

Saddleback College
Applied Psychology 140
Educational & Vocational Planning
3 unit course



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I. Course Description: This course is designed to increase a student's success in college by providing the skills necessary to reach his/her educational goals. Topics will include personal inventories, educational planning, life skills and personal issues that come up for students. Applied Psychology 140 is a 3 unit course which satisfies Area E of the CSU – California State University GE Breadth Requirements and meets GE Requirements for the AA Degree under Group A: Life Skills.

II. Required Texts and Instructional Materials:

Your Guide To College Success, Concise 3rd Edition By: Santrock/Halonen

Saddleback College Catalog – To be purchased in the student book store.

Personal Inventory Test Packet. – We will go together as a class to purchase these materials in the Career Center. Date of purchase and cost of test packet to be announced during first week of class.

III. Who can benefit from this course? Any student who wants to experience a great start in college and who wants to define his/her personal, career and academic goals. This course is highly recommended for first semester or returning students who want to acquire the necessary tools to achieve academic success in college. Specifically, it is for those who need help with:

- Planning your student education plan
- Deciding your major
- Selecting a four year university or college
- Identifying a career
- College success strategies

IV. Objectives: Upon completion of this course, you will:

- Be able to explain how you are responsible for your success in college.
- Describe ways you can create a satisfying and successful college experience.
- Communicate your needs effectively to professors, counselors, and peers.
- Have an academic plan, including prerequisite course requirements for general education, associate degree, and transfer to a four-year university.
- Demonstrate familiarity with Saddleback College programs and services.

V. Attendance: Students are expected to attend every class session. Three or more absences will affect your final grade. You are asked to discuss unavoidable absences with me. It is your responsibility to keep current on all class activities and assignments.

VI. How to speak to me outside class time: You may make an appointment to speak to me about any personal, academic and/or educational issues by calling 582-4572. All information shared is strictly confidential. You may also make a counseling appointment by calling or by going to the counseling center located on the first floor of the Student Services Center (SSC bldg), room #167. Walk-in counseling is also available if you have a quick question or want to speak to me briefly. You may ask the secretary in the front desk to inform you of my specific walk-in time.

VII. Grading and Evaluation:

Class Attendance and Participation	400 points
Presentation of Personal Collage	100 points
Scavenger Hunt	100 points
Personality Paper	100 points
Student Academic Plan	100 points
Career Research & Oral Presentation	200 points
Mid Term Exam	100 points
Final Exam	<u>100 points</u>
Total points possible:	1200

A =	90-100	percent of total points
B =	80-89	percent of total points
C =	70-79	percent of total points
D =	60-69	percent of total points
F =	0-59	percent of total points