Emeritus Institute
Schedule of Classes

Summer Session 2015
Instruction Begins May 26
www.saddleback.edu/emeritus
Dear Emeritus Students and Community,

Thank you for making Saddleback College’s Emeritus Institute the First Choice for Lifelong Learning in South Orange County. The Emeritus Institute’s mission is to offer academically-rigorous, mentally-stimulating, socially-engaging, and physically-strengthening classes for older adult students throughout South Orange County. With this goal, we are thrilled to be starting the Summer 2015 Session and to be offering nearly 20 percent more class sections than we offered last summer.

Over the past couple of years, funding for non-credit, lifelong learning courses through the California Community College system was in jeopardy. However, I am pleased to report this threat has significantly dissipated. Additionally, the South Orange County Community College District Board of Trustees and Saddleback College’s administration actively support the continuation and growth of the Saddleback College Emeritus Institute.

Just as many of you played a significant role in petitioning California’s leadership for the preservation of Emeritus Institute classes, I am asking for your assistance in another matter. California Community Colleges receive State funding (also known as apportionment) for non-credit classes via a process called Positive Attendance recording. Positive attendance tracks the number of students who attend each class session.

We are asking for your help in the following manner: please, spread the word that attending class is one of the best ways to show your support for the Emeritus Institute. A commitment to attend every class session for which you register will directly impact the financial health of both the Emeritus Institute and Saddleback College. Together, we can demonstrate our appreciation for the Emeritus Institute in the most tangible and educational of ways: by regularly engaging in lifelong learning through consistent attendance of classes.

Finally, I personally want to thank those of you who have welcomed me into the Emeritus Institute. I have greatly enjoyed hearing many stories of how our classes have positively benefited your lives. It is a pure joy to be guiding and growing our repertoire of excellent class offerings and to continue building mutually-beneficial partnerships with our over two-dozen teaching sites throughout South Orange County.

Thank you again for your continued participation, enrollment, and support of the Emeritus Institute. Have a wonderful summer!

Dan Predoehl, M.Ed
Director
Emeritus Institute

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   *Inside back cover

On the cover:

Blue Lakeshore —
photograph by
Olivia Gaffney

“This photograph is of Yellowstone Lake. I am honored my photograph was chosen. I took up photography as a hobby and my interest has been growing ever since. Long live the Emeritus Institute!”
EMERITUS INSTITUTE SUMMER SESSION 2015

The Emeritus web page address: www.saddleback.edu/emeritus

The mission of the Saddleback College Emeritus Institute is to provide academically-rigorous, mentally-stimulating, socially-engaging, and physically-strengthening classes for older adult students throughout South Orange County.

On-campus office: HS Building, Rm 244 .......................................................... (949) 582-4835
Off-campus office: Laguna Woods Village,
Clubhouse 4, Laguna Woods .......................................................... (949) 770-9669

NO CLASS Monday, May 25, 2015, Memorial Day.
Monday-only classes will start June 1, 2015.
All other classes start week of May 26, 2015.

APPLICATION (Now being accepted for the Summer 2015 Session)
The one-page Emeritus Institute Application is available from:
• The Emeritus web page: www.saddleback.edu/emeritus.
• The inside back cover of any Emeritus Institute Schedule of Classes.
• The Saddleback College Emeritus Offices (HS 244 & Laguna Woods Village CH4).
• All Emeritus Institute hosting facilities.

REGISTRATION You may register for classes once your assigned registration period begins. To obtain your registration information:
• CONTINUING EMERITUS STUDENTS: Log into MySite on or after March 16, 2015 at www.saddleback.edu, click on My Information, and then click on Appointments to view the start date of your registration period. Make sure correct semester is indicated.
• NEW (or Former) EMERITUS STUDENTS: Once the Admissions Office processes your application, you will be sent an email which contains your registration information.

SUMMER REGISTRATION DATES
March 16 Registration Appointments Posted in MySite.
May 4-6 Registration opens for Emeritus Students.

When registering online, carefully follow the Online Registration Instructions (see pg. 6).

IN-PERSON REGISTRATION ASSISTANCE
NEW! In addition to online registration, Saddleback College A&R representatives will be available for IN-PERSON REGISTRATION at two different facilities and on several different dates! See details below:

<table>
<thead>
<tr>
<th>Location</th>
<th>Registration Dates</th>
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<tbody>
<tr>
<td>Norman P. Murray Community &amp; Senior Center</td>
<td>May 13 &amp; 14, Wednesday &amp; Thursday, 9:00am – 1:00pm</td>
</tr>
<tr>
<td>Laguna Woods Village</td>
<td>MAY 18-22; 26-29 &amp; JUNE 1</td>
</tr>
<tr>
<td></td>
<td>8:30am – 1:30pm</td>
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<tr>
<td></td>
<td>Week: 5/18-5/22: Monday – Friday</td>
</tr>
<tr>
<td></td>
<td>Week: 5/26-5/29: Tuesday – Friday</td>
</tr>
<tr>
<td></td>
<td>and Monday, 6/1</td>
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</tbody>
</table>
|                                  | At the Laguna Woods Village Community Center, 24351 El Toro Road, Laguna Woods, 92637, from Monday, May 18 – Friday, May 22; Tuesday, May 26 – Friday, May 29, and Monday, June 1. Hours are 8:30 am – 1:30 pm. Passes will NOT be mailed. Students registering late will need to have a Saddleback Emeritus Institute Parking Pass Application Form completed by a Saddleback College staff member before purchasing a parking pass. This form is available by calling either Emeritus Institute office.

EMERITUS INSTITUTE SUMMER 2015 ACADEMIC CALENDAR

May 25 .....................Memorial Day - No Class
May 26 .....................Classes Begin
July 3 .....................Independence Day Holiday - No Class
July 19 .....................Emeritus Summer Session Ends

FEES
At this time, all Emeritus courses are zero unit, non-credit courses and carry no unit fees. Some courses do require a materials fee. All fees must be paid at the time of registration. VISA, Discover or MasterCard will be accepted for Internet registration. Payment must be received within FIVE business days to avoid cancellation of your classes. Only checks or money orders will be accepted at all off-campus sites; no cash or credit cards.

MATERIALS FEE
Students must pay any “Materials Fee” as stated in the Schedule of Classes, at the time of registration. Additional supply fees may be required.

REFUND DEADLINE
Classes must be dropped by May 30, 2015 to receive a refund.

LAGUNA WOODS VILLAGE PARKING PASSES

STUDENT PARKING FEE
Laguna Woods Village (LWV) requires non-resident students who drive a vehicle into the community to pay a “Student Parking Pass Fee,” which is $10 per vehicle for the summer; however, there are no refunds for parking passes. Students carpoolsing into the LWV Community will not need a Parking Pass. Students walking in will need to arrange for “GATE CLEARANCE” with an Emeritus staff member.

PAYMENT / PICK-UP
Student Parking Passes will be available for payment and pick-up at the Laguna Woods Village Community Center, 24351 El Toro Road, Laguna Woods, 92637, from Monday, May 18 – Friday, May 22; Tuesday, May 26 – Friday, May 29, and Monday, June 1. Hours are 8:30 am – 1:30 pm. Passes will NOT be mailed. Students registering late will need to have a Saddleback Emeritus Institute Parking Pass Application Form completed by a Saddleback College staff member before purchasing a parking pass. This form is available by calling either Emeritus Institute office.

Throughout the registration period, computers are available for online registration at the Saddleback College Campus, 28000 Marguerite Pkwy, Mission Viejo, 92692. You may go to the Admissions & Records Office in the Student Services Center, Rm. 102 (SSC 102). Hours of operation are: Monday through Thursday, 9 am to 6 pm; Friday, 9 am to 12 noon.
EMERITUS ACCOUNTING

ACCT 229X IMPROVING INVESTMENT 0 Units PERFORMANCE (EI)
Focuses on maximizing investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation, and growth of financial assets.
12365 10:00AM-11:55 M Meyerson, R. LWV5 MPR1
NEW: The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods.
10335 01:00PM-02:55 Th Sinclair, W. LWV1 MPR
The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

ACCT 232X STOCKS AND BONDS MANAGEMENT (EI) 0 Units Discusses the dynamics of global economics, stock and bond markets, and mutual funds with an emphasis on helping investors develop an informed and strategic investment philosophy.
10200 01:30PM-03:25 M Meyerson, R. LWV1 ART The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

EMERITUS ART

EMERITUS ART HISTORY AND THEORY (FINE ARTS)

ART 25X ART HISTORY (EI) 0 Units Surveys the history of Western art. Focuses on major works and artists of lasting significance from the prehistoric to modern times.
12370 12:30PM-02:25 MW Femalde, T. LWV5 MPR2
NEW: The above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 2, Laguna Woods.
10325 01:00PM-02:55 T TH Redfield, M. NOR COM The above class meets at Norman P. Murray Senior and Community Center, Mission Viejo.

EMERITUS ART (CERAMICS)

Emeritus Art students please note: Additional art supplies may be required.

ART 10X CERAMICS HANDBUILDING (EI) 0 Units A practical and historical introduction to the ceramics process. The course will include handbuilding, trimming and finishing, firing and glazing. Materials fee of $8.00 payable at registration.
10330 09:00AM-11:55 M Elizalde-Henson, S. LWV4 CER The above class meets at Laguna Woods Village Clubhouse 4, Ceramics Room, Laguna Woods.

ART 12X INTERMEDIATE CERAMICS (EI) 0 Units Rec Prep: ART 10X. Covers theory, materials, and techniques of ceramics at an intermediate level. Includes design-forming techniques, the potter’s wheel, glazing, and firing. Materials fee of $8.00 payable at registration.
10520 09:00AM-11:55 T Young, S. LWV4 CER The above class meets at Laguna Woods Village Clubhouse 4, Ceramics Room, Laguna Woods.

ART 14XA BEGINNING CERAMICS-SLIPCASTING (EI) 0 Units Includes theory and techniques in low fire ceramics including pouring slip into molds (slipcasting), finishing, carving, and firing; underglaze, glaze, overglaze applications. Materials fee of $5.00 payable at registration.
10510 01:00PM-03:55 W Elizalde-Henson, S. LWV4 SLP The above classes meet at Laguna Woods Village Clubhouse 4, Slipcasting Room, Laguna Woods.

ART 14XB INTERMEDIATE CERAMICS-SLIPCASTING (EI) 0 Units Covers theory and techniques in low fire ceramics including pouring slip into molds (slipcasting), finishing, carving, and firing; underglaze, glaze, overglaze applications. Materials fee of $5.00 payable at registration.
10435 09:00AM-11:55 Th Elizalde-Henson, S. LWV4 SLP The above classes meet at Laguna Woods Village Clubhouse 4, Slipcasting Room, Laguna Woods.

EMERITUS ART (DRAWING)

Emeritus Art students please note: Additional art supplies may be required.

ART 41X ART MEDIA STUDIES (EI) 0 Units Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2 D and 3 D art forms. Materials fee of $10.00 payable at registration.
13095 09:00AM-11:50 W Lommatsch Barrett, C. LWV1 ART The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

ART 33XB INTERMEDIATE ENAMELING (EI) 0 Units Rec Prep: ART 33XA. A studio course emphasizing traditional and contemporary concepts, processes, and techniques in enameling at an intermediate level. Materials fee of $15.00 payable at registration.
13075 09:00AM-11:50 WTH Nielsen, M. LWV4 JLY NEW: The above class meets at Laguna Woods Village, Clubhouse 4, Jewelry Classroom, Laguna Woods.

ART 35XA BEGINNING STAINED GLASS (EI) 0 Units Fundamental approach for working with stained glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous ‘cold glass’ courses. Materials fee of $10.00 payable at registration.
10235 09:00AM-11:50 MTH Takizawa, H. LWV4 LAP The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.

ART 35XB ADVANCED STAINED GLASS (EI) 0 Units Rec Prep: ART 35XA. Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous ‘cold glass’ courses. Materials fee of $10.00 payable at registration.
14845 01:00PM-03:50 MF Takizawa, H. LWV4 LAP The above class meets at Laguna Woods Village, Clubhouse 4, Lapidary Classroom, Laguna Woods.

EMERITUS ACCOUNTING

ACCT 232X STOCKS AND BONDS MANAGEMENT (EI) 0 Units Discusses the dynamics of global economics, stock and bond markets, and mutual funds with an emphasis on helping investors develop an informed and strategic investment philosophy.
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10510 01:00PM-03:55 W Elizalde-Henson, S. LWV4 SLP The above classes meet at Laguna Woods Village Clubhouse 4, Slipcasting Room, Laguna Woods.

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10435 09:00AM-11:55 Th Elizalde-Henson, S. LWV4 SLP The above classes meet at Laguna Woods Village Clubhouse 4, Slipcasting Room, Laguna Woods.

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ART 41X ART MEDIA STUDIES (EI) 0 Units Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2 D and 3 D art forms. Materials fee of $10.00 payable at registration.
13095 09:00AM-11:50 W Lommatsch Barrett, C. LWV1 ART The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

See page 8 for class location addresses and map.
<table>
<thead>
<tr>
<th>Ticket</th>
<th>Time</th>
<th>Days</th>
<th>Instructor</th>
<th>Room</th>
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<tbody>
<tr>
<td>ART 59X</td>
<td>INTERMEDIATE/ADVANCED WATERCOLOR (EI)</td>
<td>0 Units</td>
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</table>

Rec Prep: ART 58X. Incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An emphasis will be placed on individual exploration with the medium.

Materials fee of $5.00 payable at registration.

10280  01:00PM-03:55  W Stonick, L  LWV1 MPR

The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

### EMERITUS ART (DRAWING)

Emeritus Art students please note: Additional art supplies may be required.

**ART 80X** BEGINNING SKETCHING (EI)  0 Units

Basic drawing techniques with emphasis on individual artistic expression. Still life, student model, and location work will be done in the classical media of pencil, charcoal, and pastel.

Materials fee of $5.00 payable at registration.

14600  09:00AM-11:55  M Alvarez, J  LWV1 MPR

**NEW:** The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

14725  01:00PM-03:55  T Stonick, L  SCL SNR

The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.

10370  01:00PM-02:25  MW Jekabsons, I  NOR COM

The above class meets at Norman P. Murray Senior and Community Center, Juniper Room, Mission Viejo.

10395  01:00PM-03:55  F Alvarez, J  LWV1 MPR

The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

### EMERITUS ART (PAINTING)

Emeritus Art students please note: Additional art supplies may be required.

**ART 50X** BEGINNING PAINTING IN OIL/ACRYLIC (EI)  0 Units

Using painting materials and techniques, students learn the basic elements of drawing, color, & design. Emphasizes individual style and expression.

Materials fee of $5.00 payable at registration.

10185  09:00AM-11:55  M Jekabsons, I  LWV4 ART

The above class meets at Laguna Woods Village, Clubhouse 4, Art Gallery, Laguna Woods. Emphasis is on oil painting.

10470  09:00AM-11:55  T Jekabsons, I  LWV1 ART

The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.

**ART 52X** ADVANCED PAINTING IN OIL/ACRYLIC (EI)  0 Units

Rec Prep: ART 51X. Designed for students who have a working knowledge of painting principles and wish to proceed in understanding individual application of their skills.

10140  09:00AM-11:55  F Jekabsons, I  LWV1 MPR

The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

**ART 53X** PAINTING IN SUBJECT AREAS (EI)  0 Units

Rec Prep: ART 52X. Provides theory and demonstration of material and techniques in a variety of subject matter and art mediums. Various exercises in the use of material, composition, perspective, and values.

10380  01:00PM-03:55  M Rogers Cloud, R  CITY DP

The first class meeting will be on MONDAY, JUNE 1, 2015 at Dana Point Community Center Room C. The remaining classes will then meet off-site at various South County locations.

**  **14695  10:00AM-12:55  M Willis, E  LWV COM CTR

The first class (orientation) will be on Monday, June 1, 2015, at 10 am, LWV Community Center, Redwood Room, 24531 El Toro Road, Laguna Woods. Classes then meet off-site at various South County Locations.

**ART 58X** BEGINNING WATERCOLOR (EI)  0 Units

Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored.

Materials fee of $5.00 payable at registration.

10290  09:00AM-11:55  W Stonick, L  LWV1 MPR

The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.

**  **14700  09:00AM-11:55  W Willis, E  LWV3 REHEA

The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods. Emphasis will be on opaques.

**EMERITUS INSTITUTE SCHEDULE OF CLASSES • SUMMER 2015 3**

**VISIT US AT WWW.SADDLEBACK.EDU/EMERITUS**

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**Added After Printing**
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**EMERITUS FASHION**

**FASH 124X** WEARABLE ART (EI) 0 Units
Design and construct a garment incorporating techniques such as applique, surface design, bobbin work, fabric manipulation, dimensional texture and collage. Designed for the older learner.

Materials fee of $15.00 payable at registration.

10780 01:00PM-03:55 M Smith, M. SCL SNR
NEW: The above class meets at Dorothy Visser Senior Center of San Clemente, San Clemente.

10455 09:00AM-11:55 T Smith, M. LWV4 SEW
The above class meets at Laguna Woods Village, Clubhouse 4, Sewing Room, Laguna Woods.

**EMERITUS HEALTH**

**HLTH 503** HEALTH AND FITNESS FOR THE OLDER ADULT (EI) 0 Units
Assesses the physical and mental health processes of aging while stressing the importance of exercise in maintaining independence. Includes diet, nutrition, and disease/injury prevention.

**THESE CLASSES MEET FOR 3 HOURS PER WEEK**

**THE FOLLOWING CLASSES WILL EMPHASIZE AEROBIC EXERCISE TO MUSIC:**

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<tr>
<td>10430</td>
<td>08:00AM-08:50</td>
<td>MWF</td>
<td>Lowe, L.</td>
<td>LHCCSC</td>
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<tr>
<td>10465</td>
<td>08:00AM-08:50</td>
<td>MWF</td>
<td>McReynolds, B.</td>
<td>PALMIA</td>
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<tr>
<td>10315</td>
<td>09:00AM-09:50</td>
<td>MWF</td>
<td>Smith, M.</td>
<td>LWV1 GYM</td>
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<tr>
<td>10485</td>
<td>10:00AM-10:50</td>
<td>MWF</td>
<td>Himes, M.</td>
<td>SCL SNR</td>
</tr>
<tr>
<td>10365</td>
<td>10:30AM-11:20</td>
<td>MWF</td>
<td>Smith, M.</td>
<td>CITY DP</td>
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<tr>
<td>10215</td>
<td>08:00AM-09:00</td>
<td>TTh</td>
<td>Nelson, J.</td>
<td>LHCCSC</td>
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<tr>
<td>10355</td>
<td>08:15AM-09:35</td>
<td>TTh</td>
<td>Messenger, L.</td>
<td>NOR COM</td>
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<tr>
<td>10410</td>
<td>12:00PM-01:20</td>
<td>TTh</td>
<td>Baldonado-Wilkins, E.</td>
<td>LWV1 GYM</td>
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**THE FOLLOWING CLASSES WILL EMPHASIZE AQUATIC FITNESS:**

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<tbody>
<tr>
<td><strong>10195</strong></td>
<td>01:00PM-01:50</td>
<td>MWF</td>
<td>Swanson, R.</td>
<td>NADADORES</td>
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**10300** 12:00PM-12:50 MWF Smith, M. LWV5 POOL

**10499** 01:00PM-01:50 TTh Giertych, P. NADADORES

**10120** 09:30AM-10:55 TTh Roostee, L. LWV1 POOL

14740 10:00AM-11:25 TTh Hastings, R. LWV4 POOL

**THE FOLLOWING CLASSES WILL EMPHASIZE BALANCE AND MOBILITY:**

10390 09:30AM-10:50 WF Tait, M. FS SEN CTR

**THE FOLLOWING CLASSES WILL EMPHASIZE BEGINNING CHAIR EXERCISES:**

10460 09:15AM-10:05 MWF McReynolds, B. COV

10445 10:30AM-11:20 MWF Swanson, R. SC PRES CH

10190 11:00AM-11:50 MWF Lowe, L. LWV1 GYM

**THE FOLLOWING CLASSES WILL EMPHASIZE INTERMEDIATE CHAIR EXERCISES:**

10515 10:30AM-11:20 MW Roostee, L. PALMIA

11:30AM-12:20 F Roostee, L. PALMIA

**THE FOLLOWING CLASSES WILL EMPHASIZE CIRCUIT TRAINING:**

10405 06:45AM-07:35 MWF Lowe, L. LWV1 EQP

10415 12:00PM-12:50 MWF Lowe, L. LWV1 EQP

10385 06:00PM-07:20 TTh Roostee, L. LWV1 EQP

**THE FOLLOWING CLASSES WILL EMPHASIZE PILATES CONDITIONING:**

10440 09:00AM-09:50 MWF Lowe, L. LHCCSC

**THE FOLLOWING CLASSES WILL EMPHASIZE SEQUENTIAL STRETCHING:**

10425 10:00AM-10:50 MWF Lowe, L. LWV1 GYM

**THE FOLLOWING CLASSES WILL EMPHASIZE YOGA FITNESS:**

10420 09:00AM-10:25 TTh Ward, M. SCL SNR

10240 09:30AM-10:50 TTh Nelson, J. LHCCSC

10375 09:30AM-10:50 TTh Fong, F. LWV1 GYM

10220 01:00PM-02:20 TTh Ward, M. NOR COM

10350 01:00PM-02:20 WF Ward, M. PALMIA

**THE FOLLOWING CLASSES WILL EMPHASIZE HEALTHY AGING FOR THE OLDER ADULT (EI)**

Various health related topics and safe, beneficial exercises intended to promote general health and fitness for older adults will be introduced and discussed. Each class will incorporate information, discussion, and implementation strategies.

**THESE CLASSES MEET FOR 2 HOURS PER WEEK**

**THE FOLLOWING CLASSES WILL EMPHASIZE AEROBIC EXERCISE TO MUSIC:**

10250* 04:15PM-06:05 T Nelson, J. SCL SNR

**THE FOLLOWING CLASSES WILL EMPHASIZE AEROBIC EXERCISE & NUTRITION:**

14860* 04:15PM-06:05 M Nelson, J. SCL SNR

**THE FOLLOWING CLASSES WILL EMPHASIZE BALANCE AND MOBILITY:**

10840* 09:00AM-10:50 M Tait, M. SCL SNR

**THE FOLLOWING CLASSES WILL EMPHASIZE BEGINNING CHAIR EXERCISES:**

10270 10:30AM-11:20 TTh Baldonado-Wilkins, E. REGENCY

10275 10:30AM-11:20 TTh Giertych, P. NOR COM

10475 11:00AM-11:50 TTh Roostee, L. LWV1 GYM

**THE FOLLOWING CLASSES WILL EMPHASIZE CIRCUIT TRAINING:**

13195* 12:00PM-12:50 TTh Rigali, R. LWV1 EQP

**THE FOLLOWING CLASSES WILL EMPHASIZE PILATES CONDITIONING:**

14850* 01:00PM-01:50 M Lowe, L. LWV1 GYM

02:00PM-02:50 W Lowe, L. LWV1 GYM

12385* 02:00PM-03:50 M Fong, F. LWV1 GYM

10490 11:30AM-12:20 TTh Nelson, J. FIRE STA

**THE FOLLOWING CLASSES WILL EMPHASIZE SEQUENTIAL STRETCHING:**

12390* 06:30AM-07:25 TTh Roostee, L. LWV1 GYM

10265* 08:00AM-09:50 T Baldonado-Wilkins, E. NOR COM

13200* 12:00PM-01:50 F Rigali, R. LWV1 GYM

10845* 12:30PM-02:20 F Lowe, L. & Tarantola, L. AV Library

10845 emphasizes sequential stretching & nutrition

*Online registration instructions are on Page 6.*

**UPDATED TIME FROM PRINTED SCHEDULE**
<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSC 105X</td>
<td>CONSUMER HEALTH ISSUES (EI)</td>
<td>0 Units</td>
<td>Promotes awareness and informed decision making in regard to health issues, including health insurance, frauds, legislation, selection of doctors, pharmacists and health care agencies.</td>
<td></td>
</tr>
<tr>
<td>14745</td>
<td>10:00AM-11:50</td>
<td>TTh</td>
<td>Donelson, S.</td>
<td>FS SEN CTR</td>
</tr>
<tr>
<td><strong>NEW:</strong> The above class meets at Florence Sylvester Memorial Center, Laguna Hills.</td>
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**EMERITUS HISTORY**

<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIST 275X</td>
<td>CONTEMPORARY MIDDLE EAST (EI)</td>
<td>0 Units</td>
<td>Major political, economic, and social institutions and movements of the Middle East from World War I to the present. Designed for the older adult interested in our current involvement and future direction in the Middle East.</td>
<td></td>
</tr>
<tr>
<td>10500</td>
<td>10:00AM-11:55</td>
<td>T</td>
<td>Wilbourn, C.</td>
<td>LWV1 MPR</td>
</tr>
<tr>
<td>The above class meets at Laguna Woods Village, Clubhouse 1, Multipurpose Room, Laguna Woods.</td>
<td></td>
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<td></td>
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</tr>
</tbody>
</table>

**EMERITUS HUMANITIES**

<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>HUM 204X</td>
<td>MODERN WORLD CULTURE: 1700-PRESENT (EI)</td>
<td>0 Units</td>
<td>Studies characteristically modern ideas/feelings about a variety of important human experiences represented in literature, arts, and philosophy. Designed for the older adult interested in the development of new attitudes about the human community.</td>
<td></td>
</tr>
<tr>
<td>13210</td>
<td>01:00PM-02:50</td>
<td>W</td>
<td>Binder, G.</td>
<td>LWV5 MPR1</td>
</tr>
<tr>
<td>01:00PM-02:50</td>
<td>F</td>
<td>Binder, G.</td>
<td>LWV5 MPR2</td>
<td></td>
</tr>
<tr>
<td><strong>NEW:</strong> On Wednesday, the above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 1, Laguna Woods. On Friday, the above class meets at Laguna Woods Village, Clubhouse 5, Multipurpose Room 2, Laguna Woods.</td>
<td></td>
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**EMERITUS MUSIC**

<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>MUS 80X</td>
<td>VOICE AND RHYTHMS (EI)</td>
<td>0 Units</td>
<td>Emphasizes vocal techniques including tone production, breath control, and pronunciation as well as music literature. Performance at end of semester. For older learners.</td>
<td></td>
</tr>
<tr>
<td>10245</td>
<td>01:00PM-02:50</td>
<td>W</td>
<td>Jacobs, L.</td>
<td>NOR COM</td>
</tr>
<tr>
<td>The above class meets at Norman P. Murray Senior and Community Center, Mission Viejo.</td>
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</tr>
</tbody>
</table>

**EMERITUS PHOTOGRAPHY**

<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHOT 40X</td>
<td>BEGINNING DIGITAL SHOW PRESENTATIONS (EI)</td>
<td>0 Units</td>
<td>Learn about the technical aspects of using a digital camera and the importance of composition in creating an image. Use still life set ups, models and go on field trips. Learn to download, store, organize and edit images using software programs. Then burn images to discs and email them.</td>
<td></td>
</tr>
<tr>
<td>10130</td>
<td>09:00AM-11:55</td>
<td>T</td>
<td>Mahotka Patterson, K.</td>
<td>LWV4 PHO</td>
</tr>
<tr>
<td>The in-depth class is for the more experienced learners and meets at Laguna Woods Village, Clubhouse 4, Photography Classroom, Laguna Woods. Students should have basic computer skills.</td>
<td></td>
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**EMERITUS POLITICAL SCIENCE**

<table>
<thead>
<tr>
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<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPAN 214X</td>
<td>CURRENT ISSUES IN GOVERNMENT (EI)</td>
<td>0 Units</td>
<td>Exploration of current events and issues on global, national, and local levels. Problem areas include crime, economics, social services loads, environment, terrorism, and conflicts. Focuses on the impact of these events on the lives of older adults.</td>
<td></td>
</tr>
<tr>
<td>10505</td>
<td>01:00PM-02:55</td>
<td>M</td>
<td>Gounev, V.</td>
<td>FS SEN CTR</td>
</tr>
<tr>
<td><strong>NEW:</strong> The above class meets at Florence Sylvester Memorial Center, Laguna Hills.</td>
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**EMERITUS SPANISH**

<table>
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<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPAN 231X</td>
<td>INTERMEDIATE PRACTICAL SPANISH (EI)</td>
<td>0 Units</td>
<td>Rec Prep: SPAN 230X. Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded.</td>
<td></td>
</tr>
<tr>
<td>10360</td>
<td>09:30AM-11:20</td>
<td>M</td>
<td>Font, A.</td>
<td>LWV3 REHEA</td>
</tr>
<tr>
<td>10:00AM-11:50</td>
<td>Th</td>
<td>Font, A.</td>
<td>LWV3 REHEA</td>
<td></td>
</tr>
<tr>
<td><strong>NEW:</strong> The above class meets at Laguna Woods Village, Clubhouse 3, Rehearsal Room, Laguna Woods.</td>
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**EMERITUS HEALTH SCIENCE**

<table>
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<tr>
<th>ticket</th>
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<th>instructor</th>
<th>room</th>
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</thead>
<tbody>
<tr>
<td>PHIL 230X</td>
<td>INTRODUCTION TO PHILOSOPHY (EI)</td>
<td>0 Units</td>
<td>An introduction to some of the enduring issues in human philosophy, helps older adult students cultivate the skills of critical thinking and rational discourse.</td>
<td></td>
</tr>
<tr>
<td>10295</td>
<td>10:00AM-11:55</td>
<td>M</td>
<td>Binder, G.</td>
<td>LWV1 ART</td>
</tr>
<tr>
<td>The above class meets at Laguna Woods Village, Clubhouse 1, Art Room, Laguna Woods.</td>
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</tbody>
</table>

**EMERITUS PHILOSOPHY**

<table>
<thead>
<tr>
<th>ticket</th>
<th>time</th>
<th>days</th>
<th>instructor</th>
<th>room</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS 214X</td>
<td>CURRENT ISSUES IN GOVERNMENT (EI)</td>
<td>0 Units</td>
<td>Exploration of current events and issues on global, national, and local levels. Problem areas include crime, economics, social services loads, environment, terrorist, and conflicts. Focuses on the impact of these events on the lives of older adults.</td>
<td></td>
</tr>
<tr>
<td>10505</td>
<td>01:00PM-02:55</td>
<td>M</td>
<td>Gounev, V.</td>
<td>FS SEN CTR</td>
</tr>
<tr>
<td><strong>NEW:</strong> The above class meets at Florence Sylvester Memorial Center, Laguna Hills.</td>
<td></td>
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</tbody>
</table>

**EMERITUS INSTITUTE SCHEDULE OF CLASSES • SUMMER 2015 5**

**VISIT US AT WWW.SADDLEBACK.EDU/EMERITUS**

**STUDENTS PLEASE NOTE:** If you miss the first class meeting, you may be dropped to make room for others waiting to enroll.
Online Registration Instructions

**IMPORTANT!** Continuing students can enroll in classes any time after the start time and date of their Registration Appointment. New and Former students must first complete and submit a Student Application before they can register for classes.

1. Log on to [www.saddleback.edu](http://www.saddleback.edu)
2. Click MySite.
3. In the Login Name box, type in your Student ID Number and in the Password box, type in your 4-digit PIN Number, then click Login. (See below for PIN Number help.)
4. Click My Classes (on the left side of the screen).
5. Click Register for Classes.
6. Click Add / Drop Classes in the appropriate semester box, the semester you are registering in.
7. Update your records and/or provide requested additions to your information. Click Next.
   **IMPORTANT!** On this page, you may see a message in RED regarding our Student E-mail. You do NOT have to update/confirm your e-mail in order to register for classes! That can be done at a later time. **However, you DO have to answer ALL questions on this page that have a RED ASTERISK by them. Be sure to SCROLL DOWN (AND scroll right, if necessary) to see the entire page of questions.** The most frequently missed questions are:
   - Enter your mobile (cell) phone number or click the down arrow and select “No Mobile Phone.”
   - The “Vocational & Technical Information Act (VTEA)” question: You MUST check one (or more) boxes.
   - Check the box to verify that the correct Social Security number is on file.
   - The “Electronic 1098T” (tax form) question: You MUST click on the down arrow and select “Yes” or “No.”
   If you cannot move forward from this page you have not answered all the questions. Scroll up to read any messages in RED and scroll up and down to look for the questions with RED ASTERISKS, answer them, then click “Next.”
8. Type in the class ticket number, then click Add Class. **VERY IMPORTANT! You must click “Add Class.”** If you hit the “Enter” key instead, you will NOT be enrolled in your class(es)!
   If the class is open, you will see it listed on the screen. If the class is full, this will be stated in RED in the pop-up box. Click the “X” at the top right of the box and continue registration.
9. After you finish entering all class ticket numbers, click Next.
10. Your class fees, if any, will be stated. **IMPORTANT!** To complete your enrollment, you must respond to 2 questions:
   - ASB Stamp? At the bottom left, choose “Yes” or “No” to purchase an ASB Stamp (campus discounts). Click Next.
   - Refund Policy? Whether you have fees or not, you MUST choose the drop-down choice, “I accept the Refund Policy”. If you decline, your enrollment will not be completed. Click Next.
11. The class(es) you have successfully registered for will be listed on the “Registration Confirmation” screen. Be sure all of your classes are listed on this page, print this confirmation, then log out.

**PIN Number Information**
Your PIN number is likely to be one of the following. The month & day of your birthday (example: August 14th, 1945 would be 0814), the month & year of your birthday (example: August 14th, 1945 would be 0845), or the last four digits of your Social Security number. If none of these options work, click “Forgot My PIN” and follow the prompts to answer the secret question. If you see MMDD, type in the month and day of your birthday in a 4-digit format (example: August 14th, 1945 would be 0814) in all three boxes, click “Change PIN”, and you will have successfully reset your PIN!
NEW SUMMER 2015 CLASSES, SECTIONS AND SITE

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Section Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACCT 229</td>
<td>Improving Investment Performance</td>
<td>Page 2, New Section (#12365)</td>
</tr>
<tr>
<td>ART 25X</td>
<td>Art History</td>
<td>Page 2, New Section (#12370)</td>
</tr>
<tr>
<td>ART 33XB</td>
<td>Intermediate Enameling</td>
<td>Page 2, New Section (#13075)</td>
</tr>
<tr>
<td>ART 41X</td>
<td>Art Media Studies</td>
<td>Page 2, New Section (#13095)</td>
</tr>
<tr>
<td>ART 80X</td>
<td>Beginning Sketching</td>
<td>Page 3, New Section (#14600)</td>
</tr>
<tr>
<td>BIO 226X</td>
<td>Birds of the World</td>
<td>Page 3, New Section (#13460)</td>
</tr>
<tr>
<td>ENG 3X</td>
<td>Intro to Creative Writing</td>
<td>Page 3, New Section (#14735 &amp; 13190)</td>
</tr>
<tr>
<td>ENG 52X</td>
<td>Film as Literature</td>
<td>Page 3, New Section (#12380)</td>
</tr>
<tr>
<td>FASH 124X</td>
<td>Wearable Art</td>
<td>Page 4, New Section (#10780)</td>
</tr>
<tr>
<td>HLTH 504</td>
<td>Healthy Aging for the Older Adult</td>
<td>Page 4, Ten New Sections</td>
</tr>
<tr>
<td>HSC 105X</td>
<td>Consumer Health Issues</td>
<td>Page 5, New Class (#14745)</td>
</tr>
<tr>
<td>HUM 204X</td>
<td>Modern World Culture</td>
<td>Page 5, New Class (#13210)</td>
</tr>
<tr>
<td>PS 214X</td>
<td>Current Issues in Government</td>
<td>Page 5, New Class (#10505, 14610 &amp; 14615)</td>
</tr>
<tr>
<td>SPAN 231X</td>
<td>Intermediate Practical Spanish</td>
<td>Page 5, New Class (#10360)</td>
</tr>
</tbody>
</table>

IMPORTANT NOTICE ABOUT PERMITS TO REGISTER

Please be aware that the Permits to Register are no longer mailed to students. Students, follow the steps below to check your registration date and time.

Check Your Registration Appointment Online! (for CONTINUING Students)

1. Go to www.saddleback.edu
2. Click MySite, type in your STUDENT # & PIN # and click LOGIN.
3. Click My Information (on the left of the screen).
4. Click Appointments. Your Registration Date and Time will be on the screen. (Make sure the CORRECT SEMESTER is indicated.)

NOTE: Students cannot register prior to their Registration Appointment Date & Time. For step-by-step “Online Registration Instructions,” see page 10.

If you are a NEW or FORMER Student, you must first complete a Saddleback College Emeritus Institute APPLICATION (inside back cover) and mail it to:

Admissions, Saddleback College, 28000 Marguerite Parkway, Mission Viejo, CA 92692

The completed APPLICATION will create or update a student I.D. number for you, as well as assign a date and time for your registration period to begin. This is what is referred to as the “Registration Appointment.”
### SADDLEBACK COLLEGE EMERITUS INSTITUTE APPLICATION

Please type or print clearly and complete all information with BLACK INK ONLY. Use this form as a worksheet for applying online, or submit it to the Office of Admissions and Records.

**1. Enrollment Status.** Enter number in box.
- 1 = First time in college (after leaving high school).
- 2 = First time at Saddleback or Irvine Valley, have attended another college.
- 3 = Returning student to Saddleback or Irvine Valley after absent for a term.
- 5 = Enrolling in high school (or lower grades) and college at the same time.

**2. This application is for (term / year):**
- FALL
- SPRING
- SUMMER
- 20

**3. Major field of study**
- UNDECIDED

**4. Educational goal:**
- Emeritus = Personal Development

**5. Legal Name**
- Last / Family Name
- First Name
- Middle Name

**5a. Other names you have used.** If none, check box:

**6. * Social Security #**
- __ __ __ __ __ __ __ __ __ __

**7. Date of Birth:**
- Month
- Date
- Year

**8. Preferred Email**
- Registration information will be emailed to you if your email address is provided.

**9. Telephone #**
- ( )

**10. Gender:**
- Male
- Female

**11. Ethnicity.* Are you Hispanic or Latino?**
- Yes
- No

**11a. What is your race / ethnicity?** Circle one or more numbers:
- 2 = American Indian/Alaskan Native
- 3 = Asian: Cambodian
- 4 = Asian: Chinese
- 5 = Asian: Indian
- 6 = Asian: Japanese
- 7 = Asian: Korean
- 8 = Asian: Laotian
- 9 = Asian: Other
- 10 = Asian: Vietnamese
- 11 = Black or African American
- 12 = Central American
- 13 = Asian: Cambodian
- 14 = Hispanic: Other
- 15 = Mexican, Mexican American,
- 16 = Pacific Islander: Guamanian
- 17 = Pacific Islander: Hawaiian
- 18 = Pacific Islander: Other
- 19 = Pacific Islander: Samoan
- 20 = South American
- 21 = White
- 2 = American Indian/Alaskan Native
- 3 = Asian: Cambodian
- 4 = Asian: Chinese
- 5 = Asian: Indian
- 6 = Asian: Japanese
- 7 = Asian: Korean
- 8 = Asian: Laotian
- 9 = Asian: Other
- 10 = Asian: Vietnamese
- 11 = Black or African American
- 12 = Central American
- 13 = Asian: Chinese
- 14 = Hispanic: Other
- 15 = Mexican, Mexican American,
- 16 = Pacific Islander: Guamanian
- 17 = Pacific Islander: Hawaiian
- 18 = Pacific Islander: Other
- 19 = Pacific Islander: Samoan
- 20 = South American
- 21 = White

**12. Legal Address / Residence (Do not use P.O. box or business address.)**
- Number
- Street
- Apt. No.
- City
- State
- ZIP Code
- Country
- I have lived at this address since: Month
- Date
- Year

**13. Mailing Address (if different from legal address)**
- Number
- Street
- Apt. No.
- City
- State / Country
- ZIP / Postal Code

**14. Highest Educational Status.** Enter appropriate number (1–9) and year in boxes below:
- 1 = Earned a U.S. High School diploma.
- 2 = Special student currently enrolled in grade 12 or below.
- 3 = Not a high school graduate; currently enrolled in adult school.
- 4 = Not a high school graduate; last attended high school.
- 5 = Passed the GED or received a certificate of H.S. equivalency.
- 6 = Earned California High School Proficiency Certificate.
- 7 = Earned a Foreign Secondary diploma or certificate of graduation.
- 8 = Earned an Associate’s degree.
- 9 = Received a Bachelor’s or higher degree.

**15. Citizenship Status.** Check appropriate box:
- U.S. Citizen
- Permanent Resident: Alien #: ___________ Issue Date: ___________
- Temporary Resident: Issue Date: ___________ Expiration Date: ___________
- Refugee: Issue Date: ___________
- Asylee: Issue Date: ___________
- Student Visa: Issue Date: ___________ Expiration Date: ___________
- (F1 or M1 Visa)
- Other (Specify): ___________

**16. Place of Birth:**
- City
- State
- Country
- Dates: From ___ To ___
- ___
- ___
- ___
- City
- State
- Dates: From ___ To ___
- ___
- ___
- ___

**17. ** IMPORTANT **My present stay in California began:**
- Month ___ Date ___ Year ___ ___ ___

**Have you been a resident of California for the last two years?**
- Yes
- No

List any additional cities / states you have resided in during the past two years (not including your current legal address):
- City
- State
- Dates: From ___ To ___
- ___
- ___
- ___
- City
- State
- Dates: From ___ To ___
- ___
- ___
- ___

**18. Within the last two years, have you ever —**
- registered to vote in a state other than California?
- Yes
- No
- If yes, what year? ___________

- filed a legal action in a state other than California?
- Yes
- No
- If yes, what year? ___________

- attended a non-California college/university as a resident of that state?
- Yes
- No
- If yes, what year? ___________

- filed as a non-resident for California State Income Tax purposes?
- Yes
- No
- If yes, what year? ___________

**NON-DISCRIMINATION POLICY:** All programs and activities of the South Orange County Community College District shall be operated in a manner which is free of discrimination on the basis of race, color, national origin, ancestry, religion, creed, gender, marital status, sexual orientation, age, handicap or veteran’s status.

**NOTICE TO STUDENTS:** Refusal to provide this information will not be used to deny admission to the college or any of its programs.

If additional information is needed to determine your residency status, you will be required to complete a supplemental residency questionnaire and/or to present evidence in accordance with Education Code Sections 68040 et seq. The burden of proof to clearly demonstrate both physical presence in California and intent to establish California residency lies with the student.

**19. Certification:** I declare under penalty of perjury under the laws of the state of California that all information on this form is correct. I understand that falsification or withholding of information required on this form shall constitute grounds for dismissal.

Signature ___________________________ Date ___________
Founded in 1976, the Saddleback College Emeritus Institute was established to create lifelong learning opportunities, primarily for the older adult. A dynamic and wide array of course offerings, expert instructors truly experienced in their field, and a variety of classes located in the community have made the Emeritus Institute extremely popular, and one of the fastest growing programs at Saddleback College in Mission Viejo throughout the years. As the generations of burgeoning baby boomers become senior citizens, the Emeritus Institute continues to change and offer classes that stimulate intellectual, physical, and creative expression for South Orange County residents.

There are over 170 Emeritus classes offered through the Saddleback College Emeritus Institute that provide lifelong learning experiences in more than 30 different disciplines. These high-quality academic classes are state-approved and available on a non-credit basis. Classes cover a wide range of interests, from accounting, art, crafts, biology, clothing and textiles, English writing and literature, gerontology, health, history, music, photography, physical fitness, Spanish, special services, and theatre. Classes are held in more than 25 off-campus sites from San Clemente in the south to Lake Forest and Laguna Woods to the north, including senior centers, churches, libraries, and community centers.

An integral part of Saddleback College and its educational vision, the Emeritus Institute is a leader in providing challenging and rewarding courses designed for the older adult to accommodate the lifelong learning needs of our community members.

We invite you to be a part of the excitement of lifelong learning. Join the growing number of active adults taking part in the Saddleback College Emeritus Institute.

The Emeritus Advisory Board is made up of adult volunteers and professional representatives from community agencies serving the adult population. By becoming involved as a volunteer, you can make a difference in your life and in the educational standards of your community.

For more information on this exciting program, call the Emeritus Institute at (949) 582-4835.