1. From despair to liberation: “While the mood of despair pervaded much of the postwar era, a second, more positive spirit fueled movements for liberation in many parts of the world. Movements to reform conditions of oppression and inequality ranged from anti-colonial drives for independence from foreign control to crusades for ethnic self-identity, and from fierce demands for racial and gender equality to counterculture attacks on prevailing social norms.”

2. Beah Richards --- bridge between existentialism and social responsibility. A life of love and commitment. The very embodiment of self-actualization and the struggle for human dignity. ---- “You are self-created!”

3. Historical overview

4. Anti-colonialism

5. Pan-Africanism

6. Franz Fanon  *Black Skins, White Masks*
7. India

8. Mohandas K. Gandhi

9. Henry David Thoreau, Leo Tolstoy, Gospels

10. eros, philia, agape

11. Satyagraha

12. Ahimsa

13. China

14. Mao Tse Tung
15. Ho Chi Minh & Vietnam

16. Ho Chi Minh

17. Latin America

18. Liberation theology

19. Pablo Neruda’s United Fruit Company

20. United States

21. Jim Crow

22. Up South
23. Jazz and Blues

24. The Harlem Renaissance

25. Langston Hughes

26. Paul Robeson

27. Gwendolyn Brooks

28. Richard Wright

29. The American Civil Rights Movement

30. Martin Luther King
31. Malcolm X

32. Ralph Ellison

33. Alice Walker

34. Toni Morrison

35. Marcus Garvey

36. South African Apartheid

37. Nelson Mandela

38. Amandla!