materials. Open repeatability.

Materials fee of \$15.00 payable at registration.

18025	01:00PM-03:50	W	Sampson, J.	LWV4 CER
<i>Tkt #18025 meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				

ART 71X INTERMEDIATE SCULPTURE (EI) 0 Units

Rec Prep: ART 70X. Includes creation of sculpture in contemporary as well as historical styles. The optional use of ceramic clay, soft stone and synthetic modeling materials. Some emphasis on the human/animal figure. Open repeatability.

Materials fee of \$15.00 payable at registration.

18030	09:00AM-11:50	Th	Hurley, R.	LWV4 CER
<i>Tkt #18030 meets at Laguna Woods Village, Clubhouse 4, Ceramics Classroom, Laguna Woods.</i>				

EMERITUS BIOLOGY

BIO 226X BIRDS OF THE WORLD (EI) 0 Units

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territoriality, migration) and techniques of field identification of birds. Designed for older adults who wish to actively participate in a course outdoors, including field trips to local sites.

18065	09:15AM-12:05	M	Leipzig, V.	SEA CTRY
<i>Tkt #18065 meets at Sea Country, Laguna Niguel.</i>				

See page 97 for class location addresses and map

ticket	time	days	instructor	room
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EMERITUS COMMUNICATION ARTS

CA 70X VIDEO PRODUCTION (EI) 0 Units

Hands on experience in planning, producing and editing of personal video projects. Students must have own equipment. Open repeatability.

18070	01:00PM-03:50	M	Ryan, K.	LWV2 VLC
<i>Tkt #18070 meets at Laguna Woods Village, Clubhouse 2, Video Learning Center, Laguna Woods. Editing and camera techniques.</i>				

EMERITUS COMPUTER INFORMATION MANAGEMENT

CIM 201 COMPUTER APPLICATIONS (EI) 1 Unit

Rec Prep: CIM 200. Provides a computer hands-on exploration of Microsoft Office, Windows, and the Internet. Activities include using the Internet and word processing, spreadsheet, database, and graphics software.

Materials fee of \$3.00 payable at registration.

18075	12:00PM-02:50	T	Rice, L.	BELL TOWER
<i>Tkt #18075 meets at Bell Tower Tech Lab, Rancho Santa Margarita. Some computer experience required.</i>				

EMERITUS ENGLISH

ENG 3X INTRODUCTION TO CREATIVE WRITING (EI) 0 Units

Essentials in creative writing, including basics of manuscript preparation, techniques of fiction and non-fiction and function of writing tools. Open repeatability.

18085	01:00PM-03:50	M	Thomas, L.	NOR COM
<i>Tkt #18085 meets at Norman P. Murray Community & Senior Center, Mission Viejo.</i>				
18080	10:00AM-12:50	SAT	Hecht, S.	R TOWERS
<i>Tkt #18080 meets at Rossmoor Towers, Laguna Woods Village.</i>				

ENG 6X NON-FICTION WRITING (EI) 0 Units

Includes techniques and practice in writing nonfiction articles, essays, and biographical sketches. Emphasis will be placed on writing for publication. Open Repeatability.

18095	09:00AM-11:50	M	Richiusa, G.	LWV5 RM1
<i>Tkt #18095 meets at Laguna Woods Village, Clubhouse 5, Room 1, Laguna Woods.</i>				

ENG 299 SPECIAL TOPICS: WRITING YOUR LIFE STORY (EI) 1 Unit

This course covers the sweep of one's life, from birth to the present time. It provides guidance in writing techniques that will capture key moments and an opportunity to share life stories with others.

24705	Roberts, M.			INTERNET
<i>Tkt #24705 is offered via Internet. Meets for orientation on Thurs. September 3, 2009 12pm-2pm at Laguna Woods Community Center at 24351 El Toro Road, Laguna Woods in the Spruce Room.</i>				

ENG 299 SPECIAL TOPICS: THE SHORT STORY (EI) 1 Unit

Designed for the older adult, the course offers writers practice in writing three different types of short fiction: the short-short, the short story, and the short novella.

24700	Roberts, M.			INTERNET
<i>Tkt #24700 is offered via Internet. Meets for orientation on Thurs. September 3, 2009 12pm-2pm at Laguna Woods Community Center at 24351 El Toro Road, Laguna Woods in the Spruce Room.</i>				

ENG 40XA THE BIBLE AS LITERATURE: GENESIS TO PSALMS (EI) 0 Units

Presentation and discussion of the Old Testament, from the Book of Genesis to Psalms. A non-theological approach with emphasis on the literary modalities and ontological content. Open repeatability.

25255	11:00AM-12:50	W	Williams, T.	LWV5 RM1
<i>Tkt #25255 meets at Laguna Woods Village, Clubhouse 5, Room 1, Laguna Woods.</i>				

Rec Prep: indicates Recommended Preparation, a course that is advised, but not required for the target course.

NOTE: Classes listed in bold type begin at 4:30 PM or later, or on Saturday.

ticket	time	days	instructor	room
ENG 52X	FILM AS LITERATURE (EI)			0 Units
Includes an examination of film as 20th and 21st century art form. Open repeatability.				
18125	01:00PM-03:50	M	Willner, K.	SEA COUNTRY
<i>Tkt #18125 meets at Sea Country, Laguna Niguel</i>				
24630	02:30PM-05:20	M	Hecht, S.	NGLSHRS
<i>Tkt #24630 meets in Laguna Niguel at the Niguel Shores Community Association.</i>				
18120	09:00AM-11:50	T	Willner, K.	LWV5 RM1
<i>Tkt #18120 meets at Laguna Woods Village, Clubhouse 5, Room 1, Laguna Woods.</i>				
18115	02:00PM-04:50	T	Willner, K.	NOR COM
<i>Tkt #18115 meets at Norman P Murray Community & Senior Center, Mission Viejo.</i>				
18110	01:00PM-03:50	Th	Kramer, S.	ST CLEMENT
<i>Tkt #18110 meets at St. Clement's Episcopal Church, San Clemente.</i>				
18105	01:00PM-03:50	SAT	Hecht, S.	R TOWERS
<i>Tkt #18105 meets at Rossmoor Towers, Laguna Woods Village.</i>				

EMERITUS FASHION

FASH 110XA BEGINNING CLOTHING CONSTRUCTION (EI) 0 Units
 Emphasizing the operation of a sewing machine, pattern reading, garment construction and basic sewing techniques. Open repeatability. -
 Materials fee of \$5.00 payable at registration.
 18130 09:00AM-11:50 T Smith, M. LWV4 SEWRM
Tkt #18130 meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 110XB INTERMEDIATE CLOTHING CONSTRUCTION (EI) 0 Units
 Rec Prep: FASH 110XA. Clothing construction and pattern alterations. Coordination of commercial patterns, fabric textures and principles of color design. Open repeatability.
 Materials fee of \$5.00 payable at registration.
 18135 01:00PM-03:50 T Smith, M. LWV4 SEWRM
Tkt #18135 meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 110XC ADVANCED CLOTHING CONSTRUCTION (EI) 0 Units
 Rec Prep: FASH 110XB. Advanced techniques in construction of garments. Handling of special fabrics and fine custom details. Pattern customizing, advance principles of design. Alterations and fittings will be included in this class. Open Repeatability.
 Materials fee of \$5.00 payable at registration.
 18140 09:00AM-11:50 W Gomez-Ortigoza, L. LWV4 SEWRM
Tkt #18140 meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 124X WEARABLE ART (EI) 0 Units
 Design and construct a garment incorporating techniques such as applique, surface design, bobbin work, fabric manipulation, dimensional texture and collage. Designed for the older adult.
 Materials fee of \$15.00 payable at registration.
 18145 09:00AM-11:50 Th Smith, M. LWV4 SEWRM
Tkt #18145 meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

FASH 282XA BEGINNING CROCHETING (EI) 0 Units
 Introduction to crochet. Includes color, design, types of yarns, crochet thread, terminology used in reading, following patterns. Open repeatability
 18150 09:00AM-11:50 M Triebwasser, L. LWV4 SEWCL
Tkt #18150 meets at Laguna Woods Village, Clubhouse 4, Sewing Classroom, Laguna Woods.

FASH 283XA BEGINNING KNITTING (EI) 0 Units
 Introduction of knitting theory, techniques and materials. Includes casting on, basic stitches, finishing techniques, terminology, beginning pattern reading. Use of test swatches, understanding gauge, basic designing and altering of patterns. Open repeatability.
 18155 01:00PM-03:50 T Triebwasser, L. VIL VAL
Tkt #18155 meets at Sunrise Villa Valencia, Laguna Hills.

FASH 283XB INTERMEDIATE KNITTING (EI) 0 Units
 Rec Prep: FASH 283XA. Develop knitting skills at an intermediate level. Explore newest yarns and fibers plus innovative stitches. Open repeatability.
 18160 09:00AM-11:50 T Triebwasser, L. LWV4 SEWCL
Tkt #18160 meets at Laguna Woods Village, Clubhouse 4, Sewing Classroom, Laguna Woods.

ticket	time	days	instructor	room
FASH 286X	QUILTING AND PATCHWORK (EI)			0 Units
Fundamental quilting/patchwork techniques to include applique, cathedral windows, crazy quilting, fabric selection, pattern drafting, piecing, reverse applique and trapunto. Open repeatability.				
18175	01:00PM-03:50	T	Staff	NOR COM
<i>Tkt #18175 meets at Norman P. Murray Community & Senior Center, Mission Viejo.</i>				
18170	01:00PM-03:50	F	Gomez-Ortigoza, L.	LWV4 SEWRM
<i>Tkt #18170 meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.</i>				

EMERITUS GERONTOLOGY

GERO 120X PHYSICAL FITNESS/WEIGHT CONTROL (EI) 0 Units
 Informs students about the risk factors contributing to cardiovascular disease. Each student will develop an individual program of weight control. Open repeatability.
 18180 08:00AM-08:50 MWF Henry, R. LWV1 ART
Tkt #18180 meets at Laguna Woods Village, Clubhouse 1, Art Gallery, Laguna Woods.

GERO 150X PHYSICAL FITNESS WEIGHT MAINTENANCE (EI) 0 Units
 Rec Prep: GERO 120X. Principles of achieving and maintaining ideal body composition through specific exercises and lectures on proper eating techniques. Discussion and exercise to enhance motivation. Open repeatability.
 18185 10:00AM-10:50 MWF Henry, R. LWV1 GYM
Tkt #18185 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.

EMERITUS HEALTH SCIENCES

HSC 105X CONSUMER HEALTH ISSUES (EI) 0 Units
 Aids in maintaining health to make knowledgeable and discriminating decisions. Open repeatability.
 18220 10:30AM-12:20 M Robinson, T. ATRIA SOL
Tkt #18220 meets at Atria del Sol, Mission Viejo.
 18210 11:00AM-12:50 W Robinson, T. LWV1 MPR
Tkt #18210 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.
 18225 01:00PM-02:50 W Henry, R. PALMIA
Tkt #18225 meets at Palmia Recreation Center, Mission Viejo.
 18215 10:00AM-11:50 Th Robinson, T. NOR COM
Tkt #18215 meets at Norman P. Murray Community and Senior Center, Mission Viejo.

EMERITUS HISTORY

HIST 205X WESTERN CIVILIZATION SINCE 1648 (EI) 0 Units
 Surveys Western Civilization from the 17th Century to the present with emphasis on industrialization, nationalism, imperialism and selected problems of the 21st century. Designed for the older adult interested in contemporary issues of government.
 18190 01:00PM-02:50 W Wilbourn, C. UNI MET
Tkt #18190 meets at United Methodist Church, Laguna Woods.
 25240 09:00AM-10:50 F Sinclair, W. NOR COM
Tkt #25240 meets at Norman P. Murray Community and Senior Center, Mission Viejo. In this class the emphasis will be on Current Issues.

HIST 260 RUSSIAN HISTORY: CULTURE AND ARTS (EI) 1 Unit
 Overview of Russian history from the 10th century to the present. Focuses on the differences between Russian and Soviet dimensions of the country's history. Repeatable 3 times.
 18195 01:00PM-02:50 W Gounev, G. LWV5 RM1
Tkt #18195 meets at Laguna Woods Village, Clubhouse 5, Room1, Laguna Woods. Class will emphasize Russian politics with regard to radical Islam.

HIST 275X CONTEMPORARY MIDDLE EAST (EI) 0 Units
 Major political, economic, and social institutions and movements of the Middle East from World War I to the present. Designed for the older adult interested in our current involvement and future direction in the Middle East.
 18200 11:00AM-12:50 W Wilbourn, C. UNI MET
Tkt #18200 meets at United Methodist Church, Laguna Woods.

EMERITUS KINESIOLOGY

Formerly EMERITUS PHYSICAL EDUCATION

ticket time days instructor room

EMERITUS KINESIOLOGY (ADAPTIVE)

KNEA 2X MILD WATER EXERCISE (EI) 0 Units

Water exercise class stressing mild exercises for students who have had recent surgery or who have temporary/permanent disabilities. No swimming skills are required (formerly APE 2X). Open repeatability.

18235 10:00AM-11:20 TTh Hastings, R. LWV4 POOL
Tkt #18235 meets at Laguna Woods Village, Clubhouse 4, Pool, Laguna Woods.

KNEA 101X PHYSICAL FITNESS BACK (EI) 0 Units

Methods for the prevention and care of back problems in later adulthood. Instruction in special exercises, relaxation training and lifestyle changes to prevent back problems. Open Repeatability.

18240 02:00PM-03:50 M Tait, M. LWV1 GYM
Tkt #18240 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.

EMERITUS KINESIOLOGY (AQUATICS)

KNES 44X AQUATIC FITNESS TRAINING (EI) 0 Units

Designed to develop and maintain physical fitness through exercises in the water. Emphasis will be placed on strengthening, cardiovascular, and flexibility exercises. Open repeatability (formerly PE 44X).

18495 08:30AM-09:20 TTh Swanson, R. CASTA
Tkt #18495 meets at Casta Del Sol Clubhouse, Pool 1, Mission Viejo.

18490 09:00AM-09:50 TTh McReynolds, B. PALMIA
Tkt #18490 meets at Palmia Recreation Center, Pool, Mission Viejo.

18485 10:00AM-10:50 TTh Swanson, R. LWV1 POOL
Tkt #18485 meets at Laguna Woods Village, Clubhouse 1, Pool, Laguna Woods.

18500 09:00AM-09:50 MWF McReynolds, B. PALMIA
Tkt #18500 meets at Palmia Recreation Center, Pool, Mission Viejo.

18505 09:00AM-09:50 MWF Roostee, L. CASTA
Tkt #18505 meets at Casta Del Sol Recreation Center, Pool 1, Mission Viejo.

18510 12:00PM-12:50 MWF Swanson, R. LWV5 POOL
Tkt #18510 meets at Laguna Woods Village, Clubhouse 5, Pool, Laguna Woods.

EMERITUS KINESIOLOGY (FITNESS)

KNES 1X AEROBIC FITNESS (EI) 0 Units

Designed to stress individual cardiovascular and respiratory levels showing how the student can use aerobics as a way of developing and maintaining health and fitness. Open repeatability (formerly PE 1X).

18245 08:00AM-08:50 TTh McReynolds, B. PALMIA
Tkt #18245 meets at Palmia Recreation Center, Mission Viejo.

KNES 2X PERSONALIZED FITNESS (EI) 0 Units

A supervised, individualized exercise program using a variety of exercise equipment. Instructor gives each student a personalized written program. Open repeatability

The following classes meet at Laguna Woods Village, Clubhouse 1, Equipment Rm, Laguna Woods:

18265 08:00AM-08:50 TTh Lowe, L., LWV1 EQP
Messenger, L.

18250 09:00AM-09:50 TTh Lowe, L., LWV1 EQP
Messenger, L.

18260 10:00AM-10:50 TTh Lowe, L., LWV1 EQP
Messenger, L.

18255 11:00AM-11:50 TTh Lowe, L., LWV1 EQP
Messenger, L.

KNES 3X PERSONALIZED AEROBIC FITNESS (EI) 0 Units

Overview of basic fitness which include the importance of proper exercising techniques as they relate to the older adult. Instructor gives individual written program with correct techniques. Open repeatability.

The following classes meet at Laguna Woods Village, Clubhouse 1, Equipment Rm, Laguna Woods:

18270 08:00AM-08:50 MWF Cline, C., LWV1 EQP
Fong, F., Lowe, L.

18285 09:00AM-09:50 MWF Cline, C., LWV1 EQP
Fong, F., Lowe, L.

18280 10:00AM-10:50 MWF Cline, C., LWV1 EQP
Fong, F., Giertych, P.

18275 11:00AM-11:50 MWF Cline, C., LWV1 EQP
Fong, F., Giertych, P.

ticket time days instructor room

KNES 4X PHYSICAL FITNESS CIRCUIT TRAINING (EI) 0 Units

Designed to improve/maintain strength and cardiovascular fitness for the older adult. Proper techniques for using exercise equipment in a supervised circuit format. Open repeatability.

The following classes meet at Laguna Woods Village, Clubhouse 1, Equipment Rm, Laguna Woods:

18300 06:45AM-07:35 MWF Robinson, T. LWV1 EQP

18305 06:45AM-07:35 MWF Lowe, L. LWV1 EQP

18295 12:00PM-12:50 MWF Cline, C. LWV1 EQP

18310 12:00PM-12:50 TTh Lowe, L. LWV1 EQP

18290 06:00PM-07:20 TTh Roostee, L. LWV1 EQP

KNES 5X SEQUENTIAL STRETCHING AND RELAXATION (EI) 0 Units

Techniques and application of safe stretching, breathing, body alignment, and muscle conditioning exercises. Older adults students participate using a floor mat or chair.

18315 12:30PM-02:20 M Robinson, T. NOR COM
Tkt #18315 meets at Norman P Murray Community & Senior Center, Mission Viejo.

18320 08:30AM-09:20 TTh Robinson, T. LHCCSC
Tkt #18320 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

KNES 6X PHYSICAL FITNESS (EI) 0 Units

General conditioning class including low-impact aerobics/ muscle strengthening/flexibility. Exercises are performed standing and on the floor. Open repeatability (formerly PE 6X).

18335 10:10AM-11:00 MW Lowe, L. LHCCSC
Tkt #18335 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

18330 10:30AM-11:20 MW Smith, M. SJC GYM
Tkt #18330 meets at San Juan Capistrano Community Center Gym San Juan Capistrano.

18325 06:45AM-07:35 TTh Robinson, T. LWV1 GYM
Tkt #18325 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.

18345 08:00AM-08:50 MWF Robinson, T. CASTA
Tkt #18345 meets at Casta Del Sol Clubhouse, Mission Viejo.

18350 08:00AM-08:50 MWF McReynolds, B. PALMIA
Tkt #18350 meets at Palmia Recreation Center, Mission Viejo.

18340 09:00AM-09:50 MWF Giertych, P. LWV1 GYM
Tkt #18340 meets at Laguna Woods Village, Clubhouse 1, Gym Laguna Woods.

18355 10:30AM-11:20 MWF Nelson, J. CITY DP
Tkt #18355 meets at City of Dana Point Community Center, Dana Point.

KNES 14X BODY RHYTHMICS (EI) 0 Units

Fitness program which combines dance exercises performed to a variety of musical rhythms. Open repeatability (formerly PE 14X).

18360 10:30AM-11:20 TTh Smith, M. LHCCSC
Tkt #18360 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

KNES 14XA EXERCISE TO MUSIC (EI) 0 Units

Emphasizes low-impact aerobic dance movements to a variety of musical rhythms. Exercises will include methods to improve strength/flexibility and are performed standing and on the floor. Open repeatability (formerly PE 14XA).

The following classes will focus on a variety of music:

25045 09:30AM-11:20 W Casado, S. SEA CTRY
Tkt #25045 meets at Sea Country, Laguna Niguel. In this class the emphasis will be on Latin and Social dance

25040 10:00AM-10:50 MW Costa, R. SCL SNR
Tkt #25040 meets at San Clemente Senior Center, San Clemente.

18365 09:00AM-09:50 TTh Giertych, P. SJ MOBIL
Tkt #18365 meets at San Juan Mobile Estates, 32302, Alipaz Street, San Juan Capistrano.

18375 09:00AM-09:50 TTh Smith, M. LWV1 GYM
Tkt #18375 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.

18380 09:00AM-09:50 TTh Doty, A. NOR COM
Tkt #18380 meets at Norman P Murray Community & Senior Center, Mission Viejo.

18370 09:15AM-10:05 TTh Aprile, J. SEA CTRY
Tkt #18370 meets at Sea Country Senior Community Center, Laguna Niguel.

18390 09:00AM-09:50 MWF Smith, M. CITY DP
Tkt #18390 meets at City of Dana Point Community Center, Dana Point.

18385 01:00PM-01:50 M Cline, C. LWV1 GYM
02:00PM-02:50 WF Cline, C. LWV1 GYM
Tkt #18385 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.

NOTE: Classes listed in bold type begin at 4:30 PM or later, or on Saturday.

ticket time days instructor room

KNES 29XA BEGINNING TAI CHI CH'UAN (EI) 0 Units
 Tai Chi Ch'uan instruction will include movements from the 30 forms in the first section, and discussion of the Yin-Yang principle of opposing actions. Includes discussion of the history and philosophy of Tai Chi Ch'uan. Open repeatability (formerly PE 29XA).
 25035 09:00AM-9:50 MW Costa, R. SCL SNR
Tkt #25035 meets at San Clemente Senior Center, San Clemente
 18395 09:00AM-09:50 Th Thome, T. SJC GYM
Tkt #18395 meets at San Juan Capistrano Community Center Gym San Juan Capistrano.
 18400 09:00AM-09:50 F Andersen, R. LHCCSC
Tkt #18400 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

KNES 29XB ADVANCED TAI CHI CH'UAN (EI) 0 Units
 Rec Prep: KNES 29XA. Includes Tai Chi Ch'uan movements from the 78 forms in the second and third sections, and review of the 30 forms in the first section. Open repeatability (formerly PE 29XB).
 18405 10:00AM-11:50 Th Thome, T., Costa, R. SJC GYM
Tkt # 18405 meets at San Juan Capistrano Gym, San Juan Capistrano.
 18410 10:10AM-12:00 F Andersen, R. LHCCSC
Tkt #18410 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.

KNES 35XA BEGINNING CHAIR EXERCISES (EI) 0 Units
 Enables the older adult to practice the physical techniques necessary to maintain or improve physical fitness necessary for daily living activities. Designed for the person with a beginning level of fitness. Open repeatability (formerly PE 35XA).
 18420 09:00AM-09:50 MW Lowe, L. COV
Tkt #18420 meets at the Covington, 3 Pursuit, Aliso Viejo.
 18425 10:00AM-10:50 TTh Doty, A. NOR COM
Tkt # 18425 meets at Norman P. Murray Community & Senior Center, Mission Viejo.
 18430 09:00AM-09:50 F McCullough, L. COV
Tkt #18430 meets at the Covington, 3 Pursuit, Aliso Viejo.
 18435 10:00AM-10:50 MWF Swanson, R. SC PRES CH
Tkt #18435 meets at San Clemente Presbyterian Church, San Clemente.

KNES 35XB INTERMEDIATE CHAIR EXERCISES (EI) 0 Units
 Enables the older adult to practice physical techniques necessary to maintain and improve physical fitness necessary for daily living activities. Open repeatability (formerly PE 35XB).
 18445 11:00AM-11:50 TTh McCullough, L. LWV1 GYM
Tkt #18445 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.
 18455 09:30AM-10:20 MWF Robinson, T. ATRIA SOL
Tkt #18455 meets at Atria del Sol, Mission Viejo.
 18460 10:30AM-11:20 MW Roostee, L. PALMIA
 11:30AM-12:20 F Roostee, L. PALMIA
Tkt #18460 meets at Palmia Recreation Center, Mission Viejo.
 18450 11:00AM-11:50 MWF McCullough, L. LWV1 GYM
Tkt #18450 meets at Laguna Woods Village, Clubhouse 1, Gym Laguna Woods.

KNES 37X BALANCE AND MOBILITY TRAINING (EI) 0 Units
 Adopts a multi-dimensional approach to balance related problems. Activities will target specific balance problems in a challenging environment. Open repeatability (formerly PE 37X).
 18480 09:00AM-09:50 TTh Tait, M. COV
Tkt # 18480 meets at the Covington, 3 Pursuit, Aliso Viejo.
 18475 10:30AM-11:20 TTh Giertych, P. BELL TOWER
Tkt #18475 meets at Bell Tower, Rancho Santa Margarita.
 18470 09:00AM-09:50 WF Tait, M. FS SEN CTR
Tkt #18470 meets at Florence Sylvester Memorial Center, Laguna Hills.
 18465 10:00AM-10:50 WF Tait, M. FS SEN CTR
Tkt #18465 meets at Florence Sylvester Memorial Center, Laguna Hills.

ticket time days instructor room

KNES 65X PILATES CONDITIONING (EI) 0 Units
 A non-impact exercise program based on the principles of Pilates designed for older adults. Strengthen muscles, increases flexibility, developing proper body alignment. Open Repeatability.
 18515 09:00AM-09:50 MWF Nelson, J. CASTA
Tkt #18515 meets at Casta del Sol, Mission Viejo.
 18520 11:10AM-12:00 MW Lowe, L. LHCCSC
Tkt #18520 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.
 18535 09:30AM-10:20 TTh Nelson, J. LHCCSC
Tkt #18535 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.
 18530 11:00AM-11:50 TTh Nelson, J. LA SALA RM
Tkt #18530 meets at La Sala Room San Juan Library, San Juan Capistrano.
 18540 01:00PM-01:50 TTh Lowe, L. LWV1 GYM
Tkt #18540 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.
 18525 10:10AM-12:00 F Lowe, L. LHCCSC
Tkt #18525 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.
 25245 01:00PM-03:50 F Lowe, L. NOR COM
Tkt #25245 meets at Norman P. Murray Community and Senior Center, Mission Viejo.

KNES 84X PHYSICAL FITNESS YOGA (EI) 0 Units
 Investigation and practice of the principles of physical yoga. Emphasis is on exercises for improved body alignment, joint flexibility, muscle tone and breathing. Open repeatability (formerly PE 84X).
 18570 08:30AM-10:20 M McCullough, L. SJC GYM
Tkt #18570 meets at City of San Juan Community Center Gym, San Juan Capistrano.
 18565 09:00AM-09:50 MW Ward, M. LHCCSC
Tkt #18565 meets at Laguna Hills Community Center and Sports Complex, Laguna Hills.
 18560 10:00AM-10:50 TTh McCullough, L. LWV1 GYM
Tkt #18560 meets at Laguna Woods Village, Clubhouse 1, Gym, Laguna Woods.
 18550 01:00PM-02:50 T Fong, F. FS SEN CTR
Tkt #18550 meets at Florence Sylvester Memorial Center, Laguna Hills.
 18555 09:00AM-10:50 W Haas, S. UNI MET
Tkt #18555 meets at Laguna Country United Methodist Church, Laguna Hills.
 18545 10:00AM-11:50 F Doty, A. SJC GYM
Tkt #18545 meets at City of San Juan Community Center Gym, San Juan Capistrano.
 18580 12:30PM-02:20 F Doty, A. NOR COM
Tkt #18580 meets at Norman P Murray Community & Senior Center, Mission Viejo.
 18575 01:00PM-02:50 F Ward, M. PALMIA
Tkt #18575 meets at Palmia Recreation Center, Mission Viejo.

EMERITUS MUSIC

EMERITUS MUSIC APPRECIATION/HISTORY

MUS 19X INTRODUCTION TO OPERA (EI) 0 Units
 Introducing the older adult to composers who have shaped Western opera. Open repeatability.
 18585 12:30PM-03:20 W Kim, J. NOR COM
Tkt #18585 meets at Norman P Murray Community and Senior Center, Mission Viejo.
 18595 01:00PM-03:50 Th Kim, J. LWV1 ART
Tkt #18595 meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

MUS 20X FOR THE LOVE OF MUSIC (EI) 0 Units
 Introduction to music history focusing on musical periods and composers that have shaped Western musical developments designed for the older adult. Open repeatability.
 24260 09:00AM-11:50 W Kim, J. FS SEN CTR
Tkt #24260 meets at Florence Sylvester Senior Center, Laguna Hills.

EMERITUS MUSIC LESSONS (VOCAL)

MUS 80X VOICE AND RHYTHMS (EI) 0 Units
 Emphasizes vocal techniques including tone production, breath control, and pronunciation as well as music literature. Performance at end of the semester. Open repeatability.
 18605 01:00PM-02:50 W Jacobs, L. NOR COM
Tkt #18605 meets at Norman P. Murray Community & Senior Center, Mission Viejo.
 18610 09:00AM-10:50 SAT Custance, H. LWV3 REHEA
Tkt #18610 meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods. Course includes the use of creative musical instruments.
 18615 11:00AM-11:50 SAT Custance, H. LWV3 REHEA
Tkt #18615 meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.

CLOSED CLASSES: It is advised that students go to the first class meeting. Instructors will add you if space permits.

ticket time days instructor room

EMERITUS MUSIC PERFORMANCE (CHORAL)

MUS 34X MEN'S AND WOMEN'S CHORAL: BARBERSHOP (EI) 0 Units

Choral ensemble of male and female voices specializing in rehearsal and performance of barbershop harmony. Open repeatability.

18600 03:30PM-05:20 W Custance, H. LWV3 REHEA

Tkt #18600 meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods. Voice placement will be made first two meetings.

MUS 290X CHORAL ENSEMBLE (EI) 0 Units

Choral singing emphasizing choral literature. Development of ensemble through correct singing, and correct vocal production. Open Repeatability.

18625 10:30AM-12:20 T Storm, T. CASTA

Tkt #18625 meets at Casta Del Sol Clubhouse, Mission Viejo.

18620 02:00PM-03:50 T Custance, H. LWV3 REHEA

Tkt #18620 meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.

EMERITUS MUSIC LESSONS (INSTRUMENTAL)

MUS 295X REHEARSAL AND PERFORMANCE INSTRUMENTAL (EI) 0 Units

Rec Prep: Previous instrumental training and demonstrated proficiency. Preparation, study, and performance of orchestra concert repertoire. Designed for the older adult interested in orchestral performance.

The following classes meet at Laguna Woods Village, Clubhouse 3, Rehearsal Room. Laguna Woods:

24995 10:00AM-11:50 Th Storm, T. LWV3 REHEA

25000 07:00PM-08:50 M Geller, V. LWV3 REHEA

EMERITUS PHILOSOPHY

PHIL 230X INTRODUCTION TO PHILOSOPHY (EI) 0 Units

An introduction to some of the enduring issues in human philosophy, helps older adult students cultivate the skills of critical thinking and rational discourse.

18640 10:00AM-11:50 M Binder, G. LWV1 ART

Tkt #18640 meets at Laguna Woods Village, Clubhouse 1 Art Gallery.

18645 01:00PM-02:50 T Binder, G. PALMIA

Tkt #18645 meets at Palmia, Mission Viejo.

24605 04:00PM-05:50 T Staff FS SEN CTR

Tkt #24605 meets at Florence Sylvester Memorial Center, Laguna Hills.

PHIL 231X HISTORY OF FREETHOUGHT IN WESTERN WORLD (EI) 0 Units

Freethought belief systems and their impact on culture. Conflicts between church and state, science and religion, and advances in philosophical thought will be discussed by the older adult participants.

18650 09:00AM-10:50 T Williams, T. FS SEN CTR

Tkt #18650 meets at Florence Sylvester Memorial Center, Laguna Hills.

EMERITUS PHOTOGRAPHY

PHOT 40X BEGINNING DIGITAL SHOW PRESENTATIONS (EI) 0 Units

Production of visual and audio presentations. Discussion and demonstration of digital slide shows. Open repeatability.

Materials fee of \$5.00 payable at registration.

The following classes meet at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods:

18665 09:00AM-11:50 T Mahotka Patterson, K. LWV4 PHO

18660 12:30PM-03:20 W Mahotka Patterson, K. LWV4 PHO

PHOT 50XA BEGINNING DIGITAL PHOTOGRAPHY (EI) 0 Units

Technical aspects of digital cameras, and guidelines for composing better pictures. Also covered will be computer enhancement and other computer-based functions. Open Repeatability.

Materials fee of \$5.00 payable at registration.

18670 09:00AM-11:50 W Mahotka Patterson, K. LWV4 PHO

Tkt #18670 meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods.

ticket time days instructor room

PHOT 59XA BEGINNING COLOR PRINTING (EI) 0 Units

Rec Prep: PHOT 50XA. Digital camera techniques for making color prints and slides. Open repeatability.

Materials fee of \$5.00 payable at registration.

18675 09:00AM-11:50 M Ramirez, M. LWV4 PHO

Tkt #18675 meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods.

PHOT 59XB ADVANCED COLOR PRINTING (EI) 0 Units

Rec Prep: PHOT 59XA. Advanced and innovative techniques in color printing. Related topics of photography and printing. Open repeatability.

Materials fee of \$5.00 payable at registration.

18680 09:00AM-11:50 Th Hass, K. LWV4 PHO

Tkt #18680 meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods.

EMERITUS PHYSICAL EDUCATION

See EMERITUS P.E./KINESIOLOGY

EMERITUS POLITICAL SCIENCE

PS 299 SPECIAL TOPICS: THE GEO POLITICAL & ECONOMIC CLIMATE (EI) 1 Unit

An indepth study of the global economy on a regional basis emphasizing geo political events.

24415 09:00AM-10:50 W Sinclair, W. LWV1 MPR

Tkt #24415 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

EMERITUS SPANISH

SPAN 230X BEGINNING PRACTICAL SPANISH (EI) 0 Units

Basic fundamentals of Spanish for the older adult. Emphasis will be placed on development of conversational skills.

18690 01:00PM-02:50 W Duran Demehranfar, M. LWV1 DR3

Tkt #18690 meets at Laguna Woods Village, Clubhouse #1, Dining Room #3, Laguna Woods.

18695 09:30AM-11:20 F Enciso, M. NOR COM

Tkt #18695 meets at Norman P. Murray Community & Senior Center, Mission Viejo.

SPAN 231X INTERMEDIATE PRACTICAL SPANISH (EI) 0 Units

Rec Prep: SPAN 230X. Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking.

Reading and writing skills will be expanded.

18700 09:00AM-10:50 T Font, A. LWV1 MPR

Tkt #18700 meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

EMERITUS SPECIAL SERVICES

SPS 145X BEGINNING LIPREADING AND HEARING CONSERVATION (EI) 0 Units

Enables students to develop and practice lipreading skills necessary for social functioning. Presents information designed to help the student better understand their own hearing loss. Open repeatability.

21220M 09:30AM-12:20 M Staff NOR COM

Tkt #21220M meets at Norman P. Murray Community & Senior Center, Mission Viejo.

21215M 09:30AM-12:20 Th Flaherty, P. FS SEN CTR

Tkt #21215M meets at Florence Sylvester Memorial Center, Laguna Hills.

EMERITUS THEATRE ARTS

TA 2X BEGINNING SCENE STUDY (EI) 0 Units

Concentrates on scene study, characterization and ensemble performance. Development of method acting. Open repeatability.

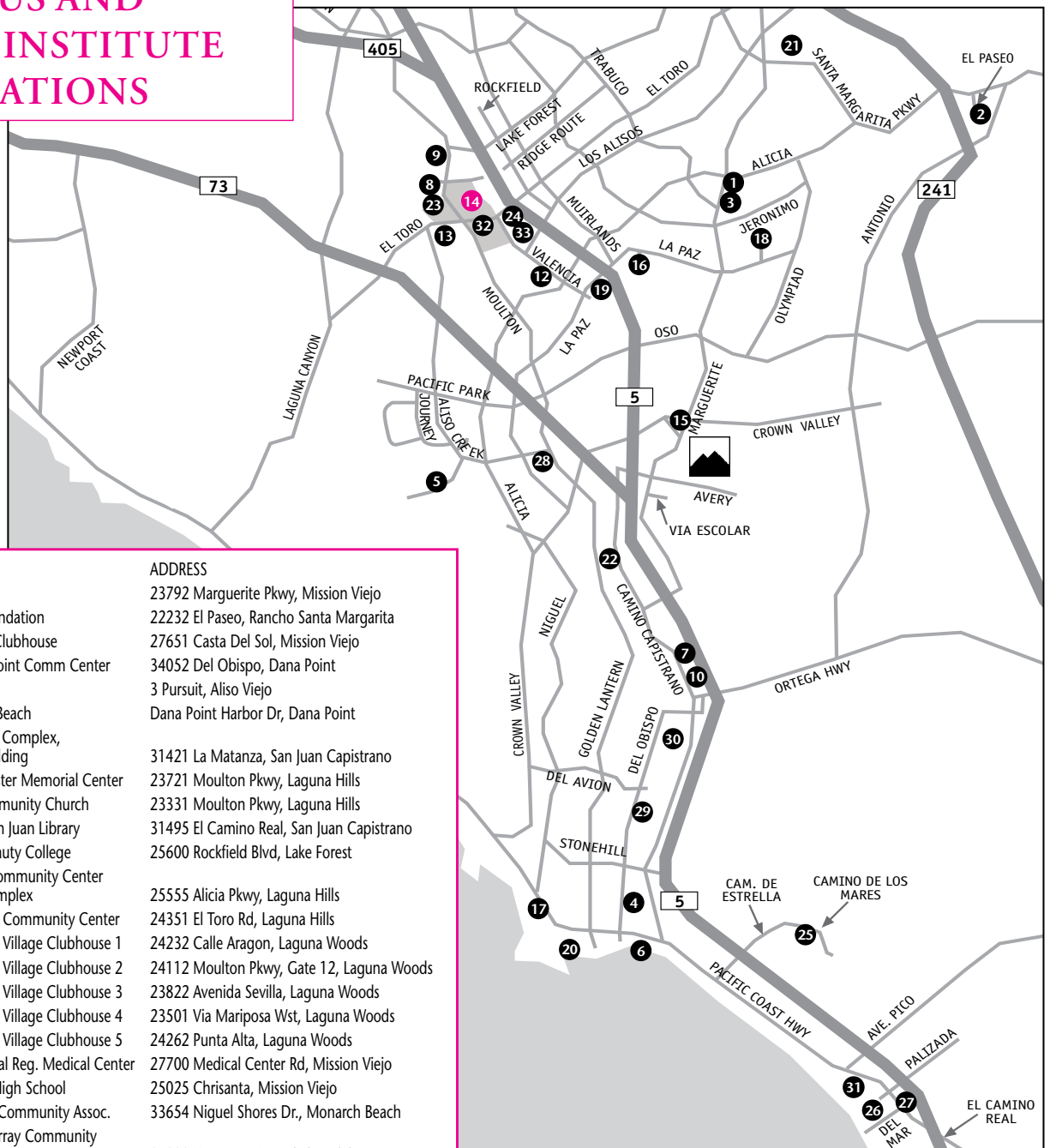
18705 09:30AM-11:20 M Andersen, R. LWV3 REHEA

Tkt #18705 meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.

STUDENTS, please note:

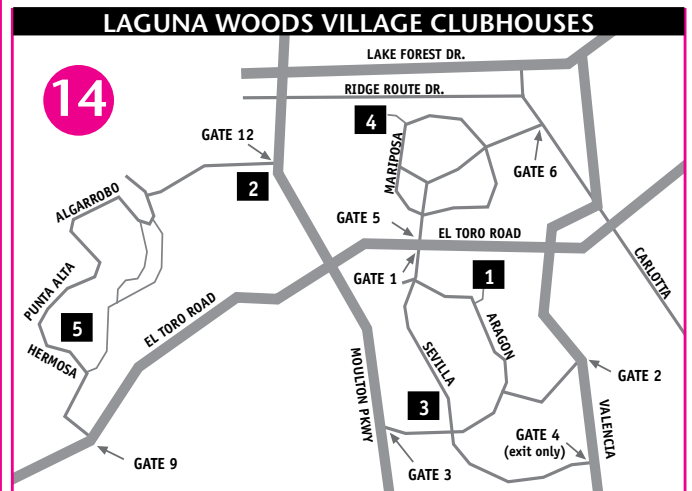
If you miss the first class meeting you may be dropped to make room for other students waiting to enroll.

OFF-CAMPUS AND EMERITUS INSTITUTE CLASS LOCATIONS



CODE	MAP	LOCATION	ADDRESS
ATRIA SOL	1	Atria del Sol	23792 Marguerite Pkwy, Mission Viejo
BELL TOWER	2	Bell Tower Foundation	22232 El Paseo, Rancho Santa Margarita
CASTA	3	Casta Del Sol Clubhouse	27651 Casta Del Sol, Mission Viejo
CITY DP	4	City of Dana Point Comm Center	34052 Del Obispo, Dana Point
COV	5	The Covington	3 Pursuit, Aliso Viejo
DOHENY	6	Doheny State Beach	Dana Point Harbor Dr, Dana Point
FIRE STA	7	Old Firestation Complex, Lacouague Building	31421 La Matanza, San Juan Capistrano
FS SEN CTR	8	Florence Sylvester Memorial Center	23721 Moulton Pkwy, Laguna Hills
LAKE CH	9	Lake Hills Community Church	23331 Moulton Pkwy, Laguna Hills
LA SALA RM	10	La Sala Rm, San Juan Library	31495 El Camino Real, San Juan Capistrano
LF BEAUTY	11	Lake Forest Beauty College	25600 Rockfield Blvd, Lake Forest
LHCSC	12	Laguna Hills Community Center and Sports Complex	25555 Alicia Pkwy, Laguna Hills
LW COM CTR	13	Laguna Woods Community Center	24351 El Toro Rd, Laguna Hills
LWV1	14*	Laguna Woods Village Clubhouse 1	24232 Calle Aragon, Laguna Woods
LWV2	14*	Laguna Woods Village Clubhouse 2	24112 Moulton Pkwy, Gate 12, Laguna Woods
LWV3	14*	Laguna Woods Village Clubhouse 3	23822 Avenida Sevilla, Laguna Woods
LWV4	14*	Laguna Woods Village Clubhouse 4	23501 Via Mariposa Wst, Laguna Woods
LWV5	14*	Laguna Woods Village Clubhouse 5	24262 Punta Alta, Laguna Woods
MIS.MEDCTR	15	Mission Hospital Reg. Medical Center	27700 Medical Center Rd, Mission Viejo
MVHS	16	Mission Viejo High School	25025 Chrisanta, Mission Viejo
NIGLSHRS	17	Niguel Shores Community Assoc.	33654 Niguel Shores Dr., Monarch Beach
NOR COM	18	Norman P. Murray Community & Senior Center	24932 Veterans Way, Mission Viejo
OC REALTRS	19	OC Association of Realtors	25552 La Paz Rd, Laguna Hills
OCSEC	20	Orange County Sailing & Events Center	34451 Ensenada Place, Dana Point
PALMIA	21	Palmia Recreation Center	21455 Monterey, Mission Viejo
RANCHO CAP	22	Rancho Capistrano Soccer Fields	29251 Camino Capistrano, San Juan Capistrano
R TOWERS	23	Roddmoor Towers	24055 Paseo del Lago W., Laguna Woods
SAD HOSP	24	Saddleback Community Hospital	24451 Via Estrada, Laguna Hills
SAN CL HSP	25	SMMC - SanClemente	654 Camino de los Mares, San Clemente
SCL SNR	26	San Clemente Senior Center	242 Avenida Del Mar, San Clemente
SC PRES CH	27	San Clemente Presbyterian Church	119 North Ave de la Estrella, San Clemente
SEA CTRY	28	Sea Country Senior/Comm. Center	24602 Aliso Creek Rd, Laguna Niguel
SJC GYM	29	San Juan Capistrano Gym	25925 Camino Del Avion, San Juan Capistrano
SJ MOBIL	30	San Juan Mobil Estates	32302 Alipaz St, San Juan Capistrano
ST CLEMENT	31	St. Clement's Episcopal Church	202 Avenida Aragon, San Clemente
UNI MET	32	Laguna Country United Methodist Church	24442 Moulton Pkwy, Laguna Woods
VIL VAL	33	Villa Valencia	24552 Paseo de Valencia, Laguna Hills

* See Laguna Woods Village Clubhouses Map



EMERITUS TELEPHONE REGISTRATION WORKSHEET

Only students who have a "Registration Permit" may register for classes during their priority window.

BEFORE YOU CALL TO REGISTER, BE SURE TO COMPLETE THIS WORKSHEET WITH:

- Your Student ID Number (See your "Permit to Register")
- Your PIN Number (Usually the last four digits of your social security number)
- Your class ticket numbers (See the "Schedule of Classes")
- Your credit card information (Only if needed)

STEP 1 Dial (949) 582-7579.

STEP 2 Enter your Student ID Number + #.

STEP 3 Enter your Personal Identification Number (PIN). + #.
(Usually the last 4 numbers of your social security number)

STEP 4 Enter how many hours per week you're employed. + #.

STEP 5 When asked if the Major Code printed on your Permit to Register is correct, press **1**.

STEP 6 When asked if the Educational Goal printed on your Permit to Register is correct, press **1**.

STEP 7 To enroll in a class, press **1**, enter the ticket number, then press the # key.

To add additional courses, press **1** again and enter the new ticket number, followed by the # key.

NOTE: If the class you are enrolling in meets in Laguna Woods, you will be asked if you need a gate pass. Press **1** if you need a gate pass. Press **2** if you don't need a gate pass.

	Ticket Number	Course	Day(s)	Time
Example	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #	ACCT 229X	Th	2-3:50pm
	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #			
	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #			
	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #			
	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #			
	Press 1 + <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> + #			

ONLINE APPLICATION for Saddleback College Emeritus Institute

1. Access the Emeritus website at www.saddleback.edu/AP/emergitus
2. Click on the Emeritus Application and print.
3. Fully complete the application and sign.
4. Mail the completed application to the address provided.
5. When your application has been processed you will be mailed a permit to register.

Telephone Registration is limited to enrollment in Emeritus Institute classes ONLY.

IMPORTANT! After entering all your ticket numbers, Press **7** to LEAVE the Enrollment Menu and CONTINUE Registration.

STEP 8 The system will state how much you owe, if anything.

8A. To pay by credit card, press **1**. VISA, MasterCard and Discover accepted.

Enter your credit card number, followed by the # key. + #

Enter your credit card expiration date: + #

Enter your CCV number. + # (Usually the last three numbers on the back of your credit card.)

8B. To pay by check or money order, press **2**. To pay by cash, press **3**.

Payment must be received within 5 working days.

The system will say "Please wait while your records are updated." (It may repeat this several times.)

IMPORTANT! Do not hang up until you hear the words "Congratulations... etc." or your registration will NOT be completed.

During telephone enrollment you have these options:

- | | |
|--|--|
| Press 1 to ENROLL in a course - you will be asked to enter the ticket number, followed by the # key. If the course is available, the system will confirm your enrollment and return you to the main menu. | Press 4 to hear your current fee balance for this call. You MUST continue to Step 8. |
| Press 2 to DROP a course. To delete a previously entered course, press 2; you will then be asked to enter the ticket number, followed by the # key. | Press 5 to ERASE all of your adds and drops made during this call and return to the Enrollment Menu. You may then start over. |
| Press 3 to hear your current course selection(s). When you choose this option, you will hear the course name and ticket number of the courses you have selected. | Press 6 to EXIT telephone registration and cancel all transactions. |
| | Press 7 to LEAVE the Enrollment Menu and CONTINUE Registration. |