

Name _____

**CAREER PROFILE AND EDUCATIONAL PLAN
APPLIED PSYCHOLOGY 160 HOMEWORK ASSIGNMENT #7 (100
POINTS)**

There are **three parts of this assignment: Part A & B which you may have already completed prior to reading this sheet.**

Part A. Complete YOUR Career Profile (Part A1. is the summary of your assessments, Part A2 (brief written summary of your profile's relevance to YOU) Part A3, the list of YOUR TOP 10 careers choices, *including one non-traditional career & one small business of your choosing. Part A is the 2nd & 3rd page of this document. It was a class handout!*

Part B. A separate typed Career Summary for each of your TOP FIVE choices you selected from among your top 10. Be sure the information is comprehensive, referenced and documented correctly, minimum of **three sources of information for each of the five careers**. Follow the general guide Part B instructions (4th page of this document). Caution, do not simply use your top 5 SIGI selections and DO NOT use SIGI as your exclusive career source. Stretch your mind for *your top five priorities based on all assessments, and based on multiple sources of career information.*

Part C. SELECT *one* of your five careers and fully develop a "MAP" (My Academic Plan) part 'my-site', your college web page. (You will have been exposed to "MAP" several times in class before this assignment is due.) THIS ASSIGNMENT REQUIRES A DECISION from you! NO option to remain undecided! If for no other reason: MAKE A DECISION for practice in creating a 'plan'.

You must choose ONE GOAL of a certificate, an associate degree, or transfer to four year university. (If you have multiple goals, pick just one for this assignment.) You plan must also include courses completed, in-progress, and planned up to the point of being finished at Saddleback College.

If you who have already completed courses at Saddleback, PRINT *a copy of your Saddleback academic history from My Site and attach this assignment.*

IF 'transfer' is goal, you MUST also SELECT (and identify) '**which**' **university**, four year college, or other institution your seek NEXT for your chosen major.

IF you have coursework from OTHER colleges, THIS is where those are considered. Attach photo copies of THOSE transcripts. Extensive coursework elsewhere may dictate you do a 'paper' educational plan, rather than "MAP". See me if you're confused.

THIS ASSIGNMENT IS DUE ON

Session 26 for Tue/Thur Class

Session 27 for Wed PM Class APSY160

DBarr/rev 8/09

Name _____ Class Code: _____

Ap160 Assignment #7. Part A.1

Career Profile (Your Combined Assessments in a one-page overview)

HOLLAND CODES _____ (Assignment 5)

MYER-BRIGGS TYPE _____ (Assignment 3)

THINKING STYLE _____ (Assignment 4)

WORK WITH (D/P/T%) DATA% _____ PEOPLE % _____ THINGS% _____
(Assignment 2)

**TOP 5
Preferred Skills (Assignment 2)**

1. _____
2. _____
3. _____
4. _____
5. _____

**TOPS 5
Values (Assignment 6)**

1. _____
2. _____
3. _____
4. _____
5. _____

**TOP 5
Strong Interest Inventory
Basic Interest Scales (Assignment 5)**

1. _____
2. _____
3. _____
4. _____
5. _____

**TOP 5
C.O.P. S.
Career Clusters (Assignment 5)**

1. _____
2. _____
3. _____
4. _____
5. _____

TOP 3 Myers-Briggs Profile Descriptive Phrases Career Related (Assignment 3)

1. _____
2. _____
3. _____

Applied Psychology 160

Assignment #7 Part A.2: Review your overall assessments and the total of the information accumulated on Part A.1 AND THEN Write a one page summary that gives your overview of the relevance of the assessment information as it relates to career choices. In other words, ‘what does your profile say to YOU about the type of career that would fit you best?’ One page only, please. Don’t short change yourself in this overview, but get the important points in one page!

Assignments #7 Part A.3. Choose and list 10 careers that you are interested in that you believe match your career profile summary from the page previous page and with what YOU choose to pay attention to in your summary! List these 10 careers IN PRIORITY ORDER and select the Holland Codes that you believe fit each career. Circle the 3 careers for which you would like to do an Information Interview and priorities THOSE three in order of your interest. INCLUDE in your list of 10 careers at least one small business (name the service or product featured), one ‘Non-traditional’ career, typically not selected for your gender, and one ‘elder care’ related career. Identify these later three choices with a SB (small business); NT (non-traditional) and EC (Elder Care) placed between the choice and Holland Codes.

TOP 10 Career Choices	Holland Codes
1. _____	___ ___ ___
2. _____	___ ___ ___
3. _____	___ ___ ___
4. _____	___ ___ ___
5. _____	___ ___ ___
6. _____	___ ___ ___
7. _____	___ ___ ___
8. _____	___ ___ ___
9. _____	___ ___ ___
10. _____	___ ___ ___

Did you remember to identify an SB, NT, and EC

Name: _____ Class Code: _____

continued

Assignment #7 Part B

**Do this only after you have completed part A. (Above)
Select YOUR TOP 5 Career Choices and RESEARCH THEM.**

**Include the following information for each of your top 5 choices.
(The work session scheduled for the career center has been establish for you
to begin this research but you must have completed A1, A2, & A3 to make
the best use of the career center work session**

The following information must be included in your research:

Career Title

Career Description;

Education Required (degrees, credential, licenses, etc.)

Employment Outlook

Average Salary (Starting and leading to)

**A discussion on how likely it is that you will pursue this career based on your
own decision. Briefly discuss why or why not likely. (Are you likely to
consider it in the future, if not in your initial pursuit? Might it either an
'ideal change' in the future or a fall back career ?)**

**In what ways does this career match your assessments? (Skills, personality,
Thinking Styles, Interest (Strong/Cops), & Values. Discuss the assessments
that match and those that do not.**

**DO FIVE of these summaries, one for each of your 5 careers. This is NOT 'fill
in between the lines: Complete and Type one solid page of information *for
each of the five careers.***

**At the end of *each* career, list at least three sources of 'where' you researched
this information.**

**Part C2Assignment #7 "Paper Plan" ONLY IF not using MAP AP160
Do this part if you are NOT utilized MAP AFTER you do C1, a separate paper document!**

1. Fall__Sp_ Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

2. Fall__Sp_X_Su_ Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

3. Fall__Sp__Su_X_Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

4. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

5. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

6. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

7. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

8. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

9. Fall__Sp__Su__Yr__
Courses Units

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

Total _____

Duplicate or as necessary for more semesters AP60DB/PLAN2.doc