



Articulation Office – Counseling Services



ASSOCIATE IN ARTS IN KINESIOLOGY FOR TRANSFER DEGREE

To be awarded the Associate Degree for Transfer, students must complete:

1. A minimum of 60 CSU-transferable semester units, which includes the 21-24 units listed below.
2. A minimum grade point average (GPA) of 2.0.
3. Certified completion of the California State University General Education- Breadth pattern (CSU GE Breadth) OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern.
4. A minimum of 12 units must be completed at Saddleback College.

Note: All courses below must be completed with a grade of C or better. A “P” (pass) designation may be used instead of a letter grade, but not all transfer institutions will accept courses with a “P.”

Additional details can be obtained by meeting with a counselor, reviewing transfer institution’s catalog and visiting the following websites:

- www.assist.org
- www.adegreewithaguarantee.com

Course ID	Course Title	Units	C-ID	GE Area	C	IP	N
Required Core: 11 units							
KNES 51	Introduction to Kinesiology	3	KIN 100				
BIO 11^	Human Anatomy	4	BIOL 110B	B2, B3/ 5B, 5C			
BIO 12^	Human Physiology	4	BIOL 120B	B2, B3/ 5B, 5C			
Movement Based Courses: Minimum 3 units Select a maximum of one course each from any three of the following movement-based course areas (3):							
Aquatics:							
KNES 41	Swimming for Nonswimmers	1-1.5		E			
KNES 42	Intermediate Swimming	1-1.5		E			
KNES 44	Aquatic Conditioning	1-1.5		E			
Combatives:							
KNES 90	Beginning Self-Defense	1		E			
KNES 93	Beginning Karate	1		E			
KNES 94	Beginning Aikido	1		E			
Fitness:							
KNES 1	Cardiovascular Conditioning	1-1.5		E			
KNES 50	Aerobic Dance	1-1.5		E			
Individual Sports:							
KNES 20	Beginning Golf I	1-1.5		E			
KNES 24	Beginning Tennis I	1-1.5		E			
KNES 25	Beginning Tennis II	1-1.5		E			
KNES 26	Intermediate Tennis	1-1.5		E			
Team Sports:							
KNES 70	Basketball	1-1.5		E			

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KNES 71	Advanced Basketball	1-1.5		E			
KNES 72	Beginning Soccer	1-1.5		E			
KNES 76	Beginning Volleyball	1-1.5		E			
KNES 77	Intermediate Volleyball	1-1.5		E			
KNES 81	Beginning Beach Volleyball	1-1.5		E			
List A: Select two courses (7-9 units) from the following:							
MATH 10[^]	Introduction to Statistics	3	MATH 110	B4/2			
BIO 20	Introduction to Biology	4		B2, B3/ 5B, 5C			
CHEM 108 or CHEM 1A[^]	Introduction to General, Organic, and Biochemistry or General Chemistry	4 or 5	 CHEM 110	B1, B3 or B1, B3/ 5A, 5C			
PHYS 2A[^] or PHYS 4A[^]	Introduction to Physics or General Physics	5 or 5	PHYS 105 or PHYS 205	B1, B3/ 5A, 5C or B1, B3 5A, 5C			
Total Units for the Major:		21-24					

[^]Course has prerequisite and/or corequisite.

Courses in BOLD may be double counted for the major and general education.

It is strongly recommended that students meet with a Saddleback College counselor to review requirements.