News from Saddleback College

For Immediate Release

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Saddleback College Associated Student Government Presents
To Write Love on Her Arms

Mission Viejo, CA – The Saddleback College Associated Student Government’s Inter-Club Council presents To Write Love on Her Arms (TWLOHA), a depression and suicide awareness program on Wednesday, April 13th. The free community event starts at 7:00 p.m. in the quad and will feature speakers, musicians, Saddleback College counselors, and the Kogi BBQ food truck.

To Write Love on Her Arms is a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury and suicide. To find more information about the group, visit www.twloha.com.

The featured speaker at the event is Jamie Tworkowski, who founded TWLOHA as a way to help a friend who was fighting depression and addiction. Steven McMorran, the bassist from the L.A. band Satellite, will perform.

“What makes this event so powerful is the fact that people between the ages of 15 and 24 have the highest rate of suicide, so this topic directly relates to many Saddleback students,” stated Associated Student Government Vice President Justin Huft. “This event has the potential to make a huge impact on students and community members since so many people have been directly or indirectly affected by depression or suicide.”

Located in Mission Viejo, Saddleback College provides quality higher education and training to the greater south Orange County community. Having served more than 500,000 students since 1968, Saddleback College offers more than 300 degree and certificate programs to help students reach their personal, career, and educational goals. For more information, please visit www.saddleback.edu.

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