SADDLEBACK COLLEGE - Human Services Certificates

A minimum grade of “C” is a required passing grade for ALL courses to receive a Human Services certificate. All courses are 3 units except the Field Instruction Seminars I and II, which are 3.5 units. Also, the Mental Health Worker Certificate Cooperative Work Experience (CWE) is 2 units. The CORE Courses are prerequisites for the Field Instruction and Seminar I (HS 110) and must be completed BEFORE a student can apply to HS 110. All students are encouraged to being your academic journey with HS 100 – Introduction to Human Services.

<table>
<thead>
<tr>
<th>Course ID</th>
<th>Core Courses</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 100</td>
<td>Introduction to Human Services</td>
<td>3</td>
</tr>
<tr>
<td>HS 120</td>
<td>Human Development in the Social Environment</td>
<td>3</td>
</tr>
<tr>
<td>HS 140</td>
<td>Group Leadership and Group Process</td>
<td>3</td>
</tr>
<tr>
<td>HS 170</td>
<td>Alcohol and Other Drugs in Our Society</td>
<td>3</td>
</tr>
<tr>
<td>HS 285</td>
<td>Ethical Issues/Client’s Rights</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Total units</strong></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>

Alcohol & Drug Studies – 37 units
The student integrates theory and practical experience in developing skills necessary to work with the families and individuals affected by Substance Use Disorders.

HS 171 Substance Abuse: Intervention, Treatment ●
HS 172 Physiological Effects and Pharmacology of Alcohol & Drugs ●
HS 174 Case Administration, Crisis Intervention and Referral ● ●
HS 176 Co-occurring Disorders ▲ ■
HS 110 Field Instruction and Seminar I (Prerequisite: Core Courses) ● 3.5 units
HS 150 Field Instruction and Seminar II 3.5 units (Prerequisite: HS 110) ●

Restricted Electives: Completion of one Elective
HS 128 Community-Based Corrections ▲
HS 131 Multicultural and Div. Pop. in the US ■
HS 175 Sub. Abuse Ed. Prev. and Intervention ■ ●
HS 177 Family Dynamics of Addiction and Abuse ■
HS 182 Sub. Abuse Treatment/Children & Adolescents ■
HS 112 Conflict Resolution/Mediation ▲
HS 220 Benefits and Entitlement ■

Community-Based Corrections – 37 units
The Community-Based Program provides the student with an introduction to the Human Services behavioral core skills with an emphasis on working in Community-Based correctional settings.

HS 37 Introduction to Criminology ● ■
HS 119 Introduction to the Criminal Justice System ●
HS 128 Community-Based Corrections ▲
HS 187 Juvenile Violence, Gangs and Victimization ▲
HS 110 Field Instruction and Seminar I (Prerequisite: Core Courses) ● 3.5 units
HS 150 Field Instruction and Seminar II 3.5 units (Prerequisite: HS 110) ●

Restricted Electives: Completion of one Elective
HS 131 Multicultural and Div. Pop. in the US ■
HS 174 Case Administration, Crisis Intervention and Referral ■
HS 176 Co-occurring Disorders ▲ ■
HS 177 Family Dynamics of Addiction and Abuse ■
HS 110 Field Instruction I (Prerequisite: Core) ● 3.5 units
HS 150 Field Instruction II (Prerequisite: HS 110) ● 3.5 units

Human Services Generalist - 37 units
The Human Services Generalist program is designed to provide the student with both a historical and current perspectives of basic human services issues across the life span.

HS 131 Multicultural & Div. Pop ■
HS 174 Case Admin, Crisis Intervention ■●
HS 176 Co-Occurring Disorders ▲■
HS 177 Family Dynamics of Addiction/Abuse ■
HS 110 Field Instruct. I (Prerequisite: Core) ● 3.5 units
HS 150 Field Instruct II (Prerequisite: HS 110) ● 3.5 units

Mental Health Worker – 29 units

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
<th>Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 100</td>
<td>HS 177</td>
<td>CWE 180 - all courses</td>
</tr>
<tr>
<td>HS 120</td>
<td>HS 174</td>
<td>must be completed before</td>
</tr>
<tr>
<td>HS 176</td>
<td>HS 131</td>
<td>enrolling in the CWE 180.</td>
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<tr>
<td>HS 285</td>
<td>HS 140</td>
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<tr>
<td>HS 220</td>
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</tbody>
</table>

ONLINE COURSES: EATING DISORDERS (ED) – HS 181-Intro. to Eating Disorders  HS 184-Medical Aspects of ED  HS 185 Background and Treatment of Eating Disorders

SYMBOLS following courses indicate semesters offered ● Both Fall & Spring; ▲ Fall only; ■ Spring only; ◙ possibly summer; ■ on-line. Check the college schedule on-line.

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