

# Early Start! Early Start! Early Start!

## Saddleback College

**“I LOVE THIS STUFF!**  
To harness all of the things  
I am...to see my  
capability...is liberating!”  
Bill, Age 44

**“Whoever thought I  
would enjoy doing  
homework  
SO MUCH”!**  
Lori, Age 19



**“A confidence  
building experience  
and a life lesson. I  
will never forget...  
this class.”**  
Jensen, Age 19

**“This course should be  
required for all first  
semester students. I  
wish I’d taken it ten  
years ago”!**  
Lynnette, Age 32

## **Make a Semester Resolution! Get going on “The Rest of Your Life”**

To find something you love doing and find a way to get paid for it!

**“This class  
made me  
happier &  
healthier!”**  
Helen, Age 52

## **Career Exploration**

**“This class has  
changed my life”!**  
Jason, Age 30

## **APPLIED PSYCHOLOGY 160**

**Course satisfies CSU General Education Area E/AA#4 Life Skills**

**\*Tue/Thur MORNING Time Varies Fall vs Spring**  
or Wed eve both semesters 7:00 – 9:45 p.m.

**These are classes with Doug Barr**

**See My Faculty Profile Via The On-Line Class Schedule & APSY 160**

**Join Me Early AM on T/Th or Wed Eve**

**I welcome eager learners at either end of the day!**

***Additional Sections Available With Other Instructors***