Pre-Clinical Requirements Information - Students are required to obtain:

1) PHYSICAL
2) HEALTHCARE PROVIDER CPR through American Heart Association
3) BACKGROUND CHECK
4) LIABILITY INSURANCE

1. PHYSICAL EXAMINATION

Please call 582-4606 to make an appointment at the Student Health Center if you do not have your own physician. The Health Center staff must sign off on the last page. Return it to Catherine in the Division office room 235. The Student Health Center will keep your physical information on file in their office. 

There is a section for you to complete on the physical form BEFORE seeing a physician.

If you do not have a local physician and are unable to complete your physical examination at the Student Health Center, you may contact the following clinics for the physical examination at a low cost to Saddleback College students, no appointment necessary for either site.
1) South Coast Family Medical Center, 25500 Rancho Niguel Rd , Laguna Niguel M-F 8 am-6 pm, $25
2) Coastal Care “Walk-In Doc” 25226 Cabot Rd. Laguna Hills M-F 9 am-4 pm, (949) 707-0005, $40

2. HEALTHCARE PROVIDER CPR CARD

Only the “Healthcare Provider” card through the American Heart Association is accepted.
1) LIFELINE Healthcare Education – 347-0247 (group classes) Classes are offered M/W/F from 6:00-10:00 pm. You must call 347-0247 to register. The cost is $50.
2) Brad McReynolds, M.Ed., A.T.C.– 290-5238 (private or group)

3. BACKGROUND CHECK – DO THIS IMMEDIATELY!!!! (Only good for 6 months)

a. You have two ways to order your background check certificate: on-line (fastest) at https://www.certifiedbackground.com/cgi-bin/packageCode.pl?company_code=SJ35
b. I do not need any proof of your background; I go online and look up your results.

4. LIABILITY INSURANCE

a. Go to www.hpso.com and get a quick quote, then you can apply online or print the application and mail or fax to the insurance company. I need to copy of your Certificate of Insurance. You may email, fax, or hand deliver a copy to me. The annual cost is usually around $21.00.

Submit the following to the HSHS Division office ASAP. MAKE COPIES FOR YOUR FILES.

1. Physical form (last page in your packet), verified and signed by the Student Health Center. 
   Make sure that you also sign this form.
2. Copy of CPR card.
3. Copy of student liability insurance policy (may be faxed to 949/347-1533 or emailed to cayad@saddleback.edu
4. Signed Professional Behaviors form