

## Saddleback College Health Science and Human Services Physical Evaluation and Recommendation

Areas evaluated Normal Abnormal/Findings  Eyes Ears, Nose, Throat Heart, Lungs Spine Range of Motion: Back/Extremities Neurological Status Emotional Status  I certify this student meets the physical standards described in the attached Advisory Statement an Instructions for the Physician or other Licensed Healthcare Provider and is qualified for participations Saddleback College Health Science and Human Services Programs.  Conditionally qualified for program placement: Student must obtain written medical clearance fro physician or other specialist for the following reasons:	plicant Name:		Date	Date of Birth:	
Diminished hearing Diminished vision Shortness of breath on exertion Pain, pressure or tightness in the chest Fainting spells, dizziness or blackouts Excessive weakness or fatigue Epilepsy or seizures Severe depression and/or anxiety Addiction to narcotics, alcohol or other illegal drugs Low back pain or a "slipped dise" Joint pain    Documentation: To Be Completed by Medical Provider ONLY   OD 20/ OS 20/ Check one: Corrected Uncorrected   Areas evaluated Normal Abnormal/Findings	To the Applicant - Comp	lete the Medical H	listory below BEF	ORE your appointment:	
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Provider's Office S  I hereby authorize release of all records of my examination to the Health & Wellness Center at Saddleback College		•	mination to	Provider's Office Stamp	
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Applicant's Signature

Activity	Time frame bases off a 12-hour clinical day	Description	Examples of Activity/Equipment
General Extremity Motion:		x Motor ability	<ul> <li>x upper extremity: shoulder, elbow, wrist, hand, fingers and thumb</li> <li>x lower extremity: hip, knee, ankle, foot and toes</li> <li>x neck: turn, flex and extend</li> </ul>
Feeling		x Sensory ability	x sensation to heat & cold when assessing patients/clients x capacity to feel heat, cold, pain & pressure to the self, protecting from personal injury
Vision		x Visual Acuity	Read & interpret charts, reports, monitor equipment. Detect  signs and symptoms (color of skin, wounds, drainage and other body fluids, infusion sites). Detect a change in patient/client status.
Olfaction		X Unusual Odor Detection	x identify abnormal scents associated with numerous body fluids, wounds and patients/clients with casts or other appliances
Emotional		x Emotional Stability	emotionally stable under normal and stressful circumstance encountered in the health care setting.