



# EMERITUS INSTITUTE

SUMMER 2026  
TERM  
6/1-7/25



## Summer 2026

### Schedule of Classes

*Tuition-free courses for adults*

949.582-4835

[www.saddleback.edu/emeritus](http://www.saddleback.edu/emeritus)



# EMERITUS INSTITUTE

Discover a world of learning at the Saddleback College Emeritus Institute. Explore tuition-free courses for adults, offered in-person and online. Join our lifelong learning community today!

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### Fine, Applied, and Performing Arts **10-14**

Acting	Fiber Arts	Painting
Ceramics	Jewelry	Photography
Drawing	Mixed Media	Stone and Glass
Fashion	Music	



### Health and Wellness **15-18**

Aerobics	Chair Exercise	Sequential Stretching
Aquatic Fitness	Circuit Training	Tai Chi
Balance and Mobility	Health	Yoga
	Pilates	



### Humanities and Sciences **19-21**

Applied Biology	Investing	Technology
Art History and Theory	Languages	Writing and Literature
History	Philosophy	
	Political Science	

# How to Become a Saddleback College Emeritus Student



**Apply Today!**

**New Students:** Complete the online application at [saddleback.edu/emeritus](http://saddleback.edu/emeritus).

**Returning Students:** If you've missed two semesters, reapply online at [saddleback.edu/emeritus](http://saddleback.edu/emeritus).

**Continuing Students:** If you have taken a class this or last semester, you do not need to reapply! Simply check your registration date, (also called Time Ticket), in MySite and then register when it's time.

## Once You Become an Emeritus Student ... It's Time to Register!

1. Once the Admissions and Records Office has processed your application, you will be sent an email with your Saddleback College student email address and instructions to create your password, and instructions on how to find your registration appointment start date and time.
2. After your registration appointment begins, sign in to MySite at [apps.saddleback.edu](http://apps.saddleback.edu) and register for classes! **Starting Fall 2025, MySite became Banner MySite and is where students register and update personal information.**

### How to Register

- Step-by-step **online instructions** are available at: [www.saddleback.edu/emeritus](http://www.saddleback.edu/emeritus)
- We have several **in-person registration events** where you can get one-on-one, in-person support. See Important Dates.
- **Drop into the Saddleback College Admissions and Records Department** at any time during regular hours for personal assistance. No appointment is necessary. Gateway Building, room 130.

## Important Dates 2026

**APRIL 22-27**  
Summer 2026 current  
Emeritus Institute  
student registration

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**APRIL 30**  
Summer 2026  
open registration

City of Dana Point  
In-person Registration  
9am-4pm

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**MAY 1**  
Palma Community  
In-person Registration  
9am-4pm

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**MAY 4** (updated since printing)  
Florence Sylvester Center  
In-person Registration  
9am-4pm

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**JUNE 1-JULY 25**  
Summer 2026 term

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**JUNE 8-11**  
Fall 2026  
current Emeritus Institute  
student registration

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**JUNE 17**  
Fall 2026 open registration

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**AUG 17-DEC 16**  
Fall 2026 semester

# How to Read the Class Schedule

**- SAMPLE CLASS LISTING -**

<b>Fundamentals of Art Analysis and Appreciation</b>						
<b>EART 503</b> - Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art.						
10025	F	10:00-11:50a	Hoffman, L.	LVW5		
10345	ASYNCH		Hoffman, L.	INTERNET		

**Class title**

**Class prefix and number**

**Five-digit class reference number (CRN); needed for online registration.**

**Day of the week class is being held.**

**ASYNCH** = fully online class with no set meeting times. Coursework to be completed at your own pace, with no live meetings.

**Time of day class is being held, either in person or online.**

**Name of class instructor**

**Location code of in-person class; see pages 7-9 for full location name and address.**

**If location code is INTERNET, class is held online; either asynchronously (no live meeting) or synchronously (meeting at a set day/time). See "day of week" column to determine if the class has a set meeting time or if it is asynchronous.**

## Helpful Tips

- When you register for a class, you will need to know the **5-digit class reference number (CRN)** specific for that section.
- To know if a class meets in-person or online, check its **LOCATION** listing. The listing will show either a **location abbreviation** (found on pages 7-9) for in-person classes, or **INTERNET** for online classes.
- **Courses in printed schedule are subject to change.** Visit [www.saddleback.edu/emeritus](http://www.saddleback.edu/emeritus) for the most current classes.
- Some online classes are *synchronous*; they have a specific day and time to meet. These classes have a day of week and time listed, with the location listed as **INTERNET**.
- Other online classes are *asynchronous*; they have no set class meeting times. For these classes, you complete the coursework at your own pace and schedule, with no live meetings. These classes are listed in the schedule as **ASYNCH**, with the location listed as **INTERNET**.

# Registration Instructions

1. Use the printed class schedule or [www.saddleback.edu/emeritus](http://www.saddleback.edu/emeritus) to review the CRNs for the courses you'd like to register for (CRN: #####. EACT 500)
2. **Go to: [apps.saddleback.edu](http://apps.saddleback.edu):** Use your Saddleback College Email Address and Password. If prompted, complete the Multi-Factor Authentication text / call.
3. **Select the MySite icon, then the semester you're registering for.**
4. **Find the Students Start Here 1st card. Select #7, Register for Classes**
5. **Select "Register-Waitlist-Drop Classes." Select the semester you're registering for and Select Continue.**
6. **Select the tab "Enter CRNs" then enter the CRN\* in the box. Select Add to Summary.** The course will appear in green as "Pending" in the summary below.
7. Scroll to the bottom select **Submit**.
  - The status for your added classes will change from "Pending" to "**Registered**".
  - **The summary is your confirmation that you're registered for the classes listed.**
  - The Admissions & Records Office will also send a confirmation email to your college email address in approximately 24 hours.

## - TO DROP A CLASS -

- Follow Steps 1-5.
- Select the drop-down menu next to the course and choose the appropriate action.

*\* CRNs – (Course Reference Numbers) were formerly called class ticket numbers. CRNs have FIVE (5) numbers and NO letters.*

**Need Help Registering?**

**COMPUTER**  
STEP-BY-STEP INSTRUCTIONS:



**MOBILE**  
STEP-BY-STEP INSTRUCTIONS:



# Frequently Asked Questions

## Can any adult take Emeritus Institute courses?

Yes! The program is designed for adults who want to continue to learn, especially after retirement.

## Are classes really tuition-free?

All of our classes are tuition-free. However, classes on the Saddleback College campus do require a health fee. This fee must be paid at the time of registration.

## What are the benefits of taking an Emeritus Institute class?

In addition to learning new skills and making the time to do something you truly enjoy, our students say they have created a sense of community and met new friends. In our classes, you will be challenged, stimulated, and motivated.

## Are these courses challenging?

The Emeritus Institute offers college-level classes designed to be challenging and stimulating. You will not receive a “letter grade,” but student learning is evaluated by our outstanding professional faculty so that you can continue to grow as a student and as an individual.

## Can I audit a class?

Students are not permitted to attend classes in which they are not officially enrolled; auditing is not permitted.

## What if a class is full?

If a class is full, you will not be able to register for that class. Instead, you will have the option to add yourself to a waitlist.

## How does the waitlist work?

If you are on a waitlist for a class and a seat becomes available, you will receive an email to your college email address, alerting you to the availability. You will then have the option to go online and register for the class. If you do not register for the class, the seat will go to the next person on the waitlist.

## How do I access an online class?

Saddleback College uses CANVAS for our online classes, a learning management system that will connect you with your instructor and classmates. To access CANVAS, log in at [apps.saddleback.edu](https://apps.saddleback.edu).

## When can I register for classes?

You may register for any open class, even if the class has already started. Course enrollment closes 60% of the way through the course.

## What if I can't attend the first day of class?

Faculty reserve the right to drop “enrolled” students who do not attend the first class session. Please reach out to the faculty member via email before the first day to prevent being dropped.





# Classes By Location

## **DANA POINT**

**City Of Dana Point Community Center (CITY DP)  
34052 Del Obispo Road, Dana Point, CA 92629**

- Cardiovascular Wellness (Aerobics)
- Focus And Muscle Strength (Yoga)
- Intermediate Movement And Health (Intermediate Chair Exercise)
- Posture And Mobility (Sequential Stretching)

## **LAGUNA HILLS**

**Florence Sylvester Senior Center (FS SENCTR)  
23721 Moulton Parkway, Laguna Hills, CA 92653**

- Balanced Movement (Tai Chi)
- Beginning Movement And Health (Beginning Chair Exercise)
- Survey Of Balance/Mobility Techniques (Balance And Mobility)

**Laguna Hills Community Center (LHCCSC)  
25555 Alicia Parkway, Laguna Hills, CA 92653**

- Advanced Practical Spanish
- Fundamentals Of Sketching
- Intermediate Painting In Oil/Acrylic
- Intermediate-Advanced Techniques Of Watercolor Painting
- Intermediate-Advanced Watercolor

## **LAGUNA NIGUEL**

**Sea Country Senior Center (SEACOUNTRY)  
24602 Aliso Creek Road, Laguna Niguel, CA 92677**

- Balanced Movement (Tai Chi)
- Cardiovascular Wellness (Aerobics)
- Muscle Development (Pilates)

## **LAGUNA WOODS**

**Laguna Woods Village Clubhouse 1 (LWV1)  
24240 Calle Aragon, Laguna Woods, CA 92637**

- Intermediate Practical Spanish
- Cardiovascular Health (Aerobics)
- Posture And Balance (Sequential Stretching)
- Posture And Mobility (Sequential Stretching)
- Fundamentals Of Life Drawing
- Fundamentals Of Watercolor Painting
- Portrait Painting In Oils, Watercolor And Pastels
- Fundamentals Of Sketching
- Intermediate Sketching
- Aqua-Cardio Health (Aquatic Fitness)
- Aqua-Cardio Wellness (Aquatic Fitness)

**Laguna Woods Village Clubhouse 4 (LWV4)**  
**23507 Via Mariposa W, Laguna Woods, CA 92637**

- Pastel Painting
- Advanced Ceramics
- Beginning Ceramics-Wheel
- Intermediate Ceramics-Wheel
- Survey Of Ceramics And Handbuilding
- Beginning Jewelry Metal Fabrication
- Inter Techniques Of Metal Fabrication For Jewelry
- Intermediate Enameling
- Intermediate Jewelry Metal Fabrication
- Advanced Stained Glass
- Beginning Intarsia
- Beginning Lapidary
- Beginning Stained Glass
- Intermediate Lapidary
- Fundamentals Of Design For Digital Slideshows
- Fundamentals Of Digital Photography
- Intermediate Digital Photography
- Advanced Ceramics-Slipcasting
- Beginning Techniques Of Ceramic Slipcasting
- Intermediate Ceramics-Slipcasting

**Laguna Woods Village Clubhouse 5 (LWV5)**  
**24262 Punta Alta, Laguna Woods, CA 92637**

- Film As Literature
- Aqua-Cardio Wellness (Aquatic Fitness)
- Balanced Movement (Tai Chi)
- Cardiovascular Wellness (Aerobics)
- Focus And Muscle Strength (Yoga)
- Intermediate Movement And Health (Intermediate Chair Exercise)
- Posture And Balance (Sequential Stretching)
- Survey Of Balance/Mobility Techniques (Balance And Mobility)
- Aqua-Cardio Health (Aquatic Fitness)
- Aqua-Cardio Wellness (Aquatic Fitness)

**Laguna Woods Village Performing Arts Center (LWV PAC)**

**23822 Avenida Sevilla, Laguna Woods, CA 92637**  
• Scene Study-Acting

**LAKE FOREST**

**Lake Forest Community Center (LFCC)**  
**100 Civic Center Drive, Lake Forest, CA 92630**

- Intermediate Practical Spanish
- Intermediate Life And Technology Integration
- Life And Technology Integration

**MISSION VIEJO**

**Casta Del Sol (CASTADELSO)**  
**27669 Casta Del Sol, Mission Viejo, CA 92692**

- Focus And Flexibility (Yoga)

**Saddleback College Fine Arts Building (SC BGS, FA, LRC, GW)**

**28000 Marguerite Parkway, Mission Viejo, CA 92692**

- Intermediate Clothing Construction
- Vocal And Rhythmic Techniques
- Emeritus Institute Concert Chorale
- Beginning Ceramics-Wheel
- Intermediate Ceramics-Wheel
- Fundamentals Of Digital Photographic Editing And Restoration

## Laguna Woods Village Parking Passes

**STUDENT PARKING FEE:**

Laguna Woods Village (LWV) requires non-resident students who drive a vehicle into the community to pay a Student Parking Pass Fee, which is \$40 per vehicle per each fall and spring semester and \$30 for summer. Payment may be made by check or cash only, no credit cards accepted.

Laguna Woods Village does not refund parking pass purchases. Only one parking pass per vehicle needs to be presented when students are carpooling.

**PAYMENT / PICK-UP:**

LWV parking passes must be paid for and picked up at the Laguna Woods Village Community Center, 24351 El Toro Rd, Laguna Woods, CA 92637, beginning one week prior to the semester start.

**BRING:**

1. A government-issued ID or driver's license;
2. Your printed class enrollments OR your enrollments displayed on your phone or other device.

## ONLINE

### Synchronous

- Classes use Canvas and meet live online through Zoom at scheduled times

### Asynchronous

- Classes use Canvas and do not have scheduled meeting times

## RANCHO MISSION VIEJO

### Rancho Mission Viejo Garage Studios (RMVGARAGE)

1 Salubre, Rancho Mission Viejo, CA 92694

- Advanced Painting In Oil-Acrylic
- Art Media Studies
- Beginning Painting In Oil/Acrylic
- Pastel Painting
- Portrait Painting In Oils, Watercolor And Pastels

## Rancho Mission Viejo Guest House (RMVGUEST)

11 Brioso St, Rancho Mission Viejo, CA 92694

- Balanced Movement (Tai Chi)
- Focus And Muscle Strength (Yoga)
- Muscle Development (Pilates)
- Muscle Strengthening/Body Alignment (Pilates)
- Posture And Balance (Sequential Stretching)

## SAN JUAN CAPISTRANO

### San Juan Capistrano Community Center (SJCCOMMCTR)

25925 Camino Del Avion,  
San Juan Capistrano, CA 92675

- Balanced Movement (Tai Chi)
- Focus And Muscle Strength (Yoga)
- Posture And Balance (Sequential Stretching)





# Fine, Applied, and Performing ARTS

## ACTING

### Scene Study-Acting

**ETHE 500** - Concentrates on essential skills of method acting by review of the works of major playwrights, scene development, characterization, and improvisation.

51109 Th/Asynch 10a-12:15p Kind, R LWV3REHEA

## CERAMICS

### Survey Of Ceramics And Handbuilding

**EART 509** - A practical and historical introduction to the ceramics process. The course will include hand building, trimming and finishing, firing and glazing.

50366 T 9a-12:05p Flores Nava, J LWV4CER

### Beginning Ceramics-Wheel

**EART 511** - Introduction to potter's wheel techniques, with emphasis on traditional shapes and forms. Includes wheel throwing techniques, trimming and finishing, firing and glazing.

50507 T/Th/Asynch 3-5:45p Haight, L FA209

50508 W/Asynch 1-3:50p Adams, D LWV4CER

### Advanced Ceramics

**EART 513** - Course directs advanced projects in ceramics with emphasis on the use of the potter's wheel. Evaluation of forms and creative use of ceramic concepts and materials will be emphasized.

50509 Th/Asynch 9a-12:05p Flores Nava, J LWV4CER

### Intermediate Ceramics-Slipcasting

**EART 515** - Intermediate level theory and technique in low firing clay slipcasting. Exploration of basic functions, forms, color, glazing and decorative techniques.

50510 M/Asynch 9-11:50a Elizalde-Henson, S LWV4SLP

50511 W/Asynch 9-11:50a Elizalde-Henson, S LWV4SLP

### Advanced Ceramics-Slipcasting

**EART 516** - Advanced ceramic slipcasting techniques including concepts in advanced surface and color in the low fire ceramic process. Advanced glaze concepts, including specialty glazes, advanced use of ceramic forms, and ceramic product development will be emphasized.

50512 W/Asynch 1-3:50p Elizalde-Henson, S LWV4SLP

### Intermediate Ceramics-Wheel

**EART 518** - Covers theory, materials, and techniques of ceramics at an intermediate level. Includes design-forming techniques, use of the potter's wheel, glazing, and firing.

50513 M/Asynch 1-3:50p Elizalde-Henson, SLWV4CER

50514 M/W 3-6:05p Haight, L FA209

### Beginning Techniques Of Ceramic Slipcasting

**EART 519** - Theory and history of ceramics as well as basic techniques in ceramic slipcasting, including pouring low fire slip into molds, finishing, carving, underglazes, glazes, and overglaze applications, plus firing processes.

50516 M/Asynch 1-3:50p Flores Nava, J LWV4SLP

*Additional art supplies may be required for any Emeritus Art classes listed.*

# FINE, APPLIED, AND PERFORMING ARTS

## DRAWING

### Fundamentals Of Sketching

**EART 549** - Basic drawing techniques with emphasis on dry media and ink. Students will work on gesture, construction, perspective and value.

51094	W/Asynch	9-11:50a	Ortiz, R	LHCCSCCLRM
50531	W/Asynch	9-11:50a	Willis, E	LWV1MPR2

### Beginning Sketching

**EART 550** - Basic drawing techniques with emphasis on dry media and ink. Students will work on on gesture, construction perspective and value.

50535	Asynch		Nielsen, M	INTERNET
50536	Asynch		Nielsen, M	INTERNET
51095	T	1-4:05p	Nilsen, C	INTERNET
51096	W	1-4:05p	Rogers-Cloud, R	INTERNET

### Intermediate Sketching

**EART 551** - Using traditional and contemporary drawing media and techniques in a variety of subjects. Builds upon basic drawing techniques.

51097	M/Asynch	1-3:50p	McHugh, J	INTERNET
50537	W/Asynch	1-3:50p	Willis, E	LWV1MPR2

### Fundamentals Of Life Drawing

**EART 553** - Sketching and drawing the life model. Emphasis on the fundamental structure of the human body, including skeletal and muscular systems.

50538	M/Asynch	9-11:50a	Beck, J	LWV1MPR1
50540	M/Asynch	1-3:50p	Beck, J	LWV1MPR1
51098	Th/Asynch	9a-12:05p	Jekabsons, I	INTERNET
50541	F/Asynch	9-11:50a	Beck, J	LWV1MPR1

## FASHION

### Intermediate Clothing Construction

**EFSH 503** - This course outlines clothing construction and pattern alterations for personal wardrobe. Students will examine and utilize commercial patterns, selection of fabric, textures and principles of color design.

50570	W/Asynch	9-11:50a	Elston, L	BGS110
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## FIBER ARTS

### Quilting And Patchwork

**EFSH 500** - This course will feature fundamental quilting/patchwork techniques such as applique, cathedral windows, crazy quilting, fabric selection, pattern drafting, piecing, reverse applique, and trapunto.

50569	T/W/Asynch	1-1:50p	Chandler, S	INTERNET
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## JEWELRY

### Intermediate Enameling

**EART 531** - A studio course emphasizing traditional and contemporary concepts, processes, and techniques in enameling at an intermediate level.

50522	Th/Asynch	1-3:50p	Lommatsch Barrett, C	LWV4JLY
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### Beginning Jewelry Metal Fabrication

**EART 532** - A studio course with emphasis on the basic metal manipulation techniques involved in making jewelry. Different projects taught each semester.

50525	M	9a-12:05p	Rokni, S	LWV4JLY
50524	T	9a-12:05p	Lommatsch Barrett, C	LWV4JLY

### Intermediate Jewelry Metal Fabrication

**EART 533** - An intermediate studio course emphasizing the concepts, processes and techniques involved in the making of jewelry. Includes demonstration and practice in the design and construction of jewelry.

50526	T	4:30-7:35p	Rokni, S	LWV4JLY
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### Inter Techniques Of Metal Fabrication For Jewelry

**EART 536** - An intermediate studio course emphasizing the concepts, processes and techniques involved in the making of jewelry. Includes demonstration and practice in the design and construction of jewelry.

50527	Th/Asynch	5-7:50p	Lommatsch Barrett, C	LWV4JLY
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## MIXED MEDIA

### Art Media Studies

**EART 540** - Introduction to art media and related fine arts processes. Traditional and contemporary processes in fine art/mixed media and related processes including drawing, painting, printmaking, collage and assemblage in both two-dimensional and three-dimensional art forms.

50530	M/Asynch	8-10:50a	Shoro, N	INTERNET
50528	W/Asynch	1-3:50p	Leonard, S	RMVGARAGE

# FINE, APPLIED, AND PERFORMING ARTS

## MUSIC

### For The Love Of Music

**EMUS 500** - Introduction to music history focusing on musical periods and composers that have shaped Western musical developments.

50572 Th/Asynch 9a-12:05p Kim, J INTERNET

### Introduction To Opera

**EMUS 501** - Students will learn music listening skills in order to appreciate Opera history focusing on musical periods, composers, opera repertoire, and performers from the Renaissance to present, such as Claudio Monteverdi, Wolfgang Amadeus Mozart, Giuseppe Verdi and Giacomo Puccini.

50573 Th/Asynch 1-4:05p Kim, J INTERNET

### Emeritus Institute Concert Chorale

**EMUS 502** - Course emphasizes choral singing and literature through the application of correct vocal technique. Field trips may be required to fulfill the objectives of the course.

50574 T/Asynch 3-4:50p Huntington, J FA103

### Vocal And Rhythmic Techniques

**EMUS 509** - Emphasizes vocal techniques, including, breath control, tone production and articulation, applied to selected music literature. Field trips may be required to fulfill the objectives of the course.

50575 T/Asynch 1-2:50p Huntington, J FA101

### Survey Of American Music

**EMUS 521** - A survey of American music and composers through cultural and socioeconomic developments, and historical context. Students will be introduced to styles and trends of great American music, including Classical, Jazz, Opera, Blues, Rock, Pop, Musical Theater, Film Music, Folk, Sacred, and Country music.

50576 M/Asynch 9-11:50a Kouritas, G INTERNET

### 19th Century Romanticism And Emotion In Music

**EMUS 522** - From Beethoven and Tchaikovsky to American composer Amy Beach, the Romantic era of the nineteenth century is full of passionate music that speaks to everybody's heart and soul. The course covers the different romantic music traditions, and makes connections with other art forms that inspired the nineteenth century composers.

50577 M/Asynch 12-2:50p Kouritas, G INTERNET

## PAINTING

### Beginning Painting In Oil/Acrylic

**EART 560** - Introductory course to the materials and techniques of oil and/or acrylic painting.

51100 M 9a-12:05p Jekabsons, I INTERNET

50543 T 1-4:05p Moore, E RMVGARAGE

51099 W 1-4:05p Nilsen, C INTERNET

### Intermediate Painting In Oil/Acrylic

**EART 561** - This course is designed for students who have some basic knowledge of color, composition and perspective and who wish to improve techniques, develop creativity and use their own resource materials.

51101 Asynch Shoro, N INTERNET

51093 T/Asynch 9-11:50a Ortiz, R LHCCSCCLRM

### Advanced Painting In Oil-Acrylic

**EART 562** - This course is designed for students who have an intermediate/advanced knowledge of painting, and who wish to continue to sharpen technique and further develop creativity, and style.

50545 Asynch Bartlett, M INTERNET

50547 M 10a-1:05p Bartlett, M RMVGARAGE

51102 T 9a-12:05p Jekabsons, I INTERNET

### Painting In Subject Areas

**EART 563** - Provides theory and demonstration of materials and techniques in a variety of subject matter and art mediums. Emphasis in working from life: plein air, figure and/or still life. Field trips may be required to fulfill the objectives of the course.

50548 S/Asynch 9-11:50a Ortiz, R INTERNET

### Portrait Painting In Oils, Watercolor And Pastels

**EART 564** - Constructing the human head and features using a variety of painting styles and techniques.

Demonstrations in oils, watercolors, and/or pastels.

50552 W/Asynch 9-11:50a Leonard, S RMVGARAGE

50554 Th/Asynch 9a-12:05p Ortiz, R INTERNET

51103 F/Asynch 9a-12:05p Jekabsons, I INTERNET

50550 F/Asynch 1-3:50p Beck, J LWV1MPR1

### Survey Of Painting In Multiple Subject Areas

**EART 565** - Provides theory and demonstration of materials and techniques in a variety of subject matter and art mediums. Emphasis in working from life: plein air, figure and/or still life. Field trips may be required to fulfill the objectives of the course.

51104 T 1-4:05p Rogers-Cloud, R TBA

# FINE, APPLIED, AND PERFORMING ARTS

## Fundamentals Of Watercolor Painting

**EART 569** - Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored.

51105	Asynch		Shoro, N	INTERNET
51268	M/Asynch	9-11:50a	Moore, E	INTERNET
50556	W/Asynch	1-3:50p	McHugh, J	LWV1MPR1

## Beginning Watercolor

**EART 570** - Basic methods of applying watercolor: washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored.

51107	T	9a-12:05p	McHugh, J	INTERNET
51106	W	9a-12:05p	Rogers-Cloud, R	INTERNET

## Intermediate-Advanced Watercolor

**EART 571** - Advanced techniques in watercolor. Emphasis on the exploration of traditional and contemporary palette, technique and style.

50557	Asynch		Bartlett, M	INTERNET
50558	M	9a-12:05p	Rogers-Cloud, R	LHCCSCCLRM
51108	W	1-4:05p	Staff	INTERNET

## Intermediate-Advanced Techniques Of Watercolor Painting

**EART 574** - Advanced techniques in watercolor. Emphasis on the exploration of traditional and contemporary palette, technique and style.

50559	F/Asynch	9a-12:05p	Willis, E	LHCCSCCLRM
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## Pastel Painting

**EART 580** - Traditional and contemporary methods of pastel painting with soft and hard pastels. Emphasis in multilayered techniques.

50567	M/Asynch	9-11:50a	Willis, E	LWV4ART
50568	T/Asynch	9-11:50a	Moore, E	RMVGARAGE

## PHOTOGRAPHY

### Intermediate Digital Photography

**EPHO 503** - Reviews technical aspects of using a digital camera, image composition, downloading, storing, organizing and editing images using software programs. Also includes portraits, landscape, low-light photography, flash techniques, digital media enhancement, and the use of filters. Students will also learn the basic principles of judging and evaluating photographs. Field trips may be required to fulfill the objectives of the course.

50578	M/W/Asynch	2-4:05p/2-6:05p	Graves, R	INTERNET
50579	T/Asynch	1-3:50p	Hoffman, L	INTERNET
50580	Th/Asynch	1-4:05p	Hoffman, L	LWV4PHO

### Fundamentals Of Design For Digital Slideshows

**EPHO 506** - Covers phases and techniques in digital visual/audio presentations from photo essays, documentaries, how-to and travel shows. Includes planning, photographing, selecting slides, writing narration, preparing graphics, music, sound effects and cues. Field trips may be required to fulfill the objectives of the course.

50581	W/Asynch	9-11:50a	Graves, R	LWV4PHO
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# FINE, APPLIED, AND PERFORMING ARTS

## Fundamentals Of Digital Photography

**EPHO 508** - Covers the technical aspects of using a digital camera and the importance of composition in the creation of an image. Includes still life, landscape, portrait photography and field trips. Downloading, storing, organizing and sharing photographic images using software programs and social media. Field trips may be required to fulfill the objectives of the course.

50582 M/Asynch 9-11:50a Graves, R LWV4PHO  
50583 T/Asynch 9-11:50a Hoffman, L INTERNET

## Fundamentals Of Digital Photographic Editing And Restoration

**EPHO 510** - A practical introductory, entry-level course, for the effective use of updated image editing software on the computer for digital photographers. This practical refresher course prepares students to apply the technical and creative fundamentals of post-production using the Adobe Creative Suite software photography package.

50584 Th/Asynch 9-11:50a Graves, R LRC103

## STONE AND GLASS

### Beginning Intarsia

**EART 520** - Traditional and contemporary intarsia techniques to create a variety of designs with inlaid stones.

50517 W/Asynch 9-11:50a Massamiri, T LWV4LAP

### Beginning Lapidary

**EART 522** - Explores the proper usage of lapidary machines for cutting and polishing stones: slab saw, trim saw, grinders, sanders, lapping wheels, polishers and drills.

50518 T/Asynch 1-3:50p Massamiri, T LWV4LAP

### Intermediate Lapidary

**EART 523** - Explores lapidary machines and hand tools for cutting and polishing stones from rough to semiprecious into a variety of shapes such as cachobons, cameos, and carvings for use in decorative items and jewelry.

50519 T/Asynch 5-7:50p Massamiri, T LWV4LAP

### Beginning Stained Glass

**EART 524** - Fundamental approach for working with stained glass using the copper-foil and lead came technique, in two and/or three-dimensional projects.

50520 Th/Asynch 1-3:50p Canfield, B LWV4LAP

### Advanced Stained Glass

**EART 525** - Designed to explore the possibilities of working in glass by utilizing the kiln to fuse, tack, and slump objects using tested compatible glass. Create a variety of projects incorporating techniques learned in previous 'cold glass' courses.

50521 Th/Asynch 5-7:50p Canfield, B LWV4LAP





# Health and WELLNESS

## AEROBICS

### Cardiovascular Health

**EHEA 500** - Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.  
50150 M/W/F/Asynch 10-10:50a Davies, C LWV1GYM

### Cardiovascular Wellness

**EHEA 501** - Through a cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

50370	Asynch		Demiter, S	INTERNET
50373	Asynch		Messenger, L	INTERNET
50375	Asynch		Roostee, L	INTERNET
50377	M/W/Asynch	7:30-8:20a	Staff	CITYDP
50374	M/W/Asynch	8-8:50a	Nelson, J	INTERNET
50369	M/W/F/Asynch	8-8:50a	Davies, C	PALMIABLRM
50372	T/Th/Asynch	8-8:50a	Himes, M	PALMIABLRM
50368	T/Th/Asynch	9-9:50a	Baldonado-Wilkins, E	INTERNET
50371	T/Th/Asynch	9:15-10:05a	Dickenson, K	SEACOUNTRY

## AQUATIC FITNESS

### Aqua-Cardio Health

**EHEA 504** - Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.  
50379 M/W/F/Asynch 9-9:50a Himes, M PALMIAPOOL  
50378 M/W/F/Asynch 10-10:50a Chavez, E LWV1POOL

### Aqua-Cardio Wellness

**EHEA 505** - Through an aqua-cardiovascular lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize cardiovascular fitness.

51304	M/W/F/Asynch	9-9:50a	Behr, L	LWV1POOL
51741	M/W/F/Asynch	11-11:50a	Huynh, C	LWV5POOL
50383	T/Th/Asynch	9-9:50a	Huynh, C	PALMIAPOOL
50382	T/Th/Asynch	11-11:50a	Chavez, E	LWV1POOL
51303	T/Th/Asynch	12-12:50p	Himes, M	LWV1POOL

# HEALTH AND WELLNESS

## BALANCE AND MOBILITY

### Survey Of Balance/Mobility Techniques

**EHEA 509** - Through a balance and mobility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize balance and mobility.

50390	Asynch		Fong, F	INTERNET
50388	Asynch		Behr, L	INTERNET
50393	M/W/Asynch	9-9:50a	Kelley, S	FSSCBLRM
50392	M/W/Asynch	9-9:50a	Licavoli, L	PALMIABLRM
50394	M/W/Asynch	10-10:50a	Kelley, S	FSSCBLRM
50389	T/Th/Asynch	9-9:50a	McKeachie, A	FSSCBLRM
50395	T/Th/Asynch	9-9:50a	Fox, W	INTERNET

## CHAIR EXERCISE

### Beginning Movement And Health

**EHEA 513** - Through a beginning independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize beginning independent movement techniques.

50397	M/W/Asynch	11-11:50a	Baldonado-Wilkins, E	INTERNET
50396	T/Th/Asynch	10-10:50a	Himes, M	FSSCBLRM

## CIRCUIT TRAINING

### Sequential Muscle Strengthening

**EHEA 538** - Through a sequential muscle strengthening lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize sequential muscle strengthening fitness techniques.

50480	M/W/F/Asynch	8-8:50a	Demiter, S	INTERNET
50477	T/Th/Asynch	8-9:15a	Staff	INTERNET

### Sequential Muscle Technique

**EHEA 539** - Through a sequential muscle strengthening lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize sequential muscle strengthening fitness techniques.

50482	Asynch		Fong, F	INTERNET
50481	M/W/Asynch	10-10:50a	Baldonado-Wilkins, E	INTERNET

## HEALTH

### Age-Related Health Risk Factors

**EGRO 500** - This course provides information to students about age related risk factors contributing to health problems and disease.

50146	T/Th/Asynch	4-5:15p	Penn, E	INTERNET
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### Brain Health And Wellness

**EHEA 536** - This course covers age-related brain functioning and memory-retaining practices. Focus is on anatomy and physiology of the brain, brain function, healthful living choices, memory-loss prevention, neurodegenerative diseases, and managing mental health.

50470	Asynch		Keslacy, S	INTERNET
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*Emeritus invites people that want to be here. They are truly motivated and passionate about learning what they are learning. They are proud to be here."*

- Elena Homans

## INTERMEDIATE CHAIR EXERCISE

### Intermediate Movement And Health

**EHEA 517** - Through an intermediate independent movement techniques lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize intermediate independent movement techniques.

50401	Asynch		Messenger, L	INTERNET
50402	Asynch		Roostee, L	INTERNET
50403	M/W/Asynch	8:30-9:20a	Staff	CITYDP
50400	M/W/Asynch	10-10:50a	Licavoli, L	PALMIABLRM

## PILATES

### Muscle Strengthening/Body Alignment

**EHEA 520** - Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

50407	M/W//Asynch	1-1:50p	Fox, W	RMVGUEST
50405	T/Th/Asynch	8-9:15a	Roostee, L	INTERNET



### Muscle Development

**EHEA 521** - Through a muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

50411	Asynch		Baldonado-Wilkins, E	INTERNET
50414	Asynch		Fong, F	INTERNET
50412	Asynch		Behr, L	INTERNET
50416	M/W/Asynch	10-10:50a	Nelson, J	INTERNET
50413	T/Asynch	1-2:50p	Chavez, E	SEACOUNTRY
50415	T/Th/Asynch	3-3:50p	Fox, W	RMVGUEST

### Inter Muscle Strength/Body Alignment

**EHEA 541** - Through an intermediate muscular strength and body alignment lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining healthy body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize muscular strength and body alignment.

51583	Asynch		Fong, F	INTERNET
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# HEALTH AND WELLNESS

## SEQUENTIAL STRETCHING

### Posture And Balance

**EHEA 524** - Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize posture and flexibility.

50421	M/W/Asynch	11a-12:15p	Licavoli, L	PALMIABLRM
50419	M/W/F/Asynch	8:30-9:20a	Fox, W	SJCCOMMCTR
50418	M/W/F/Asynch	11-11:50a	Davies, C	LWV1GYM
50673	T/Th/Asynch	4-5:15p	Fox, W	RMVGUEST

### Posture And Mobility

**EHEA 525** - Through a posture and flexibility lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize posture and flexibility.

50422	Asynch		Baldonado-Wilkins, E	INTERNET
50423	Asynch		Chavez, E	INTERNET
50426	M/W/Asynch	9:30-10:20a	McKeachie, A	CITYDP
50427	T/Th/Asynch	7-7:50a	Roostee, L	INTERNET
50425	T/Th/Asynch	11-11:50a	Kelley, S	LWV1GYM



## TAI CHI

### Balanced Movement

**EHEA 529** - Through a focused movement lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize focused movement.

50429	T/Asynch	1-2:50p	Costa, R	RMVGUEST
50433	T/Th/Asynch	10:30-11:20a	Nguyen, T	INTERNET
50435	W/Asynch	1-2:50p	Nguyen, T	FSSCBLRM
50430	Th/Asynch	11a-12:50p	Costa, R	SJCCOMMCTR
50432	Th/Asynch	2-3:50p	Costa, R	SEACOUNTRY
51735	F/Asynch	12-1:50p	Costa, R	PALMIABLRM

## YOGA

### Focus And Muscle Strength

**EHEA 532** - Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize concentration and muscle strength.

50449	M/W/Asynch	10:30-11:45a	McKeachie, A	CITYDP
51734	M/Th	1-2:30p	Kelley, S	PALMIABLRM
50455	T/Th/Asynch	8:30-9:45a	Nguyen, T	SJCCOMMCTR
50454	T/Th/Asynch	11:15a-12:30p	McKeachie, A	RMVGUEST

### Focus And Flexibility

**EHEA 533** - Through a concentration and muscle strength lecture course with labs used to demonstrate skills primarily for the older adult, this course encourages cognitive health and physical wellness. Students will learn methods of achieving and maintaining ideal body composition, illness, and injury prevention through lectures, discussions, and demonstrations on balanced nutrition and life sustaining exercise strategies that emphasize concentration and muscle strength.

50462	Asynch		Baldonado-Wilkins, E	INTERNET
50464	Asynch		Fong, F	INTERNET
50906	Asynch		McKeachie, A	INTERNET
50465	W/Asynch	6-7:50p	Licavoli, L	CASTADELSO



# Humanities and SCIENCES

## APPLIED BIOLOGY

### Advanced Birding

**EBIO 501** -Designed for the older adult with previous coursework or experience in ornithology or birding. Course furthers the study of bird anatomy, ecology, and evolution of birds with an emphasis on developing student skills in identification of bird species in the field.

50157 M/TBD 1-3:05p Leipzig, V/Gordon, P INTERNET/TBD

## ART HISTORY AND THEORY

### Art History

**EART 501** - This class surveys the history of global art. The focus is on major works and artists of lasting significance from prehistoric to the modern times.

50589 Asynch Rodriguez-Morris, E INTERNET  
50154 M/Asynch 10-11:50a Rodriguez-Morris, E INTERNET

### Contemporary Art And Culture

**EART 502** - This course analyzes 20th century art, culture, and architecture. Explores cultural forces that have shaped and controlled art production. Explores gender and diversity in the art world.

50155 W/Asynch 10-11:50a Bartlett, M INTERNET

### Fundamentals Of Art Analysis And Appreciation

**EART 503** - Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art.

50156 W/Asynch 1-2:50p Hoffman, L INTERNET

## HISTORY

### Current And Historical Analysis Of The Middle East

**EHST 502** - Major political, economic, and social institutions and movements of the Middle East from World War I to the present. Emphasis on problems of the developing Middle Eastern nations and the Arab-Israeli conflict. Introduction to Islamic religious institutions and their relationship to contemporary issues.

50289 T/Asynch 10-11:50a Yeganehshakib, R INTERNET

### History And Biography Through Media

**EHST 510** - This course will analyze notable historic figures represented in literature, art, music, or public life through media. The medium of film and television will be examined for fact vs fiction and such cinematic values as dramatic license in condensing or elimination, or even the outright changing of the historic record.

50290 T/Asynch 1-3:50p Rodriguez-Morris, E INTERNET

### History Of Sports In The United States

**EHST 512** - Surveys the origins and development of sports in America from the colonial period to the present. Emphasizes the transition from unorganized to organized sports and socially acceptable activities related to "blood sports." Specific topics will be the development of today's major sports, including but not limited to football, basketball, baseball, soccer, tennis, hockey, golf and the Olympic Games. Each sport's unique beginnings and major events will be examined. The changing definition of equity throughout each respective sport will be considered as a measuring tool to contemporary society of each respective era, including racial segregation and integration.

50293 Th/Asynch 1-2:50p Tobias, T INTERNET

# HUMANITIES AND SCIENCES

## World Religions And Texts

**EHUM 501** - Students will explore the internal diversity of world religions beyond rituals & beliefs, how they evolve and change, and how they are embedded in all dimensions of human experience. Themes such as gender, sexuality, art, violence, peace, science, power and authority will be explored by studying religious texts and traditions.

50295 Asynch Jenks, G INTERNET

## INVESTING

### Improving Investment Performance

**EACT 500** - Promotes understanding and evaluating investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation and growth of financial assets.

50152 M/T/W 10-11:10a Meyerson, R INTERNET

### Stocks And Bonds Management

**EACT 501** - Studies global economics, stock and bond markets, with an emphasis on helping investors develop an informed and strategic investment philosophy.

50153 Th 1-3:30p Meyerson, R INTERNET

### Managing Investment Performance

**EACT 502** - Understanding and evaluating investment performance for the beginning and experienced investor, including strategies critical to the formation, preservation and growth of financial assets.

51645 Th 10a-12:30p Meyerson, R INTERNET

## LANGUAGES

### Beginning French Conversation And Culture

**EFRN 500** - This foundational course emphasizes basic French language acquisition and introduces students to components of various French-speaking cultures. Students will gain essential language skills and cultural awareness, enhancing their ability to engage in meaningful conversations, navigate travel, and explore the rich tapestry of French-speaking countries.

50286 T/Th 6-8:10p Tamer, N INTERNET

### Intermediate French Conversation And Culture

**EFRN 501** - This course builds upon existing language skills and delves deeper into various aspects of French-speaking cultures. Students will enhance their language proficiency and cultural understanding, enabling them to engage in more nuanced conversations and explore the multifaceted aspects of French-speaking societies with greater insight.

51653 Asynch Curilli, C INTERNET

50287 F/Asynch 6-7:50p Tamer, N INTERNET

### Beginning Italian Conversation And Culture

**EITA 500** - This foundational course designed for older adults emphasizes basic Italian language acquisition and introduces students to components of Italian culture. Students will gain essential language skills and cultural awareness, enhancing their ability to engage in meaningful conversations, navigate travel, and explore the rich tapestry of Italian life and society.

50296 T 1-2:50p Baracco, P INTERNET

50297 W/Asynch 1-2:50p Petry, P INTERNET

### Intermediate Italian Conversation And Culture

**EITA 501** - This course is designed for older adult students with prior Italian language experience. It builds upon existing language skills and delves deeper into various aspects of Italian culture. Throughout this course, students will enhance their language proficiency and cultural understanding, enabling them to engage in more nuanced conversations and explore the multifaceted aspects of Italian life and society with greater insight.

50298 M/Asynch 10-11:50a Baracco, P INTERNET

### Advanced Italian Conversation And Culture

**EITA 502** - This is an immersive course designed for older adult students with a high level of proficiency in the Italian language. This course goes beyond language acquisition to explore the intricacies of Italian culture in depth. Through advanced language practice and cultural exploration, students will engage in sophisticated conversations, develop a profound understanding of Italy's rich heritage, and gain insights into the complexities of Italian society, art, and traditions.

50299 Th/Asynch 10a-12:15p Staff INTERNET

### Beginning Practical Spanish

**ESPA 500** - Basic fundamentals of conversational Spanish. Includes reading, comprehension, speaking, and writing.

50315 Asynch Enciso, M INTERNET

50313 T/Th 2-4:10p Velazquez, A INTERNET

51238 W/Asynch 1-3:15p Duran DeMehranfard, M INTERNET

50619 F/Asynch 10a-12:15p Duran DeMehranfard, M INTERNET

### Intermediate Practical Spanish

**ESPA 501** - Further the fundamentals of communicative competence in practical Spanish. Focus is on listening, comprehension, speaking, reading, and writing.

50319 M/Asynch 1:30-3:20p Petry, P LWV1BLRM

51240 T/Asynch 10a-12:15p Duran DeMehranfard, M INTERNET

50324 T/Th 1-3:10p Hernandez, L INTERNET

51241 W/Asynch 10a-12:15p Duran DeMehranfard, M LFCCRAFT

## Advanced Practical Spanish

**ESPA 502** - Designed for advanced students seeking to develop fluency in Spanish. The emphasis is on expression and conversation.

51242 Th/Asynch 10a-12:15p Duran DeMehranfard, M LHCCSC

## PHILOSOPHY

### Introduction To Philosophy

**EPHL 500** - Investigates many of the major philosophical themes within the Western tradition. Themes covered include the nature of self, free will and determinism, the ground and nature of human knowledge, the nature of ethics, aesthetics and the nature of political philosophy.

50300 Asynch Jenks, G INTERNET

## POLITICAL SCIENCE

### Current Issues In Government

**EPOL 500** - Exploration of current issues and events on global, national, and local levels. Problem areas include crime, economics, social services, environment, and terrorist.

50618 Th 10a-12:30p Yeganehshakib, R INTERNET

### Current Political Events And Issues

**EPOL 501** - Exploration of current issues and events on global, national, and local government levels. Problem areas include crime, economics, social services, environment, and terrorist.

50305 M/Asynch 10-11:50a Brooks, K INTERNET

50307 W/Asynch 1-2:50p Harrington, J INTERNET

30781 F 10-11:50a Harrington, W LWV5MPR1

## TECHNOLOGY

### Life And Technology Integration

**ECIM 501** - Introduction to current and emerging technologies for the purpose of creating ease, efficiency, and comfort in the completion of daily tasks through the integration of technology into life. Topics include internet use, desktop and laptop computers, tablets, smart cell phones, apps, and other emerging technologies.

50161 Asynch Wolzinger, R INTERNET

50159 M/T/W 10-11:15a Palacios, L LFCCPC

### Intermediate Life And Technology Integration

**ECIM 502** - Intermediate concepts are introduced related to current technologies to expand skill sets through the integration of technology into life. Topics include in depth concepts on Smartphone features for Android and Iphone, I pads, Mac computers, Chromebooks, cloud computing, and security features.

50162 M/W/Asynch 1-2:05p Palacios, L LFCCPC

50163 F/Asynch 10-11:50a Palacios, L INTERNET

### Advanced Life And Technology Integration

**ECIM 503** - Advanced concepts are introduced related to current technologies to expand skill sets through the integration of technology into life. Topics include lecture discussions and lab-practice on smartphone and tablet features for Android and iPhone, iPads, Apple and PC computers, cloud computing, and security features.

50164 W/Asynch 3-4:50p Wolzinger, R INTERNET

## WRITING AND LITERATURE

### Introduction To Creative Writing

**EENG 500** - Explores the basic elements of fiction and non fiction writing including audience, structure, voice, description, setting, and manuscript development with a focus on the skills necessary to grow as a writer.

50279 W/Asynch 1-2:50p Kramer, K INTERNET

### Non-Fiction Writing

**EENG 502** - Techniques and practices in writing nonfiction articles, essays, and biographical sketches.

50280 T/Asynch 1-3:50p Hays, S INTERNET

### The Bible As Literature - Gospels To Revelation

**EENG 513** - Presentation and discussion of the New Testament from John's gospel to his apocalypse. This includes Pauline and non-Pauline Epistles and focuses on the historical, theological, cultural, and literary contexts from which the New Testament emerged.

50281 W/Asynch 12-1:50p Monette, M INTERNET

### Film As Literature

**EENG 514** - Examination of film as a 20th and 21st century art form. Considers both foreign and domestic cinema with a focus on archetype, myth, symbol, characterization, and plot.

50284 W/Asynch 2-3:50p Broeske, P INTERNET

50283 Th/Asynch 1-3:30p Kramer, K LWV5MPR1

50285 Th/Asynch 4-6:30p Young, C INTERNET

# Supporting the Emeritus Institute



**The Emeritus Institute extends its heartfelt gratitude to this year's generous donors. Their contributions have played a vital role in supporting the growth of the Emeritus Institute in areas such as marketing, faculty and student resources, and staffing.**

There are many ways to financially support the Emeritus Institute as it pursues its mission of providing academically rigorous, mentally stimulating, socially engaging, and health-improving courses.

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Planned giving is a meaningful way to create a lasting legacy through your estate, such as a future gift made through a will, trust, or beneficiary designation. By including the Emeritus Institute at Saddleback College in your plans, you help sustain lifelong learning, vibrant programs, and enriching opportunities for older adults for years to come. Your generosity can help ensure that future students continue to find community, purpose, and inspiration through the Emeritus Institute.

## Annual Giving

Annual giving is a direct and immediate way to support the Emeritus Institute at Saddleback College through a yearly gift. Contributions help strengthen classes, programs, and student experiences right away, sustaining the vibrant learning community that makes the Emeritus Institute so special. Each annual gift, at any level, helps expand opportunity, connection, and lifelong learning for our students.

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