



EMERITUS INSTITUTE

SPRING 2026
SEMESTER
1/12-5/20

Spring 2026 Schedule of Classes

*Tuition-free courses
for adults*



949.582-4835

www.saddleback.edu/emertus



EMERITUS INSTITUTE

Discover a world of learning at the Saddleback College Emeritus Institute. Explore tuition-free courses for adults, offered in-person and online. Join our lifelong learning community today!

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Fine, Applied, and Performing Arts

10-14

Acting	Fiber Arts	Painting
Ceramics	Jewelry	Photography
Drawing	Mixed Media	Stone and Glass
Fashion	Music	



Health and Wellness

15-18

Aerobics	Chair Exercise	Sequential Stretching
Aquatic Fitness	Circuit Training	Tai Chi
Balance and Mobility	Health	Yoga
	Pilates	



Humanities and Sciences

19-23

Applied Biology	Investing	Technology
Art History and Theory	Languages	Writing and Literature
History	Philosophy	
	Political Science	

How to Become a Saddleback College Emeritus Student

New Students: Complete the online application at saddleback.edu/emeritus.

Returning Students: If you've missed two semesters, reapply online at saddleback.edu/emeritus.

Continuing Students: If you have taken a class this or last semester, you do not need to reapply! Simply check your registration date, (also called Time Ticket), in MySite and then register when it's time.

Once You Become an Emeritus Student ... It's Time to Register!

1. Once the Admissions and Records Office has processed your application, you will be sent an email with your Saddleback College student email address and instructions to create your password, and instructions on how to find your registration appointment start date and time.
2. After your registration appointment begins, sign in to MySite at apps.saddleback.edu and register for classes! **Starting Fall 2025, MySite became Banner MySite and is where students register and update personal information.**

How to Register

- Step-by-step **online instructions** are available at: www.saddleback.edu/emeritus/enroll
- We have several **in-person registration events** where you can get one-on-one, in-person support. See Important Dates.
- **Drop into the Saddleback College Admissions and Records Department** at any time during regular hours for personal assistance. No appointment is necessary. Gateway Building, room 130.



Apply Today!

Important Dates

NOVEMBER 7, 2025

Emeritus Institute registration
for Spring 2026 begins

**REGISTRATION
ASSISTANCE**

Friday, November 14
9:00 am - 4:00 pm
at Palmia

Wednesday, November 19
9:00 am - 4:00 pm
at Florence Sylvester

Thursday, November 20
11:00 am - 3:30 pm
at Dana Point Community

JANUARY 12, 2026

Classes begin for Spring 2026

MAY 20, 2026

Classes end

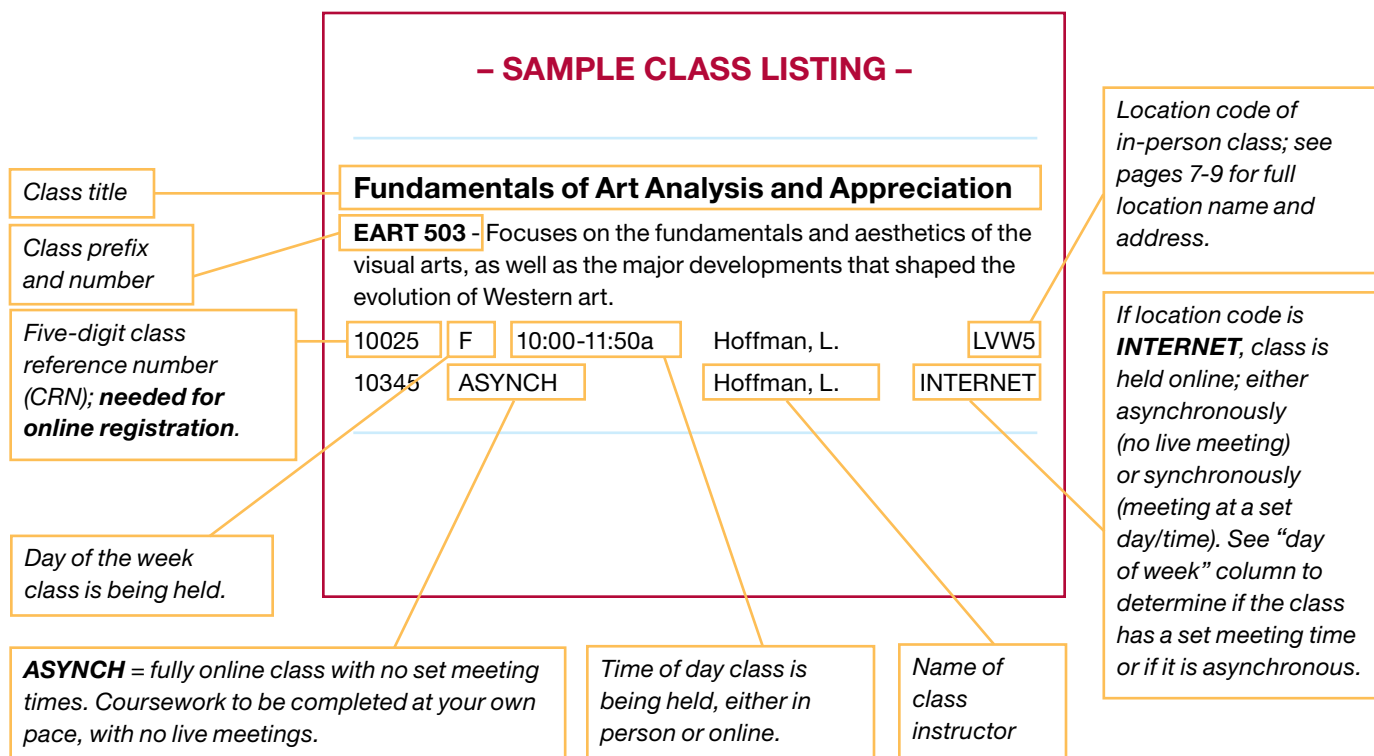
APRIL, 2026

Emeritus Institute registration
for Summer 2026 begins

JUNE 1, 2026

Summer 2026 classes start

How to Read the Class Schedule



Helpful Tips

- When you register for a class, you will need to know the **5-digit class reference number (CRN)** specific for that section.
- To know if a class meets in-person or online, check its **LOCATION** listing. The listing will show either a **location abbreviation** (found on pages 7-9) for in-person classes, or **INTERNET** for online classes.
- Courses in printed schedule are subject to change. Visit www.saddleback.edu/emeritus for the most current classes.
- Some online classes are *synchronous*; they have a specific day and time to meet. These classes have a day of week and time listed, with the location listed as **INTERNET**.
- Other online classes are *asynchronous*; they have no set class meeting times. For these classes, you complete the coursework at your own pace and schedule, with no live meetings. These classes are listed in the schedule as **ASYNCH**, with the location listed as **INTERNET**.

Registration Instructions

1. Use the printed class schedule or www.saddleback.edu/emeritus to review the CRNs for the courses you'd like to register for (CRN: #####: EACT 500)
2. **Go to: apps.saddleback.edu:** Use your Saddleback College Email Address and Password. If prompted, complete the Multi-Factor Authentication text / call.
3. **Select the MySite icon, then the semester you're registering for.**
4. **Find the Registration Self Service Card and select Open Registration Dashboard.**
5. **Select "Register for Classes."** Select the semester you're registering for and Select Continue.
6. **Select tab labeled "CRN" then enter the CRN* in the box. Select Add to Summary.** The course will appear in green as "Pending" in the summary below.
7. Scroll to the bottom select **Submit**.
 - The status for your added classes will change from "Pending" to **"Registered"**.
 - **The summary is your confirmation that you're registered for the classes listed.**
 - The Admissions & Records Office will also send a confirmation email to your college email address in approximately 24 hours.

– TO DROP A CLASS –

- Follow Steps 1-5.
- Select the drop-down menu next to the course and choose the appropriate action.

** CRNs – (Course Reference Numbers) were formerly called class ticket numbers. CRNs have FIVE (5) numbers and NO letters.*

Need Help Registering?

COMPUTER

STEP-BY-STEP
INSTRUCTIONS:



MOBILE

STEP-BY-STEP
INSTRUCTIONS:



Frequently Asked Questions

Can any adult take Emeritus Institute courses?

Yes! The program is designed for adults who want to continue to learn, especially after retirement.

Are classes really tuition-free?

All of our classes are tuition-free. However, classes on the Saddleback College campus do require a health fee. This fee must be paid at the time of registration.

What are the benefits of taking an Emeritus Institute class?

In addition to learning new skills and making the time to do something you truly enjoy, our students say they have created a sense of community and met new friends. In our classes, you will be challenged, stimulated, and motivated.

Are these courses challenging?

The Emeritus Institute offers college-level classes designed to be challenging and stimulating. You will not receive a “letter grade,” but student learning is evaluated by our outstanding professional faculty so that you can continue to grow as a student and as an individual.

Can I audit a class?

Students are not permitted to attend classes in which they are not officially enrolled; auditing is not permitted.

What if a class is full?

If a class is full, you will not be able to register for that class. Instead, you will have the option to add yourself to a waitlist.

How does the waitlist work?

If you are on a waitlist for a class and a seat becomes available, you will receive an email to your college email address, alerting you to the availability. You will then have the option to go online and register for the class. If you do not register for the class, the seat will go to the next person on the waitlist.

How do I access an online class?

Saddleback College uses CANVAS for our online classes, a learning management system that will connect you with your instructor and classmates. To access CANVAS, log in at apps.saddleback.edu.

When can I register for classes?

You may register for any open class, even if the class has already started. Course enrollment closes 60% of the way through the course.

What if I can't attend the first day of class?

Faculty reserve the right to drop “enrolled” students who do not attend the first class session. Please reach out to the faculty member via email before the first day to prevent being dropped.





Classes By Location

DANA POINT

City Of Dana Point Community Center (CITY DP)
34052 Del Obispo Road, Dana Point, CA 92629

- Cardiovascular Wellness (Aerobics)
- Focus And Muscle Strength (Yoga)
- Intermediate Movement And Health (Chair Exercise)
- Posture And Mobility (Sequential Stretching)

LAGUNA HILLS

Florence Sylvester Senior Center (FS SENCTR)
23721 Moulton Parkway, Laguna Hills, CA 92653

- Balance And Mobility (Balance And Mobility)
- Balanced Movement (Tai Chi)
- Beginning Movement And Health (Chair Exercise)
- Intermediate Knitting
- Intermediate Painting In Oil/Acrylic

Laguna Hills Community Center (LHCCSC)
25555 Alicia Parkway, Laguna Hills, CA 92653

- Advanced Painting Techniques For Oil/Acrylic
- Advanced Practical Spanish
- Balanced Movement (Tai Chi)
- Beginning Knitting
- Beginning Practical Spanish
- Cardiovascular Health (Aerobics)
- Focus And Muscle Strength (Yoga)
- Fundamentals Of Sketching
- Fundamentals Of Watercolor Painting
- Inter Muscle Strength/Body Alignment (Pilates)
- Intermediate Painting In Oil/Acrylic
- Intermediate/Advanced Techniques Of Watercolor Painting
- Posture And Mobility (Sequential Stretching)

LAGUNA NIGUEL

Sea Country Senior Center (SEACOUNTRY)
24602 Aliso Creek Road, Laguna Niguel, CA 92677

- Balanced Movement (Tai Chi)
- Cardiovascular Wellness (Aerobics)
- Improving Investment Performance
- Muscle Development (Pilates)

LAGUNA WOODS

Laguna Woods Village Clubhouse 1 (LWV1) 24232 Calle Aragon, Laguna Woods, CA 92637

- Aqua-Cardio Wellness (Aquatic Fitness)
- Beginning French Conversation And Culture
- Cardiovascular Health (Aerobics)
- Fundamentals Of Life Drawing
- Fundamentals Of Watercolor Painting
- Intermediate Painting In Oil/Acrylic
- Intermediate Sketching
- Pastel Painting
- Posture And Balance (Sequential Stretching)

Laguna Woods Village Clubhouse 4 (LWV4) 23501 Via Mariposa W, Laguna Woods, CA 92637

- Advanced Ceramics
- Advanced Ceramics Slipcasting
- Advanced Jewelry Metal Fabrication
- Advanced Stained Glass
- Art As Fashion
- Art For The Home
- Art Of Ceramic Decorating
- Beginning Ceramics Wheel
- Beginning Clothing Construction
- Beginning Intarsia
- Beginning Lapidary
- Beginning Stained Glass
- Beginning Techniques Of Ceramic Slipcasting
- Ceramics Handbuilding
- Fundamentals Of Design For Digital Slideshows
- Fundamentals Of Metal Fabrication For Jewelry
- Inter Techniques Of Metal Fabrication For Jewelry

- Intermediate Ceramics Slipcasting
- Intermediate Ceramics Wheel
- Intermediate Digital Photography
- Intermediate Digital Show Presentations
- Intermediate Enameling
- Intermediate Lapidary
- Portrait Painting In Oils, Watercolor And Pastels

Laguna Woods Village Clubhouse 5 (LWV5) 24262 Punta Alta, Laguna Woods, CA 92637

- Aquacardio Health (Aquatic Fitness)
- Current Political Events And Issues
- Film Analysis Through Literary Critique
- Scene Study Acting

Laguna Woods Village Performing Arts Center (LWV PAC) 23822 Avenida Sevilla, Laguna Woods, CA 92637

- Ensemble And Orchestra Rehearsal And Performance

LAKE FOREST

Lake Forest Community Center (LFCC) 100 Civic Center Drive, Lake Forest, CA 92630

- Intermediate Practical Spanish
- Life And Technology Integration
- Introduction to Readers Theater

MISSION VIEJO

Casta Del Sol (CASTADELSO) 27669 Casta Del Sol, Mission Viejo, CA 92692

- Focus And Flexibility (Yoga)

Laguna Woods Village Parking Passes

STUDENT PARKING FEE:

Laguna Woods Village (LWV) requires non-resident students who drive a vehicle into the community to pay a Student Parking Pass Fee, which is \$40 per vehicle per each fall and spring semester and \$30 for summer. Payment may be made by check or cash only, no credit cards accepted.

Laguna Woods Village does not refund parking pass purchases. Only one parking pass per vehicle needs to be presented when students are carpooling.

PAYMENT / PICK-UP:

LWV parking passes must be paid for and picked up at the Laguna Woods Village Community Center, 24351 El Toro Rd, Laguna Woods, CA 92637, beginning one week prior to the semester start.

BRING:

1. A government-issued ID or driver's license;
2. Your printed class enrollments OR your enrollments displayed on your phone or other device.

Montanoso Recreation Center (MONTANOSO)
25800 Montanoso Dr, Mission Viejo, CA 92691

- Balanced Movement (Tai Chi)

Norman P. Murray Community And Senior Center (NORMANCOMM)

24932 Veterans Way, Mission Viejo, CA 92692

- Beginning Practical Spanish
- Introduction To Readers Theatre

Palmia Community (PALMIA)

21455 Monterey, Mission Viejo, CA 92692

- Aqua Cardio Health (Aquatic Fitness)
- Balanced Movement (Tai Chi)
- Cardiovascular Health (Aerobics)
- Focus And Flexibility (Yoga)
- Intermediate Movement And Health (Chair Exercise)
- Posture And Balance (Sequential Stretching)
- Survey Of Balance/Mobility Techniques (Balance And Mobility)

Presbyterian Church Of The Master (PRESCOM)

26051 Marguerite Pkwy, Mission Viejo, CA 92692

- Fundamentals Of Watercolor Painting
- Intermediate Sketching
- Portrait Painting In Oils, Watercolor And Pastels
- Posture And Mobility (Sequential Stretching)

Saddleback College Fine Arts Building

(SC BGS, FA, LRC, GW)

28000 Marguerite Parkway,

Mission Viejo, CA 92692

- Intermediate Clothing Construction
- Emeritus Institute Concert Chorale
- Vocal And Rhythmic Techniques
- Ensemble And Orchestra Rehearsal And Performance
- Advanced French Conversation And Culture
- Advanced Italian Conversation And Culture
- Fundamentals Of Digital Photographic Editing And Restoration

ONLINE

Synchronous

- Classes use Canvas and meet live online through Zoom at scheduled times

Asynchronous

- Classes use Canvas and do not have scheduled meeting times

RANCHO MISSION VIEJO

Rancho Mission Viejo Garage Studios (RMVGARAGE)

1 Salubre, Rancho Mission Viejo, CA 92694

- Advanced Painting Techniques For Oil/Acrylic
- Fundamentals Of Sketching
- Fundamentals Of Watercolor Painting
- Portrait Painting In Oils, Watercolor And Pastels

Rancho Mission Viejo Guest House (RMVGUEST)

11 Brioso St, Rancho Mission Viejo, CA 92694

- Balanced Movement (Tai Chi)
- Focus And Muscle Strength (Yoga)
- Muscle Strengthening/Body Alignment (Pilates)
- Posture And Balance (Sequential Stretching)
- Sequential Muscle Technique (Circuit Training)

SAN CLEMENTE

Dorothy Visser Senior Center (DVSRCENTER)

117 Avenida Victoria, San Clemente, CA 92672

- Balance And Mobility (Balance And Mobility)

SAN JUAN CAPISTRANO

San Juan Capistrano Community Center (SJCCOMMCTR)

25925 Camino Del Avion,

San Juan Capistrano, CA 92675

- Balanced Movement (Tai Chi)
- Focus And Muscle Strength (Yoga)
- Posture And Balance (Sequential Stretching)





Fine, Applied, and Performing ARTS

ACTING

Scene Study-Acting

ETHE 500 - Concentrates on essential skills of method acting by review of the works of major playwrights, scene development, characterization, and improvisation.

30517 W 10-11:50a Kind, R LWV5MPR1

Introduction To Readers Theatre

ETHE 501 - This course incorporates theatre appreciation from the inside out as students portray characters in plays, dramatize fiction, or voice poetry during class meetings. Group discussions may illuminate the relevance of older work to contemporary times. Students will share oral interpretation, analyze author intention through discussion of line readings, and edit material for presentation.

30520 M 1-3:50p Huntington, J NORMANCOMM

30521 Th 10a-12:50p Kind, R LFCCCRAFT

CERAMICS

Ceramics Handbuilding

EART 510 - A practical and historical introduction to the ceramics process. The course will include hand building, trimming and finishing, firing and glazing.

30059 W 1-3:50p Stoland, L LWV4CER

Beginning Ceramics: Wheel

EART 511 - Introduction to potter's wheel techniques, with emphasis on traditional shapes and forms. Includes wheel throwing techniques, trimming and finishing, firing and glazing.

30067 T 9-11:50a Adams, D LWV4CER

Advanced Ceramics

EART 513 - Course directs advanced projects in ceramics with emphasis on the use of the potter's wheel. Evaluation of forms and creative use of ceramic concepts and materials will be emphasized.

30069 Th 9-11:50a Redfeather, A LWV4CER

Intermediate Ceramics: Slipcasting

EART 515 - Intermediate level theory and technique in low firing clay slipcasting. Exploration of basic functions, forms, color, glazing and decorative techniques.

30071 M 9-11:50a Elizalde-Henson, S LWV4SLP

Advanced Ceramics: Slipcasting

EART 516 - Advanced ceramic slipcasting techniques including concepts in advanced surface and color in the low fire ceramic process. Advanced glaze concepts, including specialty glazes, advanced use of ceramic forms, and ceramic product development will be emphasized.

30073 W 1-3:50p Elizalde-Henson, S LWV4SLP

Art Of Ceramic Decorating

EART 517 - Theory and application of transparent underglazes, specialty glazes, and advanced decorative techniques. Advanced student projects will provide for application of theory and practice of techniques.

30076 M 1-3:50p Redfeather, A LWV4SLP

Intermediate Ceramics: Wheel

Eart 518 - Covers theory, materials, and techniques of ceramics at an intermediate level. Includes design-forming techniques, use of the potter's wheel, glazing, and firing.

30077 M 1-3:50p Elizalde-Henson, S LWV4CER

FINE, APPLIED, AND PERFORMING ARTS

Beginning Techniques Of Ceramic Slipcasting

EART 519 - Theory and history of ceramics as well as basic techniques in ceramic slipcasting, including pouring low fire slip into molds, finishing, carving, underglazes, glazes, and overglaze applications, plus firing processes.

30080 W 9-11:50a Stoland, L LWV4SLP

Intermediate Sculpture

EART 591 - Includes the creation of sculpture in historic, traditional and contemporary styles and techniques.

The optional use of ceramic clay and synthetic modeling materials with emphasis on the figure.

34162 T 9-11:50a Stoland, L INTERNET

DRAWING

Fundamentals Of Sketching

EART 549 - Basic drawing techniques with emphasis on dry media and ink. Students will work on gesture, construction, perspective and value.

30024	ASYNCH		Nielsen, M	INTERNET
30127	M	1-3:50p	McClatchey, S	INTERNET
30123	T	9-11:50a	Willis, E	LHCCSC
30120	T	1-3:50p	Mchugh, J	RMVGARAGE
30129	Th	9-11:50a	McHugh, J	INTERNET

Intermediate Sketching

EART 551 - Using traditional and contemporary drawing media and techniques in a variety of subjects. Builds upon basic drawing techniques.

30025	ASYNCH		McClatchey, S	INTERNET
30147	M	9-11:50a	Janes, K	INTERNET
30143	T	9-11:50a	Moore, E	PRESCOM
30145	W	9-11:50a	Willis, E	LWV1MPR2
30146	W	9-11:50a	Nielsen, M	INTERNET

Fundamentals Of Life Drawing

EART 553 - Sketching and drawing the life model. Emphasis on the fundamental structure of the human body, including skeletal and muscular systems.

30044	ASYNCH		Beck, J	INTERNET
30150	M	9-11:50a	Beck, J	LWV1MPR1
30148	M	1-3:50p	Beck, J	LWV1MPR1
30152	F	9-11:50a	Jekabsons, I	LWV1MPR
130149	F	1-3:50p	Jekabsons, I	LWV1MPR1

Additional art supplies may be required for any Emeritus Art classes listed.

FASHION

Beginning Clothing Construction

EFSH 502 - This is beginning course that emphasizes the operation of a sewing machine, pattern reading, layout and garment construction. Focus on improvement of basic sewing techniques and process.

30221 T 9-11:50a South, M LWV4SEWRM

Intermediate Clothing Construction

EFSH 503 - This course outlines clothing construction and pattern alterations for personal wardrobe. Students will examine and utilize commercial patterns, selection of fabric, textures and principles of color design.

30222 W 8-10:50a Elston, L SC BGS104

Advanced Clothing Construction

EFSH 504 - This course offers advanced techniques in construction of garments. Topics include techniques for adjusting patterns and the use of designer patterns for personal and fitted styles as well as handling of special fabrics and fine custom details.

30223 Th/ASYNCH 1-2:50p Elston, L INTERNET

Art As Fashion

EFSH 510 - This course will instruct the student to design and construct a garment or accessory incorporating techniques of surface design, bobbin work, fabric manipulation, embellishment and dimensional texture.

30230 Th 9-11:50a South, M LWV4SEWRM

FIBER ARTS

Quilting And Patchwork

EFSH 500 - This course will feature fundamental quilting/patchwork techniques such as applique, cathedral windows, crazy quilting, fabric selection, pattern drafting, piecing, reverse applique, and trapunto.

30219 T/W/ASYNCH 3-3:50p Chandler, S INTERNET

Beginning Knitting

EFSH 507 - Introduction to knitting stitches, techniques and fibers. Lectures include how to read and modify patterns, cast on and cast-off, basic stitches and finishing techniques, use of test swatches, and understanding gauge.

30227 F 9-11:50a Homans, E LHCCSC

Intermediate Knitting

EFSH 508 - Course is designed to develop knitting skills at an intermediate level. Students will learn new cast-on, cast-off methods, intermediate and advanced pattern combinations, and pattern adjustment.

30229 W 1-3:50p Homans, E FSSENCENTR

FINE, APPLIED, AND PERFORMING ARTS

JEWELRY

Intermediate Enameling

EART 531 - A studio course emphasizing traditional and contemporary concepts, processes, and techniques in enameling at an intermediate level.

30100 Th 1-3:50p Lommatsch Barrett, C LWV4JLY

Advanced Jewelry Metal Fabrication

EART 534 - A studio course offering advanced theory and methods, materials, designs and practices in the construction of complex jewelry and decorative items. Production methods will be discussed.

30109 T 9-11:50a Hacker-Moss, W LWV4JLY

30110 T 5-7:50p Rokni, S LWV4JLY

Fundamentals Of Metal Fabrication

For Jewelry

EART 535 - A studio course with emphasis on the basic metal manipulation techniques involved in making jewelry. Different projects taught each semester.

30111 M 9-11:50a Lommatsch Barrett, C LWV4JLY

Inter Techniques Of Metal Fabrication

For Jewelry

EART 536 - An intermediate studio course emphasizing the concepts, processes and techniques involved in the making of jewelry. Includes demonstration and practice in the design and construction of jewelry.

30112 Th 5-7:50p Lommatsch Barrett, C LWV4JLY

MIXED MEDIA

Art Media Studies

EART 540 - Introduction to art media and related fine arts processes. Traditional and contemporary processes in fine art/mixed media and related processes including drawing, painting, printmaking, collage and assemblage in both two-dimensional and three-dimensional art forms.

30115 W 9-11:50a Staff INTERNET

Art For The Home

EFSH 511 - Design and create artistic accessories for the home incorporating techniques including weaving, needle punching, fabric dying, stamping, stenciling, art journaling, paper cutting, mixed media, faux stained glass, acrylic paint pouring and decorative embellishments.

30232 W 9-11:50a South, M LWV4SEWRM

MUSIC

For The Love Of Music

EMUS 500 - Introduction to music history focusing on musical periods and composers that have shaped Western musical developments.

30006 W 9-11:50a Kim, J INTERNET

Introduction To Opera

EMUS 501 - Students will learn music listening skills in order to appreciate Opera history focusing on musical periods, composers, opera repertoire, and performers from the Renaissance to present, such as Claudio Monteverdi, Wolfgang Amadeus Mozart, Giuseppe Verdi and Giacomo Puccini.

30013 Th 9-11:50a Kim, J INTERNET

Emeritus Institute Concert Chorale

EMUS 502 - Course emphasizes choral singing and literature through the application of correct vocal technique. Field trips may be required to fulfill the objectives of the course.

30242 T 3-4:50p Huntington, J SC FA101

30246 T 7-8:50p Elliott, B SC FA101

Vocal And Rhythmic Techniques

EMUS 509 - Emphasizes vocal techniques, including, breath control, tone production and articulation, applied to selected music literature. Field trips may be required to fulfill the objectives of the course.

30247 T 1-2:50p Huntington, J SC FA103

Ensemble And Orchestra Rehearsal And Performance

EMUS 519 - Preparation, study, and performance of orchestra concert repertoire. Previous instrumental training recommended. Field trips may be required to fulfill the objectives of the course.

30250 Th 10-11:50a Levin, A LWV3REHEA(PAC)

30251 F 8-9:50a Kouritas, G SC FA105

30248 F 10-11:50a Kouritas, G SC FA105

Survey Of American Music

EMUS 521 - A survey of American music and composers through cultural and socioeconomic developments, and historical context. Students will be introduced to styles and trends of great American music, including Classical, Jazz, Opera, Blues, Rock, Pop, Musical Theater, Film Music, Folk, Sacred, and Country music.

30015 W 1-3:50p Kim, J INTERNET

19th Century Romanticism And Emotion In Music

EMUS 522 - From Beethoven and Tchaikovsky to American composer Amy Beach, the Romantic era of the nineteenth century is full of passionate music that speaks to everybody's heart and soul. The course covers the different romantic music traditions, and makes connections with other art forms that inspired the nineteenth century composers.

30001	ASYNCH	Kouritas, G	INTERNET
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PAINTING

Intermediate Painting In Oil/Acrylic

EART 561 - This course is designed for students who have some basic knowledge of color, composition and perspective and who wish to improve techniques, develop creativity and use their own resource materials.

30154	W	1-3:50p	Moore, E	LWV1MPR1
30155	Th	1-3:50p	Stonick, L	LHCCSC
30153	F	1-3:50p	Ortiz, R	FSSCENTR

Painting In Subject Areas

EART 563 - Provides theory and demonstration of materials and techniques in a variety of subject matter and art mediums. Emphasis in working from life: plein air, figure and/or still life. Field trips may be required to fulfill the objectives of the course.

30157	M	1-3:50p	Rogers Cloud, R	TBA
30161	W (1/12-3/9)	1-3:50p	Beck, J	INTERNET + TBD
30337	W (3/23-5/20)	1-3:50p	Beck, J	INTERNET + TBD
30158	Sa	9-11:50a	Ortiz, R	TBA

Portrait Painting In Oils, Watercolor And Pastels

EART 564 - Constructing the human head and features using a variety of painting styles and techniques. Demonstrations in oils, watercolors, and/or pastels.

30163	M	9-11:50a	Alvarez, J	LWV4ART
30166	W	9-11:50a	Jekabsons, I	INTERNET
30162	Th	1-3:50p	Leonard, S	RMVGARAGE
30165	F	9-11:50a	Mchugh, J	PRESCOM

Advanced Painting Techniques For Oil/Acrylic

EART 566 - Designed for students who have an intermediate/advanced knowledge of painting, and who wish to continue to sharpen technique and further develop creativity, and style.

30027	ASYNCH	Bartlett, M	INTERNET
30170	W	1-3:50p	Galindo, J
30172	Th	1-3:50p	Shoro, N
30178	F	9-11:50a	Alvarez, J
30176	Sa	9-11:50a	Bartlett, M

Fundamentals Of Watercolor Painting

EART 569 - Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored.

30046	ASYNCH	Brown, L	INTERNET
30048	ASYNCH	Ortiz, R	INTERNET
30192	M	9-11:50a	Stonick, L
30181	M	1-3:50p	Shoro, N
30189	M	5:30-8:20p	Boonyad, S
30191	T	9-11:50a	Beck, J
30199	T	9-11:50a	Nielsen, M
30187	T	1-3:50p	Moore, E
30194	T	1-3:50p	Janes, K
30197	T	1-3:50p	Rogers Cloud, R
30196	Th	1-3:50p	Boonyad, S

Beginning Chinese Brush Painting

EART 572 - Provides an introduction to the techniques of Chinese Brush Painting. Practice traditional subjects including animal, botanical and landscape motifs. Traditional mounting of completed paintings.

30203	M	9-11:50a	Ho, C	INTERNET
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Intermediate Chinese Brush Painting

EART 573 - Develop skills in handling the brush, ink, and color in a wide range of subjects while exploring concepts of design and composition. Explore history and aesthetics of Chinese painting.

30204	M	1-3:50p	Ho, C	INTERNET
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Intermediate-Advanced Techniques Of Watercolor Painting

EART 574 - Advanced techniques in watercolor. Emphasis on the exploration of traditional and contemporary palette, technique and style.

30049	ASYNCH	Shoro, N	INTERNET
30209	M	9-11:50a	Mcclatchey, S
30207	M	1-3:50p	Stonick, L
32282	W	9-11:50a	Rogers Cloud, R
30208	W	1-3:50p	Boonyad, S

Pastel Painting

EART 580 - Traditional and contemporary methods of pastel painting with soft and hard pastels. Emphasis in multilayered techniques.

30217	T	9-11:50a	Alvarez, J	INTERNET
30216	W	1-3:50p	Willis, E	LWV1MPR2

FINE, APPLIED, AND PERFORMING ARTS

PHOTOGRAPHY

Intermediate Digital Show Presentations

EPHO 501 - Covers the intermediate production of digital visual and audio presentations. Includes digital photography, downloading music, scriptwriting, video, narration, transitions and special effects using computer software to construct digital presentations. Field trips may be required to fulfill the objectives of the course.

30252 M 9-11:50a Graves, R LWV4PHO

Beginning Digital Photography

EPHO 502 - Covers the technical aspects of using a digital camera and the importance of composition in the creation of an image. Includes still life, landscape, on-location photography, and portrait photography. Downloading, storing, organizing and sharing photographic images using software programs, and social media will be discussed. Field trips may be required to fulfill the objectives of the course.

30253 T 9-11:50a Hoffman, L INTERNET

Intermediate Digital Photography

EPHO 503 - Reviews technical aspects of using a digital camera, image composition, downloading, storing, organizing and editing images using software programs. Also includes portraits, landscape, low-light photography, flash techniques, digital media enhancement, and the use of filters. Students will also learn the basic principles of judging and evaluating photographs. Field trips may be required to fulfill the objectives of the course.

30254 ASYNCH Hoffman, L INTERNET

30505 M/W 2-2:50p/3-4:50p Graves, R INTERNET + TBD

30255 Th/ASYNCH (1/12-3/9) 12-3:50p Hoffman, L LWV4PHO

Photography For Exhibition

EPHO 505 - Techniques and procedures used in color and black & white photography exhibition. Related topics of photography and in-depth analysis of the creative image. Field trips may be required to fulfill the objectives of the course.

30506 Th 9-11:50a Hass, K INTERNET

Fundamentals Of Design For Digital Slideshows

EPHO 506 - Covers phases and techniques in digital visual/audio presentations from photo essays, documentaries, how-to and travel shows. Includes planning, photographing, selecting slides, writing narration, preparing graphics, music, sound effects and cues. Field trips may be required to fulfill the objectives of the course.

30510 W 9-11:50a Graves, R LWV4PHO

Fundamentals Of Digital Photographic Editing And Restoration

EPHO 510 - A practical introductory, entry-level course, for the effective use of updated image editing software on the computer for digital photographers. This practical refresher course prepares students to apply the technical and creative fundamentals of post-production using the Adobe Creative Suite software photography package.

30512 F 9-11:50a Even, R SC LRC102

STONE AND GLASS

Beginning Intarsia

EART 520 - Traditional and contemporary intarsia techniques to create a variety of designs with inlaid stones.

30083 W 9-11:50a Massamiri, T LWV4LAP

Beginning Lapidary

EART 522 - Explores the proper usage of lapidary machines for cutting and polishing stones: slab saw, trim saw, grinders, sanders, lapping wheels, polishers and drills.

30087 T 1-3:50p Massamiri, T LWV4LAP

Intermediate Lapidary

EART 523 - Explores lapidary machines and hand tools for cutting and polishing stones from rough to semiprecious into a variety of shapes such as cachobons, cameos, and carvings for use in decorative items and jewelry.

30090 T 5-7:50p Massamiri, T LWV4LAP

Beginning Stained Glass

EART 524 - Fundamental approach for working with stained glass using the copper-foil and lead came technique, in two and/or three-dimensional projects.

30094 Th 1-3:50p Canfield, B LWV4LAP

Advanced Stained Glass

EART 525 - Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous 'cold glass' courses.

30097 Th 5-7:50p Canfield, B LWV4LAP



Health and WELLNESS

AEROBICS

Cardiovascular Health

EHEA 500 - Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

30870	ASYNCH	Demiter, S	INTERNET
30889	ASYNCH	Roostee, L	INTERNET
30893	ASYNCH	Rosa, S	INTERNET
30883	M/W/ASYNCH 8-8:50a	Nelson, J	INTERNET
30868	M/W/ASYNCH 8-8:50a	Davies, C	PALMIABLRM
30869	M/W/F 9-9:50a	Demiter, S	INTERNET
30875	M/W/F 10-10:50a	Mcclellan, A	LHCCSCGYM
30866	M/W/F 10-10:50a	Davies, C	LWV1GYM

Cardiovascular Wellness

EHEA 501 - Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

30962	ASYNCH	Messenger, L	INTERNET
30958	M/W 7:30-8:20a	Williams, L	CITYDP
30961	T/Th 8-8:50a	Himes, M	PALMIABLRM
30959	T/Th 9-9:50a	Baldonado-Wilkins, E	INTERNET
30960	T/Th 9:15-10:05a	Dickenson, K	SEACOUNTRY

AQUATIC FITNESS

Aqua-Cardio Health

EHEA 504 - Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

30965	M/W/F 9-9:50a	Himes, M	PALMIAPOOL
30963	M/W/F 10-10:50a	Chavez, E	LWV1POOL
30964	M/W/F 11-11:50a	Himes, M	LWV5POOL

Aqua-Cardio Wellness

EHEA 505 - Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

30966	T/Th 9-9:50a	Staff	PALMIAPOOL
30967	T/Th 11-11:50a	Chavez, E	LWV1POOL



It's open to everybody. The teachers are very talented and courteous and there's a lot to learn."

- Kanchan Tailor

HEALTH AND WELLNESS

BALANCE AND MOBILITY

Balance And Mobility

EHEA 508 - Through a balance and mobility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize balance and mobility.

30969	ASYNCH	Cofinco, S	INTERNET
30972	M/W/ASYNCH 9-9:50a	Giertych, P	FSSENCENTR
30971	M/W/ASYNCH 10-10:50a	Giertych, P	FSSENCENTR
30970	Th/ASYNCH 11a- 12:50p	Cofinco, S	DVSRCENTER

Survey Of Balance/Mobility Techniques

EHEA 509 - Through a balance and mobility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize balance and mobility.

30973	ASYNCH	Fong, F	INTERNET
30976	M/W 9-9:50a	Licavoli, L	PALMIABLRM
30975	T/Th 9-9:50a	McKeachie, A	FSSENCENTR
30974	T/Th 9-9:50a	Giertych, P	INTERNET

CHAIR EXERCISE

Beginning Movement And Health

EHEA 513 - Through a beginning independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize beginning independent movement techniques.

30977	M/W/F 11-11:50a	Staff	INTERNET
30978	T/Th 10-10:50a	Himes, M	FSSENCENTR

Intermediate Independent Movement

EHEA 516 - Through an intermediate independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize intermediate independent movement techniques.

30980	ASYNCH	Messenger, L	INTERNET
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Intermediate Movement And Health

EHEA 517 - Through an intermediate independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize intermediate independent movement techniques.

34372	ASYNCH	Roostee, L	INTERNET
30982	M/W 8:30-9:20a	McKeachie, A	CITYDP
30981	M/W 10-10:50a	Licavoli, L	PALMIABLRM

CIRCUIT TRAINING

Sequential Muscle Strengthening

EHEA 538 - Through a sequential muscle strengthening lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize sequential muscle strengthening fitness techniques.

31026	ASYNCH	Fong, F	INTERNET
31028	M/W/F 8-8:50a	Demiter, S	INTERNET
31027	T/Th 8-9:15a	Cofinco, S	INTERNET



Emeritus invites people that want to be here. They are truly motivated and passionate about learning what they are learning. They are proud to be here."

- Elena Homans

Sequential Muscle Technique

EHEA 539 - Through a sequential muscle strengthening lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize sequential muscle strengthening fitness techniques.

31030 M/W 10-10:50a Baldonado-Wilkins, E INTERNET
31029 T/Th 7-7:50p Staff RMVGUEST

HEALTH

Age-Related Health Risk Factors

EGRO 500 - This course provides information to students about age related risk factors contributing to health problems and disease.

30864 T/Th 6-7:15p Staff INTERNET

Geropsychology: Perspectives On Aging

EGRO 501 - This class for older adults focuses on the psychological, physiological, philosophical and social changes that accompany older adult growth and development. The perspective of a new geropsychology is presented, through the biological and social sciences; concepts about identity formation and gerotranscendence from psychology; ideas about humanity from spiritual and humanistic teachings; insights from philosophical inquiries; and research data from demographics and statistics.

30865 F 1-2:50p Sapiro, J INTERNET

Brain Health And Wellness

EHEA 536 - This course covers age-related brain functioning and memory-retaining practices primarily for the older adult. Focus is on anatomy and physiology of the brain, brain function, healthful living choices, memory-loss prevention, neurodegenerative diseases, and managing mental health.

31023 ASYNCH Keslacy, S INTERNET
31022 ASYNCH Schmeidler, K INTERNET
31024 T/Th 4:30-5:20p Keslacy, S INTERNET
31025 W 6-7:50p Schmeidler, K INTERNET

Consumer Health Issues

EHSC 500 - Promotes awareness and informed decision making in regard to health issues, including health insurance, frauds, legislation, selection of doctors, pharmacists and health care agencies.

31033 Sa (3/23-5/20)/ASYNCH 9-10:50a Mamoon, S INTERNET

PILATES

Muscle Strengthening/Body Alignment

EHEA 520 - Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

30984 M/W/ASYNCH 10-10:50a Nelson, J INTERNET
30983 M/W/F 1-1:50p Walls, M RMVGUEST
30985 T/Th 8-9:15a Roostee, L INTERNET

Muscle Development

EHEA 521 - Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

30988 ASYNCH Fong, F INTERNET
30989 ASYNCH Staff INTERNET
30987 T 1-2:50p Chavez, E SEACOUNTRY
30986 T/Th 3-3:50p Fox, W RMVGUEST

Inter Muscle Strength/Body Alignment

EHEA 541 -Through an intermediate muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining healthy body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

31032 ASYNCH Baldonado-Wilkins, E INTERNET
31031 T/Th 9-10:15a Lowe, L LHCCSCGYM

HEALTH AND WELLNESS

SEQUENTIAL STRETCHING

Posture And Balance

EHEA 524 - Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize posture and flexibility.

30991	ASYNCH	Baldonado-Wilkins, E	INTERNET
30992	ASYNCH	Chavez, E	INTERNET
30995	M/W 11a-12:15p	Licavoli, L	PALMIABLRM
30990	M/W/F 8:30-9:20a	Fox, Wendy	SJCCOMMCTR
30993	M/W/F 11-11:50a	Davies, C	LWV1GYM
30996	M/W/F 11-11:50a	McClellan, A	LHCCSCGYM
30994	T/Th 4-5:15p	Fox, Wendy	RMVGUEST

Posture And Mobility

EHEA 525 - Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize posture and flexibility.

31000	M/W 9:30-10:20a	McKeachie, A	CITYDP
30997	T/Th 7-7:50a	Roostee, L	INTERNET
30999	T/Th 8-8:50a	Lowe, L	LHCCSCGYM
31001	T/Th 11-11:50a	Staff	LWV1GYM
30998	W 2-3:50p	Fox, W	PRESCOM



TAI CHI

Balanced Movement

EHEA 529 - Through a focused movement lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize focused movement.

31003	M 8-9:50a	Costa, R	LHCCSCGYM
31002	T 1-2:50p	Costa, R	RMVGUEST
31009	T 1:15-3:05p	Ma, W	MONTANOSO
31011	T/Th 10:30-11:30a	Nguyen, T	INTERNET
31008	W 8-9:50a	Ma, W	LHCCSCGYM
31006	W 1-2:50p	Ma, W	FSSCENTR
31005	Th 11a-12:50p	Costa, R	SJCCOMMCTR
31010	Th 2-3:50p	Ma, W	SEACOUNTRY
31007	F 8-9:50a	Ma, W	LHCCSCGYM
31004	F 1-2:50p	Costa, R	PALMIABLRM

YOGA

Focus And Muscle Strength

EHEA 532 - Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize concentration and muscle strength.

31013	ASYNCH	Fong, F	INTERNET
31015	ASYNCH	Staff	INTERNET
31014	M/W 10:30-11:45a	McKeachie, A	CITYDP
31017	M/Th 1-2:15p	McKeachie, A	PALMIABLRM
31012	T/Th/ASYNCH 7-7:50p	McKeachie, A	INTERNET
31018	T/Th 8:30-9:45a	Nguyen, T	SJCCOMMCTR
31016	T/Th 10:30-11:45a	McKeachie, A	LHCCSCGYM
31019	T/Th 11a-12:15p	Staff	RMVGUEST

Focus And Flexibility

EHEA 533 - Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize concentration and muscle strength.

31021	T 6-7:50p	Giertych, P	PALMIABLRM
31020	W 6-7:50p	Licavoli, L	CASTADELSO



Humanities and SCIENCES

APPLIED BIOLOGY

Birds Of The World

EBIO 500 - Topics in this course will include bird ancestry, evolution, distribution, topography, behavior and techniques of field identification. Course includes field trips to local and regional bird watching sites.

30654	T	1-1:50p	Leipzig, V	INTERNET + TBD
30660	T	6:30-9:20p	Mitchell, K	INTERNET
30665	Th	6-8:50p	Mitchell, K	INTERNET
30657	Sa	8:00-10:50a	Mitchell, K	INTERNET

Advanced Birding

EBIO 501 - Designed for the older adult with previous coursework or experience in ornithology or birding. Course furthers the study of bird anatomy, ecology, and evolution of birds with an emphasis on developing student skills in identification of bird species in the field.

30671	M+TBD	1-1:50p	Leipzig, V / Gordon P	INTERNET+TBD
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Regenerative Medicine

EBIO 502 - Advances in the use of stem cells and genetic manipulation is changing the landscape of medicine, especially in health care for senior adults. This course will use current events as a source of specific topics to anchor an exploration of the use of stem cells and other approaches in regenerative medicine, especially as pertain to concerns for older adults.

30684	M	6-7:50p	Schmeidler, K	INTERNET
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Human Ecology

EECL 501 - Introduces students to the interactions of the human species with the natural world. Covers how human society depends upon natural resources and impacts the natural environment by consuming resources and introducing waste into the air, the water, and the soil. Human population dynamics, including older adult longevity and its impacts, will be analyzed in detail, as will the political, economic, and cultural context of human decision-making about the environment.

30706	W	1-2:50p	Leipzig, V	INTERNET
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ART HISTORY AND THEORY

Art Appreciation

EART 500 - Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art.

30546	W (1/12-3/9)	1-2:50p	Hoffman, L	INTERNET
34171	Th(3/23-5/20)	10-11:50a	Rodriguez-Morris, E	INTERNET

Art History

EART 501 - This class surveys the history of global art. The focus is on major works and artists of lasting significance from prehistoric to the modern times.

30611	ASYNCH		Rodriguez-Morris, E	INTERNET
30606	M	10-11:50a	Rodriguez-Morris, E	INTERNET

Contemporary Art And Culture

EART 502 - This course analyzes 20th century art, culture, and architecture. Explores cultural forces that have shaped and controlled art production. Explores gender and diversity in the art world.

30646	W	10-11:50a	Bartlett, M	INTERNET
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HUMANITIES AND SCIENCES

HISTORY

Current And Historical Analysis Of The Middle East

EHST 502 - Major political, economic, and social institutions and movements of the Middle East from World War I to the present. Emphasis on problems of the developing Middle Eastern nations and the Arab-Israeli conflict. Introduction to Islamic religious institutions and their relationship to contemporary issues.

30738 T 10-11:50a Yeganehshakib, R INTERNET

Western Civilization Since 1648

EHST 503 - Surveys the nature of Western Civilization considering its development since the 17th Century to the present. Major emphasis will be placed on topics such as War, industrialism, economy, nationalism, imperialism, culture and diversity.

30739 F 10-11:50a Popa, A INTERNET

History And Biography Through Media

EHST 510 - This course will analyze notable historic figures represented in literature, art, music, or public life through media. The medium of film and television will be examined for fact vs fiction and such cinematic values as dramatic license in condensing or elimination, or even the outright changing of the historic record.

30740 T 1-3:50p Rodriguez-Morris, E INTERNET

Survey Of California Missions

EHST 511 - This course, designed primarily for the older adult, surveys political, economic, religious, cultural, and sociological precursors affecting the development of the California mission system. Perspectives of indigenous peoples and critical colonial discourse interrogate the historical narratives of European and American geopolitical and religious expansion within California. Mission establishment, geographic placement, leadership, and the missions' historical and lasting impact will be dissected and discussed with significant emphasis on the subjugation of indigenous peoples in the early and current United States. This course furthers the decolonization of historical events to develop a civically engaged and further educated older adult lifelong learning community.

30741 W 10-11:50a Harrington, W INTERNET

History Of Sports In The United States

EHST 512 - Surveys the origins and development of sports in America from the colonial period to the present. Emphasizes the transition from unorganized to organized sports and socially acceptable activities related to "blood sports." Specific topics will be the development of today's major sports, including but not limited to football, basketball, baseball, soccer, tennis, hockey, golf and the Olympic Games. Each sport's unique beginnings and major events will be examined. The changing definition of equity throughout each respective sport will be considered as a measuring tool to contemporary society of each respective era, including racial segregation and integration.

30742 Th 1-2:50p Staff INTERNET

Modern World Culture (Guest Lecture Series)

EHUM 500 - The study of characteristically modern ideas about a variety of important human experiences as represented in literature, arts, sciences, inviting skepticism and critical thinking, and the development of new attitudes toward home, work, and the human community.

30743 F 10-11:15a Szczurek, A INTERNET

World Religions And Texts

EHUM 501 - Students will explore the internal diversity of world religions beyond rituals & beliefs, how they evolve and change, and how they are embedded in all dimensions of human experience. Themes such as gender, sexuality, art, violence, peace, science, power and authority will be explored by studying religious texts and traditions.

30744 T 10-11:50a Jenks, G INTERNET

INVESTING

Improving Investment Performance

EACT 500 - Promotes understanding and evaluating investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation and growth of financial assets.

30539 M 2-3:50p Meyerson, R SEACOUNTRY

30542 T 1-2:50p Meyerson, R INTERNET

30541 W 10-11:50a Meyerson, R INTERNET

30540 Th 10-11:50a Meyerson, R INTERNET

Managing Bonds And Stocks

EACT 503 - Examines the dynamics of global economics, stock and bond markets, and mutual funds with an emphasis on helping investors develop an informed and strategic investment philosophy.

30543 T 1-2:50p Meyerson, R INTERNET

Estate Planning

EACT 504 - Examines financial and estate planning matters.

Topics may include probate estates, trusts, wills, property transfers, marital property, advance directives, powers of attorney, elder law, tax implications, and charitable gifts.

Current information can include the California Probate Code, community property versus joint tenancy, and creation of investment models and wills. The student will learn personal financial planning, changes in estate and income tax law, money management and investment strategies.

30544	ASYNCH	Murphy, T	INTERNET
30545	T	6-7:50p	Murphy, T

LANGUAGES

Beginning French Conversation And Culture

EFRN 500 - This foundational course designed for older adults emphasizes basic French language acquisition and introduces students to components of various French-speaking cultures. Students will gain essential language skills and cultural awareness, enhancing their ability to engage in meaningful conversations, navigate travel, and explore the rich tapestry of French-speaking countries.

30728	Th	6-7:50p	Tamer, N	INTERNET
30729	F	1:30-3:20p	Currili, C	LWV1BLRM

Intermediate French Conversation And Culture

EFRN 501 - This course is designed for older adult students with prior French language experience. It builds upon existing language skills and delves deeper into various aspects of French-speaking cultures. Throughout this course, students will enhance their language proficiency and cultural understanding, enabling them to engage in more nuanced conversations and explore the multifaceted aspects of French-speaking societies with greater insight.

30730	F	6-7:50p	Tamer, N	INTERNET
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Advanced French Conversation And Culture

EFRN 502 - This is an immersive course designed for older adult students with a high level of proficiency in the French language. This course goes beyond language acquisition to explore the intricacies of French-speaking cultures in depth. Through advanced language practice and cultural exploration, students will engage in sophisticated conversations, develop a profound understanding of France and other French-speaking societies' heritages, and gain insights into the complexities of French-speaking societies, art, and traditions.

30737	Th	2-3:50p	Currili, C	SC GW363
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Beginning Italian Conversation And Culture

EITA 500 - This foundational course designed for older adults emphasizes basic Italian language acquisition and introduces students to components of Italian culture. Students will gain essential language skills and cultural awareness, enhancing their ability to engage in meaningful conversations, navigate travel, and explore the rich tapestry of Italian life and society.

30750	T	1-3:50p	Baracco, P	INTERNET
30746	T	6-7:50p	Baracco, P	INTERNET

Intermediate Italian Conversation And Culture

EITA 501 - This course is designed for older adult students with prior Italian language experience. It builds upon existing language skills and delves deeper into various aspects of Italian culture. Throughout this course, students will enhance their language proficiency and cultural understanding, enabling them to engage in more nuanced conversations and explore the multifaceted aspects of Italian life and society with greater insight.

30769	Th	6-7:50p	Baracco, P	INTERNET
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Advanced Italian Conversation And Culture

EITA 502 - This is an immersive course designed for older adult students with a high level of proficiency in the Italian language. This course goes beyond language acquisition to explore the intricacies of Italian culture in depth. Through advanced language practice and cultural exploration, students will engage in sophisticated conversations, develop a profound understanding of Italy's rich heritage, and gain insights into the complexities of Italian society, art, and traditions.

30771	T	10:30a-12:20p	Staff	SC GW382
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Beginning Practical Spanish

ESPA 500 - Basic fundamentals of conversational Spanish. Includes reading, comprehension, speaking, and writing.

30807	ASYNCH	Enciso, M	INTERNET
30804	M	6-7:50p	Duran Demehranfard, M
30810	T	1-2:50p	Staff
30805	W	1-2:50p	Petry, P
30806	Th	10-11:50a	Enciso, M

Intermediate Practical Spanish

ESPA 501 - Further the fundamentals of communicative competence in practical Spanish. Focus is on listening, comprehension, speaking, reading, and writing.

30816	M	2-3:50p	Petry, P	INTERNET
30811	T	10-11:50a	Staff	INTERNET
30818	T	6-7:50p	Duran Demehranfard, M	INTERNET
30813	W	10-11:50a	Nuñez, G	LFCCCRAFT

HUMANITIES AND SCIENCES

Advanced Practical Spanish

ESPA 502 - Designed for advanced students seeking to develop fluency in Spanish. The emphasis is on expression and conversation.

30825	ASYNCH		Duran Demehranfard, M	INTERNET
30822	W	6-7:50p	Duran Demehranfard, M	INTERNET
30823	Th	10-11:50a	Staff	LHCCSC

PHILOSOPHY

Freethought Philosophy Past And Present

EPHL 504 - History of freethought consisting of the heterodox religious systems and secular philosophies that have appeared in opposition to the Judaeo-Christian tradition in the Western world from the Classical Age of Greece and Rome to the present. Study deism, pantheism, agnosticism, atheism as well as multicultural religious philosophical systems and beliefs.

30772	ASYNCH		Jenks, G	INTERNET
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POLITICAL SCIENCE

Current Political Events And Issues

EPOL 501 - Exploration of current issues and events on global, national, and local government levels. Problem areas include crime, economics, social services, environment, and terrorist.

30774	M	10-11:50a	Brooks, K	INTERNET
30780	W	1-2:50p	Brooks, K	INTERNET
30803	Th	10-11:50a	Yeganehshakib, R	INTERNET
30781	F	10-11:50a	Harrington, W	LWV5MPR1

TECHNOLOGY

Life And Technology Integration

ECIM 501 - Introduction to current and emerging technologies for the purpose of creating ease, efficiency, and comfort in the completion of daily tasks through the integration of technology into life. Topics include internet use, desktop and laptop computers, tablets, smart cell phones, apps, and other emerging technologies.

30692	T	1-2:50p	Palacios, L	LFCCPC
30694	Th	1-2:50p	Palacios, L	INTERNET

Intermediate Life And Technology Integration

ECIM 502 - Designed for the older adult, intermediate concepts are introduced related to current technologies to expand skill sets through the integration of technology into life. Topics include in depth concepts on Smartphone features for Android and Iphone, Ipads, Mac computers, Chromebooks, cloud computing, and security features.

30701	ASYNCH		Wolzinger, R	INTERNET
30700	M	6-7:50p	Cantus, S	INTERNET

Advanced Life And Technology Integration

ECIM 503 - Designed for the older adult, advanced concepts are introduced related to current technologies to expand skill sets through the integration of technology into life. Topics include lecture discussions and lab-practice on smartphone and tablet features for Android and iPhone, iPads, Apple and PC computers, cloud computing, and security features.

30705	W	3-4:50p	Wolzinger, R	INTERNET
30703	F	10-11:50a	Strobel, J	INTERNET

WRITING AND LITERATURE

Advanced Creative Writing

EENG 501 - An in-depth study of creative writing through the development of nonfiction and fiction prose. Emphasis on point of view, plot description, characterization, dialogue, narration, theme, and sensation.

30707	M	1-3:50p	Demarco-Barrett, B	INTERNET
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Non-Fiction Writing

EENG 502 - Techniques and practices in writing nonfiction articles, essays, and biographical sketches.

30709	T	1-3:50p	Hays, S	INTERNET
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Fundamentals Of Creative Writing

EENG 503 - Explores the basic elements of fiction and non fiction writing including audience, structure, voice, description, setting, and manuscript development with a focus on the skills necessary to grow as a writer.

30710	T	9-11:50a	Hecht, S	INTERNET
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Intermediate Creative Writing

EENG 504 - Course builds upon the basic elements of fiction and non-fiction writing to promote a more in-depth study of creative writing. Students will develop point of view, plot description, characterization, dialogue, theme, narration, and prose directed toward more advanced skills. Students may learn techniques of the form by discussing their work, as well as the assigned readings, in a small group setting.

30711	W	1-3:50p	Kramer, K	INTERNET
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Literature And Life

EENG 510 - Designed for the older adult, this survey course introduces students to works of prose, essays, poetry, drama, fiction, and non-fiction to encourage the study, interpretation, and articulation of the common human experience found within world literature. Selected works will be chosen from varying cultures and languages. Topics covered may include: religious history, social justice, colonization, cultural identity, identity development, alienation, gender roles, race, family life, and social class. Older adult students will analyze selected literary works and compare and contrast cultural, political, philosophical, and humanistic themes in order to promote active citizenship and individual responsibility in a global context.

30713	Th	1-2:50p	Broeske, P	INTERNET
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The Bible As Literature: Genesis To Psalms

EENG 511 - A literary examination of the Hebrew Bible from Genesis to Psalms, analyzing the structure, form, authorship, transmission, style, and distinctive themes of these books with a special focus on the narrative arc or meta-narrative of the section and the original Jewish cultural contexts from which this literature arose.

30714	M	12-1:50p	Jenks, G	INTERNET
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The Bible As Literature - Psalms To Gospels

EENG 512 - A literary examination of the Bible from the Hebrew Psalms to the Synoptic Gospels, analyzing the structure, form, authorship, transmission, style, and distinctive themes of these books. There is special focus on the original Jewish cultural contexts from which this literature arose.

30717	W	4-5:50p	Monette M	INTERNET
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Film Analysis Through Literary Critique

EENG 515 - Examination of film as a 20th and 21st century art form. Considers foreign and domestic cinema with a focus on archetype, myth, symbol, characterization, and plot.

30721	M	1-3:50p	Hecht, S	INTERNET
30723	T	2-4:50p	Hecht, S	INTERNET
30719	W	2-4:50p	Broeske, P	INTERNET
30725	Th	1-3:50p	Kramer, K	LWV5MPR1
30726	Th	6-8:50p	Young, C	INTERNET

Writing Fiction

EENG 517 - This class will be focused entirely on writing fiction in both long and short forms. Through lecture, discussion, writing practice, and critique, students will learn how to craft fiction, from short form to long. Students may work on their individual writing goals during the term, producing short stories or chapters of a novel. Peers will offer oral and/or written feedback on work submitted to the class. Students will also be able to share their writing without critique. The class will also cover how to place work for publication and how to find a literary agent or publisher.

30727	Th	1-3:50p	Demarco-Barrett, B	INTERNET
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