

SIGI PLUS “Mid Term” ASSIGNMENT

APPLIED PSYCHOLOGY 160 (100 POINTS)

This class assignment requires that you use SIGI Plus, a computerized career-planning program that you paid for as part of the Career Center AP160 Assessment Package. Once you have paid for this program and been granted the passwords, this program may be accessed via either

1. The computers IN the Career Center in the Student Services Center (SSC)
2. From other compatible computers at the following website:
<http://gateway.saddleback.edu/sigi/sigistart.html>

You are required to complete the first 5 sections of “SIGI Plus”

The FIVE SECTIONS ARE

Introduction; Assessment; Search; Information; and Skills Sections).

The SIGI Plus *printouts are required to be part of your assignment and are as follows:

- (1) Assessment Section – include a copy* of your final summary of values. (ONE LIST)
- (2) Search Section - copy at least TWO DIFFERENT LISTS* of occupations that fit among at least some of the values that YOU have identified
(Note that each list of occupations should have approximately 15 different occupations! You must “shuffle” your values between your searches in order to identify *two* lists that are different from each other. (You ‘may’ include some ‘activities, interest areas, or ‘avoids’ when you search by features. Select what is important to you.) Make sure you ‘test’ your important values in your search. Your values will be tested/assessed via additional exercises later this term, but give your values a good hard look via SIGI. Find careers for your list that ‘match’ some of your values.
- (3) Information Section - you are required to choose 5 different occupations that you are interested in, and copy the definitions* of these 5 occupations.
- (4) Skills Section - you are required to hand in copies of the Summary of Skills* for those same 5 occupations you selected in the Information section. To complete the skills section, SIGI must reach a conclusion about how well your skills match that particular occupation!

(5) In additions to the printouts, a 2 to 4 page typed summary is required. This summary should discuss your reactions to SIGI Plus, what you learned from it and how it enhances or contradicts your previous assessments. Discuss YOUR reaction specifically to the four sections assigned (Assessment, Search, Information and Skills). The summary should also contain a list of at least five careers that you identified through SIGI Plus as matching your self-assessment section. These careers listed should be careers you feel are realistic career alternatives. Discuss how you concluded with each of these careers and how they match (or not) your values

“Model Student Paper” Samples from previous semesters ARE available in the Career Center. If you are not sure of the specifics of this assignment, then

GO REVIEW THE “Assignment Samples!

(You PAID for this assessment! Get Your Money’s Worth)

SIGI Plus ASSIGNMENT IS DUE

Session 19

(Reminder: Strong Interest Inventory “Answer Form” is DUE in Session 7)

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