

# Applied Psychology 160

## Typical\* Tue/Tue AM or Wed PM

### Generic Schedule With Doug Barr

Session	Date	Projected Topics (Estimated)	Assignments Made	Assignments DUE	Tips & Misc
1	Tue Wed I	Introductions/Web Info Word Association Assessment Areas	Read Chapter 1 for Ses 2		Print all Course Docs& assignments!
2	Thu Wed II	Course Docs/ Intro Risk Taking/ Voyage Video	Assign HW#1		Read & Bring to Session 2
3	Tue Wed I	Review/Risk / "Toss" Exercise; Appointment Exercise		<b>HW#1 DUE Risk Taking</b>	
4	Thu Wed II	Decision Making from Chapter 1 Prelim Ed Goal Decision	Read Chapter 2 & for session 5		Have You Begun to List Possible Careers?
5	Tue Wed I	Meet in Career Center SSC Orientation & Purchase Test Packs; "My Plan" Intro	Bring \$31.00 For Assessment Package	<b>Assign Strong</b>	
6	Thu Wed II	Meet in Career Center; SIGI , My Plan and Internet Sites	Read Chapter 3 For Ses 7		<b>SIGI DUE in Session 19</b>
7	Tue Wed I	Introduce Skills and Success Teams		<b>Strong DUE Answer Form</b>	R U Tracking Your Grade?
8	Thu Wed II	Continue Skills Achievement/Skill ID			Start HW#2 in class
9	Tue Wed I	Complete Skills; New Company Intro: Board of Directors	<b>Assign HW #2 (Skills)</b>		
10	Thu Wed II	Personality Lect/Myers Briggs Self Myers-Briggs Card Sort	Read Chapter 4 for Session 12	<b>HW#2 Due (Skills)</b>	<b>Attendance Critical Here</b>
11	Tue Wed I	Distribute M-B Portrait	Assign HW# 3 (Personality)		Start HW#3 In Class
12	Thu Wed II	Right/Left Brain Video; Lecture on Thinking Styles		<b>HW#3 DUE (Personality)</b>	
13	Tue Wed I	Continue Thinking Styles Review Assessments	Assign HW#4 Thinking Styles & Chapter 5		Start HW#4 in class
14	Thu Wed II	Discuss: Chapter 4 Intro Holland Codes & Profile		<b>HW#4 Due (Think Styles)</b>	
15	Tue Wed I	Interpret STRONG II	Read Chapter 6 for next week	Bring COPS To Class	
16	Thu Wed II	Discussion: Chapter 5 Complete Holland Profile Admin Cops	<b>BRING COPS Do Not Start</b>	<b>To Class On Your Own</b>	Start HW#5 in class
17	Tue Wed I	Holland Quiz; Interpret COPS Complete COPS Profile	Assign HW#5 Strong & Cops	Bring COPS To Class	Cont HW#5 In Class
18	Thu Wed II	Values Intro/Exercise	Assign Inf/Intv Read Chapter 7 for Ses 19	<b>HW# 5 Due (Strong/Cops)</b>	Note two due dates Inf/Interview final exempt

Spring	Break	Typically 10 <sup>th</sup> week of Spring			
19	Tue Wed I	Continue Values: Stand/Auction	Assign HW#6 (Values)	<b>Sigi Plus DUE (Mid Term)</b>	Start HW#6 in class
20	Thu Wed II	Complete Values	Read Chpt 8 for next week	<b>HW#6 Due</b>	
21	Tue Wed I	IN Career Center: RESEARCH Complete HW#7 Part A1/2/3 Ahead of time		<b>Grade See Class</b>	<b>Progress? Website!</b>
22	Thu Wed II	Continue in Career Center			HW#7 con <sup>1</sup>
23	Tue Wed I	Preliminary Career Decision Disc Chapter 7/ Non-T careers			
24	Thu Wed II	Present: Academic Advisement, Articulation, Ed Planning	Read Chapter 9, for next week		
25	Tue Wed I	Finish Education Planning	In Career Ctr	Using MAP	HW#7 con <sup>1</sup>
26	Thu Wed II	Discussion: Chapter 9 Goals	Assign HW #8 (Goals) & Read Chapter 10 for next week	<b>HW#7 Due Profile &amp; Ed Plan</b>	Start HW#8 in class
27	Tue Wed I	Discussion Chapter 10 Empowerment vs. Victimized Visualization/Board of Directors			
28	Thu Wed II	Overcoming Barriers/Complete Chapter 10, Intro Chapter 11	Assign: Read Chapter 11	<b>HW#8 Due (Goals)</b>	
29	Tue Wed I	Discuss Chapt 11; Letters; Resume /Info Inter/ Networking		<b>Info Inter Due Final exempt</b>	<b>For possible consideration</b>
30	Thu Wed II	Interview Preparation			
31	Tue Wed I	Begin Oral Report Info Interview		<b>Info Inter Due Final(duedate2)</b>	<b>WILL Take No exceptions</b>
32	Thu Wed II	Oral Report cont: Info Interview Course Review/Final Exam Prep		Teacher evals	collected
	Day Varies	<b>FINAL EXAM</b>	<b>Note Time</b>	<b>Is different for</b>	<b>Final Exam</b>

\*Please note: This SCHEDULE is similar from semester to semester for class topics and assignments. Schedule & topics do vary some to keep course timely, fresh, and specific to the calendar for that term. **TERM specific version posted on Black Board by Semester. Oral Reports Session normally Spring term only as it is one week longer.**

Note I: Individual students who are part of the college special services program may, at your discretion and interest, discuss possible accommodations. Accommodations must be verified well in advance.

ALL students are encouraged to discuss any difficulties with class, attendance, homework directly with me. NOTE: Applied Psychology Professors are also counselors for academic advisement, career, and personal counseling. The appointment process is as follows: **call 582-4572 on MONDAY morning for appointment the following week (not that same week).** If you have difficulty making an appointment, see me after class OR email me! [dbarr@saddleback.edu](mailto:dbarr@saddleback.edu).

Among the goals for this class: **LEARN and ENJOY!** It will only happen with **YOUR real effort.** The ultimate goal is for **your effort** to assist you toward an enjoyable life & career voyage!

**It's YOUR CHOICE! TAKE CHARGE!**

Doug Barr, Rev 2010